VACCINATION Najwa Khuri-Bulos MD, FIDSA September 2021

Outline

☐Basics of vaccination.
☐General rules in vaccination
□Vaccines in common use (routine childhood vaccines and vaccination)
☐ Expanding the vaccination schedule
☐Recent COVID vaccines
□Vaccination schedules
□Vaccines in use in Jordan

Basics of immunization IMMUNIZATION SAVES LIVES

- Immunization saves up to 3 million lives annually
- Vaccines are available to protect against the following 26 infectious diseases, with many more in development



Cholera • Dengue • Diphtheria • Hepatitis A • Hepatitis B • Hepatitis E • Haemophilus influenzae type b (Hib) • Human papillomavirus • Influenza • Japanese encephalitis • Malaria • Measles • Meningococcal meningitis • Mumps • Pertussis (whooping cough) • Pneumococcal disease • Poliomyelitis • Rabies • Rotavirus • Rubella • Tetanus • Tick-borne encephalitis • Tuberculosis • Typhoid • Varicella (chickenpox) • Yellow Fever RECENTLY ADDED COVID vaccines

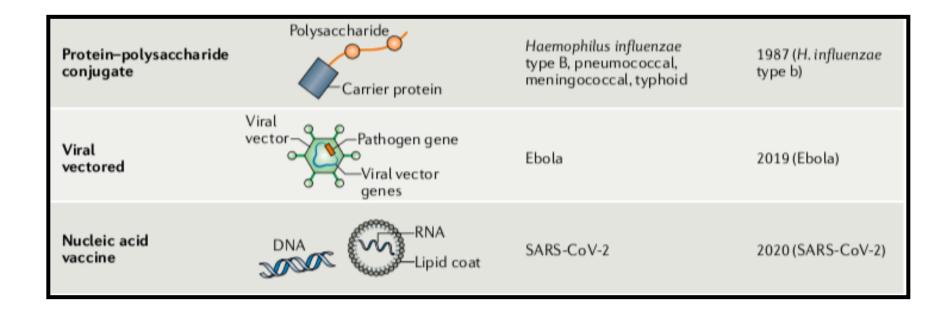
Vaccines are not new! The history

Type of vaccine	Licensed vaccines using this technology	First introduced
Live attenuated (weakened or inactivated)	Measles, mumps, rubella, yellow fever, influenza, oral polio, typhoid, Japanese encephalitis, rotavirus, BCG, varicella zoster	1798 (smallpox)
Killed whole organism	Whole-cell pertussis, polio, influenza, Japanese encephalitis, hepatitis A, rabies	1896 (typhoid)
Toxoid	Diphtheria, tetanus	1923 (diphtheria)

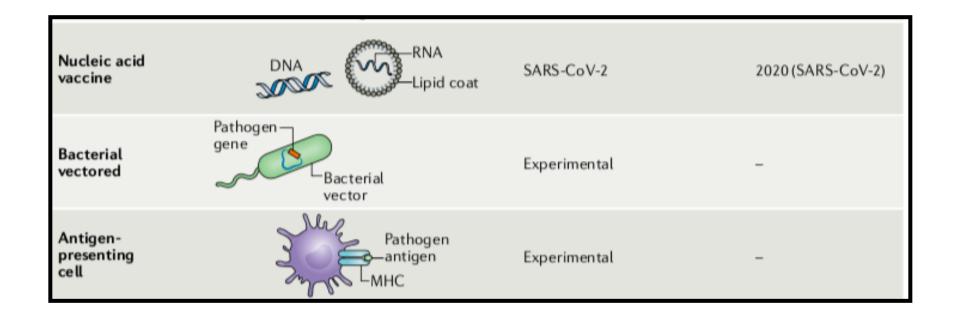
New and old ways of making vaccines

Subunit (purified pro recombinant protein polysaccharide, pep		Pertussis, influenza, hepatitis B, meningococcal, pneumococcal, typhoid, hepatitis A	1970 (anthrax)
Virus-like particle		Human papillomavirus	1986 (hepatitis B)
Outer membrane vesicle	Pathogen — Gram-negative bacterial outer membrane	Group B meningococcal	1987 (group B meningococcal)

Other modes of making vaccines



New ways of making vaccines



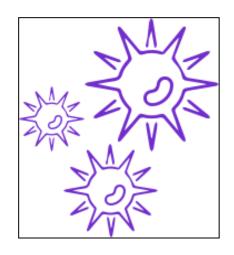
Vaccination NOT vaccines (by themselves) SAVE LIVES AND KEEPS PEOPLE HEALTHY

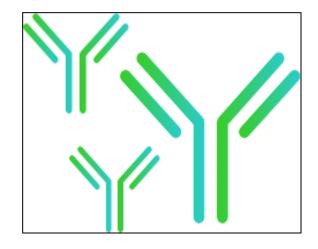
- Immunization saves up to 3 million lives annually
- Vaccines are available to protect against the following 26 infectious diseases, with many more in development
- The challenge is to make sure that all members of society have access to needed vaccines

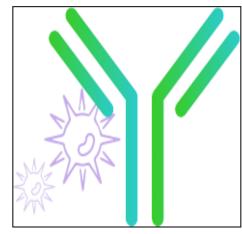


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HOW VACCINES WORK







The body is exposed to a weakened or dead pathogen

The body's immune cells make antibodies to attack the pathogen

If the body is exposed to the pathogen again, the body will be prepared with antibodies

However vaccines by themselves do not prevent disease, vaccination should be strengthened to deliver vaccines

- Vaccination prevents disease
- The wider the coverage the greater the protection
- Vaccination should be viewed as a human right and all those who need vaccines should be provided vaccines
- Prioritization is acceptable in case of limited supply only if the health condition warrants this
- Vaccines and vaccine adoption in a country is based on availability for all who need it

General rules for vaccination

- Vaccination is a process and all steps have to be taken care of and delivered appropriately. The vaccine and the host have to be appropriately matched for vaccine dose and schedule
- These include host related issues including, age, sex, health status, previous number of doses, health status
- The antigen should be well kept at all steps before delivery including in transportation and in controlled temperature before administration in order to assure that this is effective

General rules in delivering vaccines to a host

- Minimum age at vaccination for the vaccine
- Minimum interval between vaccine doses
- Appropriate Dosing of vaccines, adult versus children content and amount of antigen
- Vaccination in special situations such as mass vaccination
- Vaccination of special hosts
- Planning for vaccination is different
- However routine scheduled vaccines are most important

Types of immunity against an infectious disease agent

Active Immunity = Antigen

Passive Immunity = Antibody

Types of antigens

- Live attenuated organisms
 - Viral
 - Bacterial
- Inactivated
 - Whole organisms
 - Viral
 - bacterial
 - Fractional
 - Protein
 - Polysaccharides
 - Conjugate polysacharide vaccines
 - New types of vaccines, mRNA, mDNA,

Viral Vaccines

- Live attenuated
 - OPV
 - MMR
 - Chickenpox*
 - Live attenuated influenza vaccine*
 - Rotavirus vaccines*
- Inactivated
 - IPV
 - Hepatitis a vaccine*
 - Influenza vaccine*
- Component
 - Hepatitis b vaccine
 - Subunit influenza vaccines
 - HPV vaccines*

Live viral and bacterial vaccines

- BCG
- OPV
- MMR
- Rotavirus
- Chickenpox
- Intranasal influenza vaccine
- Oral typhoid vaccine

Killed or fractional vaccines

- IPV
- Hepatitis a vaccine
- DTP
- Injectable influenza vaccine
- DTaP
- HB
- HIB

- □Pneumo
- □Meningo
- \square HPV

Modern vaccines using new technology

- mRNA
- mDNA
- Viral Vector Vaccines
- Protein subunit
- These types of vaccines were Recently used for COVID 19

VACCINES PROTECT THE COMMUNITY

COMMUNITY IMMUNITY

When a sufficient proportion of a population is immune to an infectious disease to make its spread from person to person unlikely.

COVERAGE THRESHOLD

The minimum percentage of individuals immune to a disease needed to prevent an outbreak.

These may differ according to disease, however as a general rule the more uptake of vaccines the greater is the protection



countries in the EU/EEA achieved the 95% coverage threshold needed to prevent measles outbreaks in 2017

Vaccines in use for children

Vaccines in use in Jordan

- Diptheria
- Tetanus
- Pertussis
- Polio both IPV and OPV
- Measles,
- Mumps
- Rubella
- Hemophilus influenza b
- Hepatitis b
- Hepatitis a
- BCG
- Rotavirus vaccine

Recently introduced Vaccines some not yet adopted in Jordan

- Chickenpox
- Pneumococcal vaccine
- VZV vaccine (zoster)
- Influenza vaccine
- Acellular pertussis vaccine for adolescents and adults
- Meningococcal vaccine
- HPV vaccine



Vaccination schedule Jordan 2008 upgrade is needed

Age	Vaccine
1 st contact	BCG
2 months2	DTaP + HepB1 +Hib1 + IPV
3 months	DTaP+HepB2+Hib2+ IPV,OPV
4 months	DTaP+HepB3+Hib3 + OPV
9 months	Measles + OPV
18 Months	MMR +DTP booster1+OPV booster1
1st & 10th class	Td (OPV for 1st class)

Vaccination to school age children

1st elementary class

Td +OPV booster2

Validation MMR

- 10th class Td Second dose of MMR
- Recent additions to be added such as HAV and COVID
 19

Diphtheria, Corynebacterium diphtheriae

Greek diphtheria (leather hide)

Gram positive rod, a human pathogen that is transmitted by droplets, both asymptomatic and symptomatic individuals may transmit infection

There are four biotypes mitis, intermedius, belfanti, and gravis). All biotypes of *C diphtheriae* may be either toxigenic or nontoxigenic.

Diphtheria is caused by toxigenic strains of Corynebacterium diphtheriae

Diphtheria pathogenesis

- Toxigenic strains produce exotoxin. This is phage induced and is the cause of the serious complications of the infection
- The toxin inhibits protein synthesis in all cells, including myocardial, renal, and peripheral nerve cells
- Since the disease is toxin mediated the vaccine is made up of the in activated toxin only, this is diphtheria toxoid

Diphtheria vaccine

- Formalin-inactivated diphtheria toxin
- Protein antigen
- Must administer by deep IM
- Do not freeze
- Efficacy Approximately 95%
- Duration Approximately 10 years
- Amount of antigen higher in children
- Should be administered with tetanus toxoid as DTP. DTaP, DT, Td, or Tdap

DTP, DTaP, DT, and Td

<u>Diphtheria</u> <u>Tetanus</u>

DTP,DTaP, DT 7-8 Lf units 5-12.5 Lf units

Td, Tdap (adult) 2-2.5 Lf units 5 Lf units

(D) Designated the formula used for children which has more antigen given to children <7 yrs.

(d) Designated formulation with lesser toxin found in Tdap which is used for older individuals

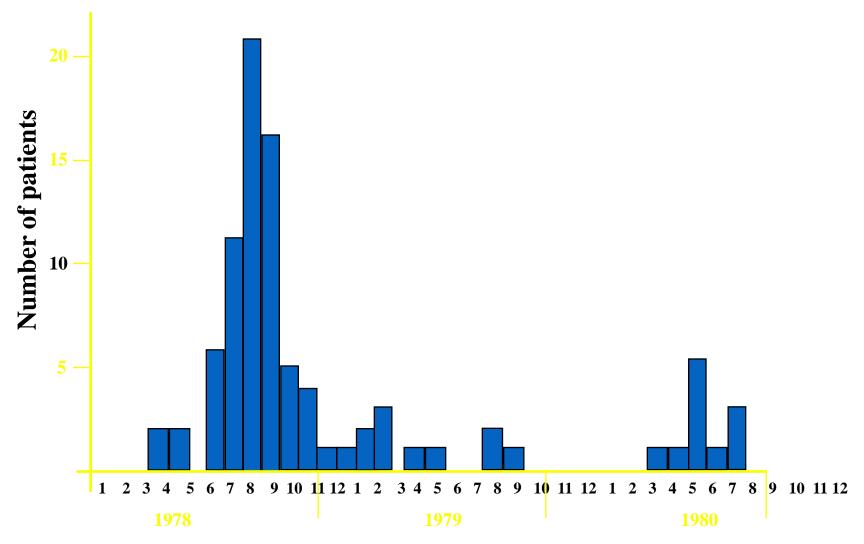
10-18 years (Boostrix)

11-64 years (Adacel)

Diphtheria and Tetanus Toxoids Adverse Reactions

- Local reactions (erythema, induration)
- Exaggerated local reactions (Arthustype)
- Fever and systemic symptoms not common
- Severe systemic reactions rare

Number of admissions of cases of paralytic disease to the Jordan University Hospital each month from January 1978- December 1980.



Month & year of Admission

Diphtheria and Tetanus Toxoids Contraindications and Precautions

Severe allergic reaction to vaccine component or following a prior dose

Moderate or severe acute illness, Hx of seizures

Note that If diphtheria vaccination is interrupted outbreaks occur since some people carry the bacterium but are asymptomatic and immunity may decrease with time. Hence diphtheria vaccine should continue inspite of control of the disease

Natural infection does not lead to immunity and even patients who recover from diphtheria should be vaccinated

Tetanus

- First described by Hippocrates
- Cl tetani is an Anaerobic gram-positive, sporeforming bacteria
- Spores are found in soil, animal feces etc; may persist for months to years, hence any dirty wound may get infected with the bacterium and if there are anerobic conditions, an exotoxin maybe released
- The exotocin also called Tetanospasmin is very lethal, estimated human lethal dose = 2.5 ng/kg

Tetanus Epidemiology

Reservoir
 Soil and intestine of animals

and humans

Transmission Contaminated wounds

Tissue injury

Temporal pattern
 Peak in summer or

wet season

Communicability
 Not contagious

Pathogenesis of tetanus

- Anaerobic conditions allow germination of spores in wounds
- The vegetative form of *C tetani* produces a potent plasmid-encoded exotoxin (tetanospasmin)
- This binds to gangliosides at the myoneural junction of skeletal muscle and on neuronal membranes in the spinal cord, blocking inhibitory impulses to motor neurons.
- This Leads to unopposed muscle contraction and spasm which are the cornerstone of the disease
- NOTE that C tetani is in the environment and soil, every dirty wound has the potential to lead to tetanus unless the host is vaccinated or receives antitoxin

Tetanus Toxoid (inactivated toxin)

- Formalin-inactivated tetanus toxin
- Schedule Three or four doses + booster Booster every 10 years
- Efficacy Approximately 100%
- Duration Approximately 10 years
- Vaccine content same for children and adults
- Should be administered with diphtheria toxoid as DTP, DTaP, DT, Td, or Tdap

Tetanus Wound Management

Vaccination History

Unknown or <3 doses

3+ doses

Yes, if >10 years since last dose
Yes, if >5 years since last dose
Dose of TIG is 250 units
regardless of age and weight

Clean, minor wounds

All other wounds

Td TIG

No

No* No

Yes

Td TIG

Yes Yes

No** No

Pertussis

- Highly contagious respiratory infection caused by Bordetella pertussis a fastidious gram negative bacterium
- Outbreaks first described in 16th century

- Bordetella pertussis isolated in 1906
- Estimated 285,000 deaths worldwide in 2001

Pertussis Epidemiology

Reservoir Human

Adolescents and adults

Transmission Respiratory droplets

Communicability Maximum in catarrhal stage

Secondary attack rate

up to 80%

Pertussis Pathogenesis

- Attachment to cilia of ciliated epithelial cells in respiratory tract
- Pertussis antigens allow evasion of host defenses (lymphocytosis promoted but impaired chemotaxis)
- Local tissue damage in respiratory tract
- Systemic disease may be toxin mediated
- Antigenic and biologically active components:
 - pertussis toxin (PT)
 - filamentous hemagglutinin (FHA)
 - agglutinogens
 - adenylate cyclase
 - pertactin
 - tracheal cytotoxin
- NO Bacteremia

Pertussis Clinical Features

- Incubation period 7-10 days (range 4-21 days)
- Insidious onset, similar to minor upper respiratory infection with nonspecific cough

Catarrhal stage 1-2 weeks

Paroxysmal cough stage 1-6 weeks

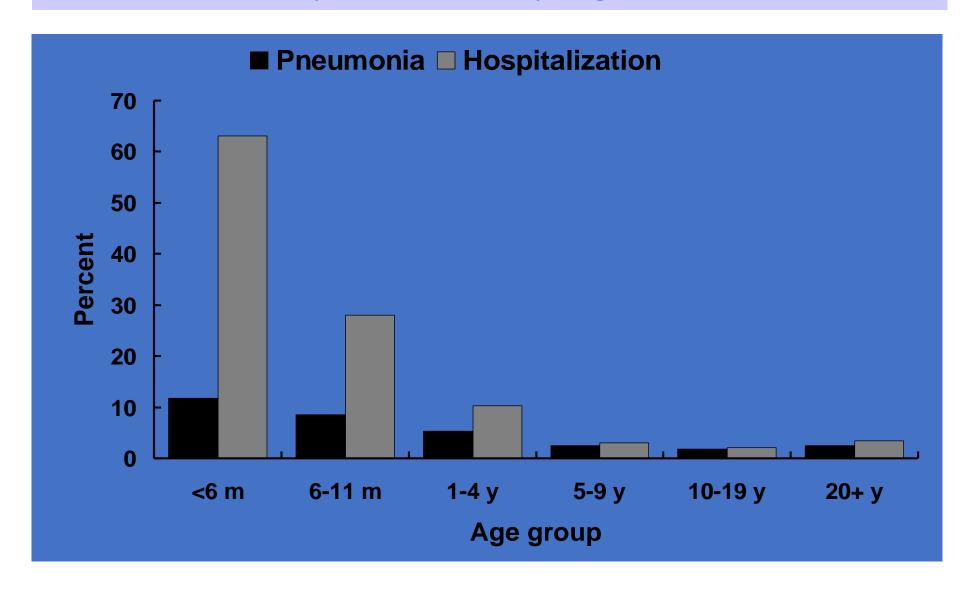
• Convalescence Weeks to months

Fever usually minimal throughout course of illness

Pertussis Among Adolescents and Adults

- Disease often milder than in infants and children
- Infection may be asymptomatic, or may present as classic pertussis or chronic irritative cough
- Adolescents and adults account for more than half of reported cases
- Older persons often source of infection for children
- Infants less than six months of age are at increased risk since maternal antibodies are not sufficient to prevent infection unless mother is immunized in pregnancy

Pertussis Complications by Age



Pertussis vaccines

- Whole cell inactivated vaccine or acellular pertussis
- WC Should not be administered after the age of 6 years
- Immunity decreases with time and hence re vaccination in older individuals is needed
- Acellular vaccines are available for adolescents and for older individuals as well.
- Different antigen content

Pertussis vaccines in use

DTwP made of whole cell vaccine

DTaP acellular pertussis vaccine

 Tdap Made of acellular vaccine for use in adolescence and adults

Whole-Cell Pertussis Vaccine

 Developed in mid-1930s and combined as DTP in mid-1940s

• 70%-90% efficacy after 3 doses

Protection for 5-10 years

Local adverse reactions common

Acellular Pertussis Vaccines

- Purified "subunit" vaccines
- Pediatric formulations (DTaP) licensed for full series in 1996
- Adolescent and adult formulations (Tdap)

Composition* of Acellular Pertussis Vaccines

Product	PT	<u>FHA</u>	<u>PERT</u>	<u>FIM</u>
Daptacel	10	5	3	5
Infanrix	25	25	8	
Tripedia	23	23		
Boostrix	8	8	2.5	
Adacel	2.5	5	3	5

mcg per dose

DTP whole cell reactions

• Fever 40%

• Local reactions 35%

• Seizures 1/1750

• HHE 1/1750

• Encephalopathy 1/110,000

DTaP Adverse Reactions

- Local reactions (pain, redness, or swelling at the site of injection)
- Local reactions more common following 4th and 5th doses
- Reports of swelling of entire limb
- Extensive swelling after 4th dose NOT a contraindication to 5th dose
- Low-grade fever

DTP/DTaP Contraindications

- Severe allergic reaction to vaccine component or following a prior dose
- Encephalopathy not due to another identifiable cause occurring within 7 days after vaccination
- Progressive CNS disease

DTP/DTaP Precautions*

- Moderate or severe acute illness
- Temperature ≥105° F (40.5° C) or higher within 48 hours with no other identifiable cause
- Collapse or shock-like state (hypotonic hyporesponsive episode) within 48 hours
- Persistent, inconsolable crying lasting >3 hours, occurring within 48 hours
- Convulsions with or without fever occurring within 3 days