

Psychiatry

past papers

Psychiatry 2016

1. one of the following is Antidepressant:
 - citalopram*
2. one of the following is antipsychotic:
 - Olanzapine*
3. claustrophobia:
 - fear of closed places
4. patient has SOB ,chest pain when he is university and prefer not to leave the home:
 - agoraphobia*
5. one of the following lead to pupil constriction:
 - Heroin*
6. one of the following is commoner in men:
 - depression
 - suicide*
 - anxiety
7. Premature ejaculation:
 - Treated by SSRI *
 - More in females
 - No treatment
8. one of the following is more common in female:
 - depression*
 - suicide
 - schizophrenia
9. Abnormality of which system mostly associated with schizophrenia?
 - Dopaminergic*
10. Which of the following is a reversible dementia?
 - Alcohol induced*
11. One of the following is cluster A personality disorder:
 - schizoid*
 - histrionic
 - borderline
 - Narcissistic

12. all go with serious intention of suicide except:

- angry for being saved
- male gender
- being a teacher*
- wrote a will
- use firearm

13. ADHD, True:

- decrease dopamine

14. ADHD in a child is not associated with:

- Conduct disorder
- Antisocial personality disorder*
- Oppositional defiant disorder
- Learning disabilities

15. absolute CI of ECT:

- brain tumour*

16. used in alcohol detoxification :

- diazepam*

17. True about Autism:

- treated with Ritalin
- non-verbal communication is a feature

All choices were wrong

18. true about multi-axis:

- axis one-clinical mental disorders

19. good prognostic factor in schizophrenia:

- family history
- late onset*

20. shared feature between all personality disorders:

- Extensively deviated from norms?
- Occur at age of 20 years
- tend to improve after 25
- no or slight effect on function

21. 70 year old man brought to you by his family because of dementia of 6 months duration. He has controlled hypertension, otherwise no health problems. What is next step?
- start him on anti-dementia drug
 - refer him to geriatric psychiatric office
 - search for reversible causes*
 - reassure the family that this is normal for his age
22. Antipsychotic that's most likely to cause metabolic syndrome:
- Clozapine*
 - Quetiapine
 - Aripiprazole
 - Haloperidole
 - Risperidone
23. True about dementia:
- Partial irreversible loss of cognition
 - Lewy body is reversible in early stages
 - Senile plaques amount is indicative of severity
 - Multi-infarcts in young age
24. Side effect of SSRI:
- G.I disturbances
25. 19 year old female patient with disturbed body image, amenorrhoea and BMI below normal by 20% :
- anorexia nervosa
26. true about bulimia nervosa:
- self-evaluation is influenced by body image**
 - no relation with substance abuse
 - BMI above normal
 - something about psychosis
27. decreased serotonin is a mechanism of one of following:
- OCD*
 - schizophrenia
 - drug abuse

28. True about schizophrenia:

- It's a psychotic disorder of middle age people
- It's a psychotic disorder that's waxing and waning*
- Associated with decreased serotonin

29. 12 year old child with deterioration in his school performance after moving with his family to another house. On examination he has low anxiety (or something like that). What is the most likely diagnosis?

- adjustment disorder*
- social anxiety disorder

30. true about enuresis:

- more common in females
- behavioural therapy is the mainstay of treatment*

31. A question that describes a 6 year old who is inattentive, always fidgeting, not compliant to teacher and schoolwork. Most likely diagnosis:

- ADHD

32. About sleep in depressed patients, what is true:

- Decreased REM latency*
- Early insomnia
- Decreased second stage NREM
- Increased fourth stage NREM
- no dreams

33. Dyspareunia:

- Painful intercourse*
- Masturbation

34. The first choice of treatment for extrapyramidal side effects?

- Benhexol

35. Withdrawal of which causes life threatening disorder:

- Alcohol*
- Citalopram

36. Not associated with narcolepsy?
- Cataplexy
 - Sleep paralysis
 - Night seizures*
 - Irresistible attacks of sleep
37. 25 year old with schizophrenia on medication, came to ER complaining of stiff joints, moving like a robot, difficulty moving, tongue protruding out of mouth, what's the diagnosis:
- Acute catatonic psychosis
 - Drug induced dystonia*
38. All of following are wrong about anxiety disorders except:
- anxiety is a risk factor for decreased performance*
 - it is not a risk factor for suicide
39. College student, hearing voices for the past six months, spends his time in his room, doubts his friends talking about him behind his back:
- Schizophrenia
40. true about lithium:
- large therapeutic range
 - can cause goitre on long treatment
 - effective as mood stabilizer * (doctor answer)
41. Most common presentation in depression:
- Decreased appetite
 - physical symptoms*
 - suicidal attempts
42. What's most characteristic for Delirium:
- Disorientation*
 - Hallucinations
 - Delusions

Psychiatry Exam
5th year, 2013/2014

1. A schizophrenia patient who keeps repeating same words everyday:

- a. Echolalia
- b. Echopraxia
- c. Stilt Language
- d. Verbigeration**** ✓

Echolalia is imitating words. Verbigeration is repeating any words.

2. which of the following disorders renders the person non competent for standing in a trial in a court.

- a. Schizophrenia
- b. Bipolar disorder *** ?? From net
- c. Any medical illness
- d. Mental retardation
- e. The person cant understand the charges ***?? From Firstaid!!

3. What is the duration required to diagnose a delusional disorder

- a. 2 weeks
- b. 1 month **** ✓
- c. 3 months
- d. 6 months

4. not associated with violence

- a. personality disorder
- b. mental retardation
- c. Schizophrenia
- d. Social anxiety disorder?? ** ✓

5. a patient with first degree relative who have schizophrenia. whats the probability of him developing the disease --> 10%

6. First one who discovered Autism

- a. Asperger
- b. Freud
- c. Kanner *** ✓

7. The weight loss criteria in major depression

- a. Any loss
- b. 5% in a month *** ✓
- c. 10% in month
- d. 5% in 2 weeks
- e. 10% in 2 weeks.

8. A patient who started antipsychotic recently presents with constant upward gaze and he is unable to move his eyes

- a. Torticollis
- b. Trismus
- c. Oculogyric crisis *** ✓

9. an elderly who is majorly depressed and shows intentions of killing him self.

- a. SSRI
- b. ECT *** ✓

10. a girl who is having hallucinations ordering her to kill herself

- a. refer to outpatient
- b. admit to medicine floor
- c. admit to psychiatry floor. *** ✓

11. A person who found himself away from home and doesnt remember anything:

- a. Dissociative Fugue **** ✓

Generalized anxiety Disorder

12. a Female with GAD had flushing, chestpain and tachycardia in a public place then becomes unconscious , when she gets to ER , whats next step??

- a. ECG *** ✓
- b. SSRI
- c. Alprazolam
- d. Reassurance

benzo.

13. in the patient above, ECG was normal , wbhats the diagnosis:

- a. Panic attack *** ✓
- b. GAD

14. A female found unconcious with hypoglycemia, you found insulin syringe under her pillow in the hospitsal , whats the diagnosis:

- a. Facticious Disorder. **** ✓

15. Approved drug for ADHD:

- a. Methylphenidate **** ✓

16. social phobia should be differentiated from which personality disorder:

- a. Avoident personality disorder **** ✓

17. According to DSM IV which of the following if present alone in enough to make a diagnosis of schizophrenia:

- commentary hallucination
- two or more conversation hallucination
- Bizzare delusions ?

18. A schizophrenic pt stop suddenly at the middle of a conversation and didn't complete the idea he was talking about, this is called

>> thought blocking

19. Which of the following is true about specific phobias:

More common in females than males

20. All of the following are used in treatment of social phobia except:

- ECT
- cognitive therapy
- fluoxetine
- flooding
- modeling

21. Which of the following is true about obsessive compulsive disorder

- one third of the cases are associated with a mental disorder other than OCPD**
- obsession always followed by act
- obsession are always pleasant

22. Which of the following is a positive symptom of schizophrenia

- auditory hallucination**
- blunted affect
- alogia
- anhedonia

23. A pt with auditory hallucination + sx of major depressive episode + for several months+ hallucinations doesn't disappear when mood elevated, what is the diagnosis?

Schizoaffective

24. What is the appropriate medication?

- respidone + lithium
- olanzipam + diazepam

25. A male on haloperidol, developed high fever, confusion, hypertension, tachycardia, elevated CPK, what is the most likely diagnosis?

Neuroleptic malignant syndrome

26. The pt in the above question recover completely, Two weeks later he had auditory hallucinations, what would u do?

- give haloperidol depot injection

- start pt on clozapine
- reassurance

27. A pt was brought to ER after trying to hurt his Neighbour with a knife, he says that ppl around spy on him and record his phone calls and have cameras recording his moves, rather this patient is functioning well at work, what is the most appropriate medication?
???????

28. Regarding the previous case, which is true?

- persecutory delusions are rare
- he has bizzare delusions
- ???

Can't remember answer

29. Which of the following is a characteristic side effect of SSRI

- anorgasmia ✓
- hypertension
- tachycardia
- muscle spasm

30. All of the following are used for treatment of depression in children except:

- SSRI
- family therapy
- behavioral therapy
- clozapine? ✗

31. Scenario of Pt with depression, delusion and pseudohallucinations, what would be the best medication?

32. A women that afraid of abandoned, has unstable relationships, feels empty, ... What personality disorder she has?
Borderline ✓

33. A lady having depression and anxiety, she was on a medication that helped her out, and allowed her to have good sleep... She run out of pills and wants to write her a prescription, she describes having tremors since cessation of medication that wasn't present before... What is this medication?

- Diazepam?

34. What's the most side effect that u fear from sudden cessation of this drug?

- seizure
- autonomic hypoactivity

35. A pt on lithium developed fatigue, weakness, ... What should u do?

- order lithium blood levels

- asses thyroid function
- reassure the pt

36. All of the following are done by a person with conduct disorder except

- stealing
- set up fire
- school phobia

37. Which of the following is present in child with autism:

- irritability
- aggression
- epilepsy

38. Which is wrong regarding DSM- IV criteria of somatization :

- a. two GI symptoms
- b. One sexual
- c. One neurological
- d. At least four pain symptoms
- e. Onset after age 30 **

39. All of the following are true about conversion disorder except:

- pt is suggestible**?
- symptoms are not feigned
- must be preceded by major stress

40. Case (bulimia), which is likely to be found;

- hyperkalemia
- normal thyroid function
- salivary gland atrophy
- hypomagnesemia
- low serum amylase

41. Sth about eating disorder

- pharmacotherapy is more effective in anorexia nervosa than bulimia nervosa
- Prescribe SSRI and follow up after 1 month.
- admission is indicated

42. Which of the following is a benzodiazepine :

Alprazolam

43. Which of the following is a known side effect of tricyclics:

Constipation

44. Li excreted mainly by :

- kidney

45. Risk factor for alzheimer :

- age ✓

46. major feature in ADHD :

Impulsivity/ inattention ✓

47. Which is true about autism :

More common in boys

48. All regarding a facticious disorder true except:
no secondary gain

وَمَا تَوْفِيقِي إِلَّا بِاللَّهِ عَلَيْهِ تَوَكَّلْتُ وَإِلَيْهِ أُنِيبُ

Psychiatry Final 2013 : 5th yr

1- One of the following is not a side effect of antipsychotics :

- Diarrhea *
- Akathisia

2- Case of a guy who obviously took some substance, his respiration is depressed and has perioral cyanosis, his color is blue, on physical examination there is no marks on his arms . What is the substance he took ?

- Amphetamine
- Cocaine
- Benzodiazepine*
- Heroin

3- One of the following is more likely to cause abnormal movements of the hand and face :

- Olanzapine
- Clozapine
- Haloperidol*
- All the other choices were atypical antipsychotics

4- 1ry delusions

- can happen in normal people
- disorder of perception
- delusional perception*

5- A person who sees green ghosts after listening to classic music

- reflex hallucination **
- visual hallucination

6- Cocaine abstinence what is wrong

- hypovigilance
- increase sleep
- increase appetite
- cardiovascular collapse**

7- 25 years old guy was out to party till 4:00 am when his friends took him to the ER. he vomitted before reaching the ER once, he's euphoric and agitated. His respiration is slow and noisy. What is the safest drug to give ?

- Diazepam
- Imipramine
- Haloperidol*

8- A girl who is obsessed of her hands being contaminated and she washes her hands alot, the best treatment for her is

- exposure and response prevention**
- systemic desensitization
- psychotherapy
- aversion therapy ???

9- Tactile hallucination: cocaine

10- Not essentially pathological :

- delusional perception **
- deja vu
- jamais vu
- hypnopomic hallucination

11- Q: Case of a woman 65 years old. her older sister has dementia. She develops personality changes and forgetfulness. on examination she has rest tremor, bradykinesia and rigidity. CT with and without contrast showed frontal atrophy. The most likely diagnosis is :

- Lewy body dementia *
- Alzheimer's

12- What neurotransmitter are involved in pathology and treatment of schizophrenia

- dopamine and serotonin *

13- Lithium toxicity all true except

Nystagmus

Level 0.8 meq/L*

Tremor

Nausea ?

14- In schizophrenia which area get atrophied

limbic and temporal area *

frontal and temporal ??

15- A patient who immitates everything the dcotor do ?

Echopraxia*

Echolalia

16- A person who sees himself infront of him and hear him talking to him ?

- Autoscopie hallucination*
- extracampine hallucination

17- Which of these are associated with disorientation to place

- severe anxiety
- wernicke ecephalopathy**
- korsakoff syndrome

18- Which of the following is an absolute contraindication to ECT :

- Recent MI*
- Pregnancy
- Old

19- Which of the following drugs causes depression :

- Methyldopa *
- Procyclidine
- Flupenthixol

20- Patient with depression and was prescribed amitriptaline but didn't work. then after 2 weeks developed pyrexia and hypotension , there was arrythmias and QT interval was prolonged which drug is most likely to be found in her serum

SSRI

TCA**

Valproate

LI

21-Which of the following is associated with good prognosis in schizophrenia?

Positive Family history

negative symptoms

Prominent affective symptoms*

insidious onset

22- according to DSM-IV what differntiate between mania and hypomania

- degree of euphoria**
- number of symptoms

23-Case of 65 yo male with somatization, agitation and severe nihilistic delusions :

- Melancholic depression *

24- About personality disorders which is wrong ?

- Schizoid is distressed by being aloof*

25- A case of mutism and immobility though the patient appears awake and alert

-stupor**

-twilight state

26- What differentiates Conversion disorders and Hypochondriasis :

- Presence of physical signs *

- Identical premorbid personality

- Hypochondriasis more chronic

27- About Mental retardation are all true except :

- slow learning

- slow movement

- Adaptation to society*

28- All true regarding insight except :

- Patient agrees with everything the doctor says*

- Patient knows he has disease

- Patient accepts that he has to take treatments for his condition

- Patient knows his illness might be due to psychiatric disorder

29- Reversible cause of dementia :

- Hypothyroidism *

- Pick's disease

- Lewy Body dementia

- Alzheimer

30- A married woman that she will be given lithium . which test is nt important :

- pregnancy test

- LFT **

- ECG

- TFT

- urea and creatinine

31- Patient that drinks alcohol after work, few times every week, he got fired from a job due to alcohol use and his relationships are distorted questions mentioned that he does not have withdrawal symptoms. Best that describes his use of alcohol is :

- Alcohol intoxication

- Alcohol dependence?

- Alcohol abuse *

32- A patient when asked a question he gives extra details then eventually reaches the correct answer, best that describes this phenomena is :

- Circumstantiality*
- Derailment

33- About amnestic disorders which is true :

- Memory impairment and disorientation*
- Memory impairment and visual hallucination
- Memory impairment and confabulations??

34- A person who was intoxicated with alcohol and had many symptoms of intoxication , after treatment with benzodiazepene he had confusion , nystagmus and anterograde amnesia :

- wernike-korsakoff syndrome**
- korsakoff psychosis
- wernicke encephalopathy

35- An old lady with diagnosed alzheimer , she lately changed alot and she stopped recognized her family , she had visual hallucination

she had UTI and her WBC was 25k what is the most likely diagnosis:

- delerium **
- sepsis
- meningitis

36- 17 year old m in the last 2 months he lost interests in his studies, he started to fight with his parents and he had frequent headaches what is the most likely diagnosis :

- depression ??
- oppositional defiant disorder??

37- All of the following indicates organic cause of dementia except :

- Family history of psychiatric diseases*
- Onset 2 days
- >65 years old

38- A person with 2 month hx of delusional thinking, his wife confirmed the symptoms and he says that his coworkers took some raises what is the most likely diagnosis:

- schiziphreniform**

39- What is true about preservation :

- repetitive thoughts in inappropriate situations ??
- indicate organic disease ???
- characteristic of ocd

40- Patient, fatigue & tired,,, any of the following diagnosis can be excluded:

a-Hyperthyroidism ??

b-pancreatic cancer,

c-dementia ,

d-somatization

41- About obsession what is true:

a-the patient resent it & don't like it **

42- What is a must to diagnos type 1 bipolar disorder:

a-at least one episode of mania **

43- A patient came to you after taking a substance, he felt very hungry eats every 10minutes, his eyes are injected, HR 120, BP 180/100:

-marijuana*

- opiate

- heroin

- cocaine

- amphetamine

44- Anxiety causes all of the following except :

- Hypoventilation *

- Diarrhea

- Constipation

- Sighing

45- Which substance withdrawal dsnt cause seziures

- alcohol

-Carbamazepine

-Haloperidol

-BArbiturates

-BDZ

46- 65 years old male , severely depressed and he refuses to eat and drink the most appropriate management is :

- ECT ?

- Intensive antidepressant therapy

- Restrain and give him IV fluids

47- A person who feels himself has changed and he is unreal from 2 months and he cant specify wht is the change

- depersonilzation *
- autocanthus hallucination

48- A case of a person with delusion and hallucination which disease we can rule out :
delusional disorders

Psychiatry, 2012, 5th yr

1. concerning OCD in children, which of the following is true:
 - a. It's more common in children than adults
 - b. They don't resist it*
 - c. ?
 - d. ?
 - e. ?
2. A patient presented with abdominal cramps and muscle aches, was yawning and blowing his nose he has:
 - a. Alcohol intoxication
 - b. Alcohol withdrawal
 - c. Opiate withdrawal*
 - d. Cocaine
 - e. ?
3. Most associated with school refusal:
 - a. Secure attachment
 - b. Parent discord*
 - c. Teenage males
 - d. Strict rules in school
 - e. IQ < 45
4. A male was caught by police masturbating outside a window, when asked he said for 3 months he has been watching a young girl inside, this is:
 - a. pedophilia
 - b. Voyeurism*
 - c. exhibitionism
 - d. ?
 - e. ?
5. About munchausen by proxy:, all true except:
 - a. type of malingering*
 - b. the parent has psychiatric problem
6. True about enuresis
 - a. education/behaviour? is useful for management
 - b. common in school girls*
7. Someone claims that people in TV have been talking to him for months, this is a disorder of:
 - a. thought content*
 - b. thought form
 - c. perception
8. The person above has:
 - a. delusion of reference*
 - b. visual illusions
 - c. auditory hallucinations
 - d. grandiose delusion
 - e. ?

9. sudden loss of muscle tone due to stressful event this is known as:
- cataplexy*
 - catalepsy
 - primary atonia
 - ?
 - ?
10. About suicide all true, EXCEPT:
- decrease rate in elderly*
 - females have higher suicide attempts than males
11. A guy who works as a night guard, lives alone, has no friends but he's happy with it, he trusts the doctor:
- schizoid personality*
 - schizoaffective
 - schizotypal personality
 - ?
 - ?
12. Which of the following is not associated with Suicide:
- increased dopamine*
 - decreased serotonin
 - revenge from surrounding people
 - aggression to self?
 - ?
13. all the following can decrease suicide rate except:
- building more psychiatric hospitals
14. sleep in depression, all false except
- decreased REM latency
15. woman is worried about everything, diagnosis:
- GAD
16. Her treatment:
- benzodiazepines*
 - SSRIs
17. what is causing side effect of antipsychotic :
- D2 receptors in nigrostriatal pathway
18. Not a good prognostic sign for depression:
- alcohol abuse
 - first severe episode of depression
19. OCD best treatment:
- CBT
20. sleep disorder for 7 years, relieved by naps:
- narcolepsy*
 - cataplexy
 - catalepsy

- d. hypersomnolence
 - e. hyposomnolence
21. about abuse what is wrong:
- a. poly-substance abuse is rare
22. lady stopped the benzodiazepine after watching TV show about its side effects and get back the anxiety symptoms, this is called:
- a. withdrawal
 - b. relapse
 - c. rebound
 - d. recurrence
 - e. ?
23. about autism what is wrong :
- a. parents are a cause of problem
24. a lady who lost sensation in his arm w hand w seems unconcern the most likely diagnosis is : conversion disorder
25. serial 7s is for:
- a. concentrations
26. depression in primary care:
- a. 60% present as somatic symptoms
27. all go with serious intention for suicide except:
- a. happy for being saved*
 - b. using violent methods
 - c. delaying his discovery
 - d. suicide letter
 - e. ?
28. true about schizophrenia
- a. increased risk for suicide*
 - b. more in males
 - c. age
29. a question about moderate mental retardation
- a. more than 50
 - b. most of them have fair living skills*
30. Feeling that the surrounding environment is unreal
- a. derealization

**5th year psychiatry exam
2009/2010**

1. Hypochondriasis, all are true except:
 - a) affect males and females equally
 - b) more than one symptom in more than one organs that can't be explained by physical disease
 - c) preoccupation with having a serious disease

c

2. Conversion disorder: all are true except:
 - a) intentionally produced

3. Munchausen disorder is a:
 - a) factitious disorder
 - b) malingering

answer a

4. Anxiety, one true
 - a- sudden drop in performance if more stimulation is added to previous high level stress
 - b- relation bwn performance and stress is negative
 - c- taking anti anxiolytic in low stress pt will improve :

5. Phobia:
 - a) avoidance
 - b)

6. Delirium, all are true except:
 - a) nocturnal improvement

7. Dementia, all true except:
 - a) altered consciousness

8. Most common cause of dementia:
 - a) Alzheimer's

9. OCD:
 - a) Affect males and females equally

10. Adjustment:
 - a) Marked response to stress
 - b) normal response to strss
 - c) produce marked impairment

11. Impulse control disorder:
 - a) Trichotilomania

12. PTSD, all except:

- a) Low level of arousal

13. Flooding works best to treat:

- a) Agoraphobia
- b) Social phobia
- c) Specific phobia

Answer a according to dr Radwan bani Mustafa

14. Panic disorder, all except:

- a) re-experiencing
- b) fear of losing control
- c) paresthesia
- d) flushes

a

15. about conduct disorder

- a. tantrum
- b. stealing
- c. sexual bad behavior

16. about social anxiety (or conduct)disorder CORRECT:

- a) shoplifting
- b) low self esteem
- c) no friends
- d) M=F

a

17. which drug is used for major depression:

- a) fluoxetine

18. which drug is used to treat acute drug induced dystonia:

- a) procyclidine

19. which drug is used in treatment of alcohol withdrawal:

- a) diazepam

20. which drug is ineffective in treating the negative symptoms of schizophrenia:

- a) haloperidol

21. all about sexual impairment true is:

- a) premature ejaculation is a side effect of SSRIs
- b) cimitidine doesn't cause erectile dysfunction
- c) sexual function is best at mid 30's
- d) erection is mediated by parasympathetic

answer d

22. Which drug causes death in high doses:
 a) Lithium
23. Which is true about sleep:
 a) Sleep walking in REM
 b) Erection occurs in non-REM sleep
 c) Non-REM has a restoration function
 d) dreaming in non-REM
24. All of the following occur during REM sleep except :
 a-Nightmares
 b-Penile erection
 c-low muscle tone
 d-Jet lag
 e-Enuresis
 D
25. REM latency:
 a) From falling asleep to 1st REM
26. Which is used in ttt of anxiety??
 a) Alprazolam
27. All cause erectile dysfunction except:
 a) antipsychotics
 b) antidepressants
 c) Mumps
 d) Doxycycline
 e) Peyronie's disease
 b??
28. Premature ejaculation:
 a) Is a side effect of fluoxetine
 b) Can be treated by squeezing technique
 c) Behavioral therapy is not effective
 b
29. Anorexia nervosa:
 a) lower incidence in high socioeconomic classes
 b) M:F 10:1
 c) constipation is common
 d) BMI < 17.5
 a
30. All are physical features of anorexic patients except:
 a) Peripheral edema

b) Hyperthermia

b

31. DSM-IV criteria for dx of mental retardation

a) IQ < 70

b) IQ < 50

a

32. In patients who commit suicide, all except:

a) have high levels of serotonin in the brain

33. ADHD, all except:

a) Genetic factor

b) All resolve at age 25

b

34. Autism:

a) delayed language development

b) delayed social development

c) IQ < 70

d) mostly will develop seizure before adulthood

a??

35. folie a deux:

a) its shared psychotic disorder (for person in relationship with other both have the same delusional disorders)

36. all are schizophrenia subtypes except:

a) schizoaffective

37. not thought form disorders:

a) thought broadcasting

b) neologism = New word formation

c) perseveration = Persistent repetition of words or ideas.

b or a

38. about enuresis wrong:

a) more in girls

39. not a risk for suicide

a- female gender

b- unemployment

c- widow

d- unmarried

a

40. not criteria for schizophrenia

- a) delusions
 - b) hallucinations
 - c) illusions -- the answer
41. about dynamic psychotherapy
- a) takes years ??
42. about psycho education wrong
- a) For the child and his family.
 - b) Explaining the diagnosis, the available help and prognosis
 - c) Role of Media
 - d) debriefing stressful events
 - d
43. not a personality disorder
- a- narcissistic
 - b- paranoid
 - c- asthetic
 - c
44. not indication for ECT
- a- mixed depression
 - b- severe depression not responsive to medical ttt
 - c- puerperal psychosis
 - d- catatonia
 - a
45. not primary used in psychiatry
- a- mental state exam
 - b- developmental hx
 - c- EEG
 - c
46. wrong about 6 year old boy psychotherapy
- a- use playing
 - b- must see child alone in all cases
 - b
47. school refusal causes except
- a- parent discord
 - b- restrict disciplinary school rules
 - c- pupil has learning problem or learning difficulty
 - d- separation anxiety
 - e- insecure attachment
 - c

48. wrong about depression biological signs
a) agitations
49. wrong about depression criteria
a- wt loss more than 20%
b- psychomotor agitation or retardation
50. not method of psychotherapy
a- parasychologic therapy
b- counseling
c- hypnosis
d- parent teaching
51. wrong about post partum psychosis
a- 1:5000
b- affective occurs in 80 %
c- schizophrenic in 25%
52. NT in schizophrenia
a- dopamine
53. wrong about dementia
a- 20% over 65 yrs
b-5% over the 65
c-20% over 80
d-all causes beyond 65yrs of age are irreversible
54. not a bad prognostic in depression -not sure
a- first episode of major depression
b- association with a disease or an illness (bi hada el ma3na)
c- associted with F.Hx of bipolar
55. not good prognosis in schizophrenia:
a- associated with cognitive dysfunction
b- acute onset
c- female
d- normal brain CT
e- first degree with affective
a
56. there was a question about the elderly one is true:
a- in elederly anxiety disorders are more common than depression
b- parasuicide is more common than suicide
57. permorbid personality, we ask about all of the following except:
a) family hx

- b) educational hx
 - c) professional job
 - d) mood
 - e) moral values
 - e
58. dynamic psychotherapy
- a- for OCD
 - b- now and here
59. not part of mental status exam
- a- mood
 - b- IQ testing
 - b
60. one is wrong about amine theory
- a- tricyclic antidepressants increase amines in synapses
 - b- MAOI increases amines in synapses
 - c- roprene (not sure (is a dopamine blocker and causes depression
 - d- amphetamine causes increased serotonin and leads to euphoria
 - e- suicide has high serotonin in brain

Good Luck...

هذه الإجابات هي لم اتفق عليه المخبين من المشاركين بتصحيح وكتابة الأسئلة.. ولا يعني كونها الإجابات المثالية، مع كل الشكر والتقدير لجهودهم وتفاعلهم.. وتميزهم...—

والله الموفق

Psychiatry

- 1- Which of the following drugs doesn't cause hallucinations?
 - a- Cocain
 - b- Benzhexal
 - c- Amphetamine
 - d- Diazepam**
 - e- LCD
- 2- Which of the following is not a characteristic of alcohol dependency:
 - a- Blackouts
 - b- Morning tremor
 - c- Obsessive for drinking
 - d- Relief drinking
 - e- Drinks in daily basis and during day time**
- 3- Which of the following is not found in major depressive disorder:
 - a- Feeling of worthlessness
 - b- Guilt feeling
 - c- Attention seeking behavior**
 - d- Suicidal ideation
- 4- Which of the following is an example of atypical antipsychotic:
 - a- Clozapine**
- 5- Which of the following is not a characteristic of ADHD:
 - a- Impulsivity
 - b- Increased concentration**
 - c- Inability to pay attention
 - d- Inability to complete a task
- 6- Which of the following is not a paraphilia:
 - a- Pedophilia
 - b- Vaginismus**
 - c- Sadism
 - d- Voyeurism
- 7- Which of the following is a characteristic of schizophrenia:
 - a- Mood symptoms
 - b- Thought echo**
 - c- Second person hallucinations
- 8- Conversion is classified under:
 - a- Factitious disorders
 - b- Anxiety disorders
 - c- Somatoform disorders**
 - d- Malingering

- 9- Which of the following is not a feature of anorexia nervosa:
- a- **Loss of appetite**
 - b- Decrease weight more than 15% of ideal
 - c- Binge eating bouts
 - d- Excessive concern about body image
- 10- Which of the following causes irreversible dementia:
- a- **Alzheimer's disease**
 - b- Wilson's disease
- 11- Which is not found in mild depression?
- a- Guilt feeling
- 12- All the following are true regarding enuresis, except:
- a- **Abnormal if occurs & continues after age of 3**
 - b- Higher risk in boys than girls
 - c- Bells & pads are used for treatment
 - d- Charts are helpful for behavioral therapy
- 13- All the followings are true for depression, except:
- a- Recurrent
 - b- **Never occurs before 12 years**
 - c- Associated with high rate of suicide
 - d- Very common
 - e- Cognitive behavioral therapy is helpful
- 14- All of the following may occur after ECT except:
- a- **Amenorrhea**
 - b- Weight gain
 - c- Headache
 - d- Insomnia
 - e- Amnesia
- 15- Which of the following regarding mental retardation is true?
- a- Is not diagnostic before the age of 18
 - b- IQ: 19-110
 - c- Hallucination is common
 - d- **Mild to moderate MR are treated by psychoeducational therapy**
- 16- All the following are mood stabilizers except:
- a- Lamotrigin
 - b- **Fluoxetine**
 - c- Carbamazepine valproate
 - d- Lithium

- 17- All the followings are symptoms for mania, except:
- a- Increase risk taking
 - b- Irritability
 - c- Hypochondriasis**
 - d- Hypermnnesia
- 18- All of the followings are types of somatoform disorders, except:
- a- Body dysmorphic disorder
 - b- Hypochondriasis
 - c- Social phobia**
 - d- Somatization
- 19- All of the followings are true for cocain, except:
- a- Nasal inhalation
 - b- Crake (smoked)
 - c- Causes rapid tolerance
 - d- ...
 - e- Causes paranoid delusions**
- 20- All of the followings are true regarding conversion except:
- a- Patient is often described as immature
 - b- Leads finally to dementia**
 - c- Patient lacks concern about his illness
 - d- Patient seeks attention
 - e- Gain is important
- 21- The following are risk factor for suicide, except:
- a- Old age
 - b- Young female**
 - c- Unemployment
 - d- Devorce
 - e- Drug abuse
- 22- One of the following statements is true regarding chronic opioid dependence, except:
- a- constipation
 - b- Sexual dysfunction
 - c- Malaise
 - d- Mydriasis**
 - e- Tremor
- 23- Regarding tetrahydrocannibol (THC), all are true except:
- a- Active component of cannabis
 - b- Cann't be detected in the blood
 - c- Causes heightened awareness of sensation**
 - d- Impaired judgment
 - e- ...

- 24- Which of the following is true about ADHD?
- a- **More common in boys**
 - b- 20% point prevalence in children
 - c- Girls are more commonly brought to medical attention
 - d- Impaired attention is a cardinal sign
 - e- CNS stimulants are the treatment of choice
- 25- All of the following are not distinguishing in the primary diagnosis of schizophrenia, except?
- a- Visual hallucination
 - b- Thought echo
 - c- Déjà vu
 - d- **Clouding of consciousness**
 - e- Twilight
- 26- All of the following are more common in women except:
- a- Phobia
 - b- **Alcohol**
 - c- Anorexia
 - d- Deliberate self-harm
 - e- ...
- 27- ECT all are true except (used in all of them except):
- a- **Phobia**
 - b- Severe depression
 - c- Mania
 - d- Antisocial personality
- 28- Which is false about antisocial personality?
- a- Occur more in inner cities than rural
 - b- Age 20-25 year
 - c- Remission may occur after midage
 - d- Associated with substance abuse and alcohol
- 29- In premenstrual syndrome, all are true except:
- a- Para suicide
 - b- Academic performance increase
 - c- Psychiatric admission
 - d- Deliberate self-harm
- 30- Phobia, which is false?
- a- **More common in men**
 - b- Avoid anti behavior
 - c- Involuntary
 - d- Certain situation
 - e- Out of proportion

- 31- Delirium tremens (DTs):
- a- 5% mortality rate
 - b- Must be admitted to psychiatric clinic
 - c- The nurse must take good care
 - d- Pyrexia
 - e- Lightened room
- 32- Which of the following is a feature of obsessive personality disorder?
- a- Carelessness
 - b- Decisiveness
 - c- **Punctuality**
 - d- Attention seeking
 - e- Functionality
- 33- Which of the following is a diagnostic difference between schizophrenia & schizophreniform disorder?
- a- **> 6 months**
- 34- Which is a primary symptom of bulimia?
- a- Anorexia
 - b- Lack of concern about body image
 - c- **Binge eating**
 - d- Fasting
- 35- Pharmacological treatment is particularly useful in which of the following?
- a- Conduct disorder
 - b- School phobia
 - c- Separation anxiety
 - d- **ADHD**
 - e- Mental retardation
- 36- A person who cries one minute and laughs the next one has:
- a- **Labile affect**
 - b- Blunted affect
 - c- Euphoria
 - d- Dysphoria
 - e- Dysthymia
- 37- Which of the following characterizes the fear of phobia?
- a- Non-specific
 - b- Rational
 - c- Explainable
 - d- **Accentuated by avoidance of response**

- 38- The most common cause of dementia in the age group > 65 is:
- a- Picks disease
 - b- Huntigton
 - c- Vascular
 - d- Alzheimer**
 - e- CJD
- 39- Generalized anxiety disorder is best treated by which of the following medications?
- a- Diazepam for months
 - b- Lorazepam for months
 - c- Buspirone**
 - d- Lithium Carbonate
- 40- Mania, all except:
- a- Persecutory delusions
 - b- Grandiose delusions
 - c- Nihilistic delusions**
- 41- Circumstantiality is a disorder of:
- a- Emotion
 - b- Memory
 - c- Thinking**
 - d- Personality
 - e- Adjustment
- 42- One of the following is true about mental retardation:
- a- IQ: 90-110
 - b- Dx: >18 year
 - c- Can be treated by medication
 - d- Mild to moderate (MR) improves with psychotherapy**
 - e- Common feature is hallucination
- 43- One of the following is not a mood stabilizer:
- a- Fluoxetine → antidepressant (SSRI)**
- 44- Depression, true except:
- a- Recurrent
 - b- High suicide risk
 - c- Common disorder
 - d-
 - e- Never occur below 13 year**
- 45- Suicide risk increased, except:
- a- Young females**

- 46- Nocturnal enuresis, true except:
- a- **After age 3 year is abnormal**
 - b- Run in families
 - c- More common in boys
 - d- Chart is used for treatment
 - e- Bell & pad is a mechanism of treatment
- 47- Cocaine, true except:
- a- Common method of intake is nasal inhalation
 - b- Crack is the smoked form
 - c- **Causes paranoid delusions**
 - d- Causes fornization
 - e- Rapid development of tolerance
- 48- All are somatoform disorders, except:
- a- **Social phobia**
- 49- Mania, true except:
- a- Increased risk of suicide
 - b- Hypermnesia
 - c- **Hypochondriasis**
 - d- Irritability
 - e- Pressure thinking
- 50- All are side effects of ECT, except:
- a- **Amenorrhea**
 - b- Waight gain
 - c- Headache
 - d- Memory loss of recent events
 - e- Insomnia of 1 or 2 weeks
- 51- Conversion disorders, true except:
- a- **Often develop to dementia**
 - b- Often attention seeker
 - c- Lack knowledge that he has illness
 - d- Primary gain is present
 - e- He's sometimes considered immature
- 52- All are true about alcohol dependence except:
- a. Stereotyped drinking
 - b. Compulsive drinking
 - c. **Memory blackout**
 - d. Return to drinking after abstinence
- 53- Bizarre delusions are characteristic of:
- a- **Schizophrenia**

- 54- All are conversion disorder except:
- Aphonia
 - Blindness that is responsive to psychotherapy
 - Paraplegia
 - Catatonic stupor**
- 55- All are false about ADHD except:
- Impulsivity and hypoactivity
 - Decreased attention span and distractibility**
 - Treatment started before the age of 4
 - Treated with benzodiazepines
- 56- Negative symptom of schizophrenia:
- Flight of ideas
 - Passivity phenomena
 - Persecutory delusions
 - Blunt mood**
- 57- One of the following is considered hallucination:
- A stranger is talking to you, but you are not seeing him telling you orders**
- 58- Not a diagnostic feature of anorexia nervosa:
- Body weight less than the ideal body weight by 25%
 - Anorexia
 - Overvalued ideas of being fat**
- 59- One of the following is true about the treatment of depression:
- SSRIs are superior over ECT in the treatment of severe depression
 - Lithium is better than TCAs in the treatment of bipolar depression**
 - ECT is dangerous for elderly
- 60- Antisocial personality one is true:
- It is associated with conduct disorders in children**
 - They respect the law
 - They care for the people they harm
- 61- Not a feature of bipolar:
- thought echo**
 - over talkative
 - hypersexuality
- 62- all indicate depression except:
- Fatigue
 - Decreased concentration
 - Though echo**

- 63- One direct the diagnosis toward schizophrenia:
- a- Visual hallucination
 - b- Thought echo**
 - c- Confusion
- 64- All are risk factor for suicide except:
- a- Male
 - b- Personality D/O
 - c- War situations
 - d- An elderly living alone
- 65- All are associated with narcotic abuse except:
- a- Mydriasis**
 - b- Respiratory depression
 - c- Constipation
 - d- Tremor
- 66- Which's the best treatment for resistant schizophrenia?
- a- Clozapine**
- 67- Which's not associated with poor prognosis in schizophrenia?
- a- Predominant +ve symptoms
 - b- Affective symptoms**
 - c- Family hx
- 68- All are delusions associated with depression except:
- a- Poverty
 - b- Nihilistic
 - c- Guilt
 - d- Worthlessness
 - e- Insertion of thought**
- 69- All are true about obsessive compulsive disorder except:
- a- Compulsion causes pleasure
 - b- Insertion of thought**
- 70- Which's wrong about panic attacks?
- a- Long term treatment with benzodiazepines**
- 71- Which's wrong about post traumatic stress disorders?
- a- Mostly resolves within 2 weeks
 - b- More in children
 - c- Develops in most people experiencing the disaster**
- 72- Which's true about nocturnal enuresis?
- a- More in males**
 - b- 50% associated with UTI

73- Which's wrong about antisocial personality?

- a- **Craving for constant attention**
- b- No respect to rules
- c- No respect to other's
- d- Look's for pleasure regardless of cost

74- Which's wrong about anorexia nervosa?

- a- **Afraid to do excessive**
- b- Hide food

75- A patient with somatization disorder, which is wrong?

- a- Complains of pain
- b- Menstrual problems.
- c- May lead to drug addiction.
- e- **refuses surgery**

76- Which of the following is not a sexual dysfunction?

- a- Vaginismus.
- b- **Pedophilia.**
- c- Dysparonia.
- d- Impotence.
- e- Dysorgsntia.

77- 63 year old female became careless to her family and herself, the most likely diagnosis is:

- a- Demetia.
- b- **Depression.**
- c- Delerium.

78- What is wrong about agoraphobia?

- a- Patient is afraid there is no exit.
- b- He doesn't travel.
- c- **Worsened by MOA.**
- d- Commonly associated with depression.

79- Which is not a feature of mania?

- a- Hypermnesia.
- b- Elation.
- c- Flight of ideas.
- d- **Hypochondriasis.**
- e- Expansive ideas.

80- Which is not a feature of major depression?

- a- **Initial insomnia.**
- b- Loss of libido.
- c- Anorexia.
- d- Abhedonia.

81- Which personality disorder causes no trust in others?

- a- **Paranoid.**
- b- Borderline.
- c- Antisocial.
- d- Schizoid.

82- All are at high risk for suicide except:

- a- **Female.**
- b- Drug abuse.
- c- Antisocial personality.
- d- Single or divorced.

83- Which one of the following is the most common cause of suicide?

- a) Drug addiction. (depression and alcoholism weren't mentioned)

84- Female patient admitted with pneumonia one day later she developed confusion, visual hallucinations, her condition worsened at night. The most likely diagnosis is:

- a) **Delerium.**
- b) Dementia.
- c) Acute encephamitis.

85- Which is true about conversion disorder?

- a) Has a chronic course.
- b) **Usually it resolves when the conflict resolve.**
- c) Mostly presents with ??
- d) Patient has multiple symptoms

86- Which is wrong about somatization disorder?

- a) **Patient usually complains about one symptom.**
- b) Previously called hysteria.

87- All are side effects of antidepressant except:

- a) **Diarrhea.**
- b) Dry mouth.
- c) Cardiac arrhythmia.
- d) Urinary retention.

88- Chlorpromazine acts against which neurotransmitter?

- a) 5-HT.
- b) **Dopamine.**
- c) Glutamine.

89- Which is best drug for resistant schizophrenia?

- a) **Clozapine.**

90- Antisocial personality is characterized by all of the following except:

- a) low tolerance for frustration.
- b) lack of response to punishment.
- c) **marked capacity for guilt feeling.**
- d) pursuit for of certain pleasure at any cost.
- e) disregard for other people's feeling.

91- All of the following are correct about schizoid personality except:

- a) ??????

92- A feature of thinking characterized by changing the subject to another theme and then coming back to the first subject is called:

- a) flight of ideas.
- b) loose association.
- c) disjoined thinking.
- d) derailment.
- e) **circumstantiality.**

93- Which of the following conditions carries the highest risk of suicide?

- a) mania.
- b) schizophrenia
- c) terminal disease.
- d) **alcoholism.**
- e) chronic social phobia.

94- Tardive dyskinesia occur more frequently in one of the following:

- a)middle aged women on phenothiazine
- b)middle aged men on phenothiazine
- c) young people on haloperidol
- d) old people on imipramine
- e) **patients who use multiple psychotic drugs regardless of their age or sex**

95- Hypochondriasis has all of the following features except:

- a) patient is difficult to reassure
- b) history of using many drugs
- c) excessive demand for tests
- d) **the physical complaints reduce the patient's anxiety by replacement**
- e) various complaints are usually unrelated

96- Dysthymic disorder is commonly associated with all the following except:

- a) chronic fatigue
- b) loss of self esteem
- c) fluctuating course
- d) **duration less than one year**
- e) irritability

97- The course of bipolar affective disorder is characterized by all of the following except:

- a) periods of normal functioning
- b) recurrent episodes
- c) **development of formal thought disorder**
- d) tendency to excessive drinking of alcohol in manic episodes
- e) lithium has a preventive value in most cases

98- One of the following antidepressants is most dangerous in overdose (equivalent quantity):

- a) Imipramine
- b)
- c)
- d) Amitryptaline
- e)...

99- All of the following drugs may produce a manic response except:

- a) steroids
- b) amphetamines
- c) Imipramine
- d) **Thioridazine**
- e) Amitryptiline

100- Panic attacks associated with agoraphobia are treated most effectively with:

- a) chlordiazepoxide
- b) diazepam
- c) flurazipam
- d) barbiturate
- e) **Imipramine**

101- The obsessive compulsive patient who tries to resist carrying out the compulsion generally experiences:

- a) **anxiety**
- b) depressive mood
- c) headaches and chest discomfort
- d) dissociation of action from feelings
- e) ambivalence in the form of opposite feelings

102- The patient that thinks that she has cancer despite normal medical workups and reassurance is an example of:

- a) **somatic delusion**
- b) cancer phobia
- c) conversion disorder
- d) rigid personality ??
- e) none of the above

103- All are benzodiazepines except:

- a) Diazepam
- b) **Pimazide**
- c) Chlorigazepoxide
- d) Lorazipam
- e) Nitrazepam

104- In documenting the mental status examination all are reported except:

- a) Appearance
- b) Behaviour
- c) Speech
- d) **Sleep pattern**
- e) Mood and affect

105- Which of the following is a neuroleptic drug?

- a) **Thioridazine**
- b) Amitriptyline
- c) Naloxone
- d) Triazolam
- e) Imipramine

106- Which of the following is a depot neuroleptic?

- a) nemozid
- b) **Fluphenazine**
- c) Sulpride
- d) Trifluoperazine
- e) Thioridazine

107- All of the following are true regarding delirium except:

- a) clouding of consciousness
- b) abrupt onset and fluctuating course
- c) presence of organic cause
- d) **incoherent speech**
- e) ?????

108- All of the following are forms of behavioral therapy except:

- a) systemic desensitization
- b) gradual exposure
- c) flooding
- d) **counseling**
- e) exposure with response prevention

109- All of the following are TCAs except:

- a) Imipramine
- b) **Maprotilene**
- c) Amitriptyline
- d) Clomipramine
- e) Doxipin

110- All of the following are complications of tardive dyskinesia except:

- a) **Early complication of neuroleptic treatment**
- b) gets worse on reducing the dose of neuroleptic
- c) Bucco-lingual-masticatory movements are the commonest
- d) chorioathetosis movement of the lower limbs can be found
- e) Temporary relief can be achieved by increasing the dose of neuroleptics

111- Which of the following is the least likely to cause hypertensive crisis when taken with MAO inhibitors?

- a) cheese
- b) liver
- c) fresh milk
- d) **narcotics analgesia**
- e) L-dopa

112- According to dopamine theory of schizophrenia, which of the following dopaminergic pathways is thought to be abnormal?

- a) Tubero-Infundibular pathway
- b) **Meso-limbic pathway**
- c) Nigro-striatal pathway

113- A patient believes reasonable doubt that his parents are talking about him when they are not, but actually talking about furnishing the flat. This phenomena is best described as:

- a) delusion of reference
- b) visual misinterpretation
- c) **auditory misinterpretation**
- d) loose association
- e) cataplexy

114- Which of the following neuroleptics is a long acting drug?

- a) Thioridazine
- b) Fluphenazine
- c) chlorpromazine
- d) Haloperidol

115- All are false about obsessive thought except:

- a) characteristic of scizophrenia
- b) more common in young males
- c) It is a form of fear from death
- d) It is a fear of going into open space**

116- All are true about phobia except:

- a) Irrational fear
- b) Leads to avoidance
- c) specific anxiety
- d) Response is out of proportion to stimulus
- e) Can be reasoned out**

117- 28 year old male presented to ER with MAO hypertensive crisis, the management may include all the following except:

- a) Admission
- b) Low tyramine diet for the first week
- c) ??
- d)??

118- Primary gain in conversion hysteria refers to:

- a) reduction of anxiety.**
- b) gaining of attention of the family
- c) Reduction of work responsibility

119- Depressive symptoms that predict good response to ECT include all except:

- a) psychiatric retardation
- b) hysterical symptoms
- c) ???
- e) ???

120- Drug dependence, abuse, clonidine is indicated in:

- a- **Management of opiate dependence**
- b- Management of cannable abuse
- c- Management of barbiturates dependence
- d- Management of alcohol dependence
- e- Management of amphetamine intoxication

121- All are true about disulfiram (antiabuse) therapy, except:

- a) Alters the action of aldehyde dehydrogenase
- b) Administration needs the cooperation of the patient
- c) Headache, N/V may be produced by the ingestion of even small amounts of alcohol
- d) Usually its good used against the patient's wish
- e) **Disulfiram alters the conversion of acetaldehyde to acetate**

122- All are signs and symptoms of alcohol withdrawal except:

- a) **bradycardia**
- b) fever
- c) increased REM sleep
- d) ??
- e) ??

123- Characteristic symptoms of hypomania include all except

- a) pressure of speech
- b) disinhibition
- c) circumstantiality
- d) euphoria
- e) irritability

124- An employee is known to be perfectionist, was promoted to a post with great responsibilities but he consequently developed depression, his basic personality is most notably

- a) paranoid
- b) narcissistic
- c) schizoid
- d) **obsessive**
- e) hysterical

125- All of the following are treatable causes of dementia except:

a) senile dementia of Alzheimer's disease

b) dementia associated with alcoholism

126- All predict good prognosis in schizophrenia except:

a) Acute onset

b) Precipitating factors

c) Presence of affective and convulsion symptoms

d) Negative family history of schizophrenia

e) Apathy

127- All are true regarding malignant neuroleptic syndrome except:

a) muscle rigidity

b) hyperthermia

c) unstable blood pressure

d) typically responds to anti-hallucinogens

e) Maybe fatal if not treated

128- Benzodiazepines have the following effects except:

a) antipsychiatric

b) muscle relaxation

c) anticonvulsant

d) anxiolytic

e) hypnotic

129- All are short term effects of Marijuana use except:

a) Disinhibition

b) intact perception

c) mouth dryness

d) markedly increased appetite

130- The mechanism of benzodiazepines act:

a) enhancing GABA

b) affects dopamine

c) affects serotonin

131- One is not a side effect of phenothiazines:

- a) **urinary frequency**
- b) amenorrhoea
- c) cholestatic jaundice
- d) tardive dyskinesia

132- One is not a symptom of schizophrenia:

-Cognitive impairment

133- One is wrong about delirium:

-usually irreversible

134- Definition of primary enuresis:

-a child has no active control on micturition

135- 10 yrs alcoholic brought to ER by family, has restlessness, ataxia, nystagmus, Dx is:

-korsakoff psychosis

-wernick's encephalitis

136- Mitral valve prolapsed is associated with which psychiatric disorder:

-panic attacks

137- Clonidine is used for detoxification of

- opiates

138- Paranoid schizophrenia resembles effect produced by:

- Both amphetamines, LSD

139- Alcohol withdrawal symptoms all except:

Bradycardia

140- A common psychiatric disorder in children is:

ADHD

141- Projection is a defense mechanism seen in which personality?

Paranoid

142- School phobia:

separation anxiety

143- Commonest cause of mental retardation:
chromosomal abnormality

144- Panic attacks are prevented by:
TCA, BDZ

145- Shneiders criteria for schizophrenia except:
poverty of thoughts

146- All can cause depression except:
LiCO₃

147- MOAI takers should avoid food with :
tyramine

148- All are indications for ECT except:
Agarophobia

149- All are correct about drug dependence except:
more in schizoid personality

150- All are correct about cocaine toxicity except:
causes hypothermia

151- Briquet's syndrome:
multiple somatic complaints without physical basis

152- What is wrong about alcohol:
50-80% is the toxic level in blood

153- The most helpful symptom to differentiate schizophrenia from delusion is:
fluctuation of level of consciousness

154- One is wrong about delirium:
more common in young people

155- One is incorrect about school phobia:
more common in girls than boys

156- One is correct about anxiety disorder:
has genetic predisposition

157- One is not a feature of schizophrenia:
cloudiness of the level of consciousness

158- One is wrong about down syndrome:
has lower incidence of leukemia

159- All goes with dx of depression except:
flight of ideas

160- All are included in cognition test except:
a) concentration
b) orientation
c) reasoning
d) motivation

161- In the treatment of Parkinson all are beneficial except:
a) anticholinergic
b) dopaminergic
c) choline esterase inhibitors

162- In depression the patient will have a preferable response to ECT if he has:
a) anorexia
b) weight loss
c) diurnal variation
d) ??
e)??

163- All are indications of real intention of self harm except:
a) writing a will
b) suicidal thought
c) anger when rescued
d) recent marriage
e) low self esteem

164- Which will mostly support the dx of schizophrenia?

- a) depressed mood
- b) grandiose delusion
- c) feeling of being controlled by external powers**
- d) auditory hallucinations praising self

165- All are true obsessions except:

- a) usually pleasing**
- b) can be resisted
- c) may come in the form of impulse

166- A bad prognostic factor in schizophrenia:

predominance of -ve symptoms

167- Not a characteristic of panic disorder:

usually arisen from a trigger

168- Not type of delusion found in severe depression:

delusion of imposition

169- Not a characteristic of mania:

hypochondriasis

170- Almost diagnostic of schizophrenia:

paranoid delusions

171- False about serotonin neurotransmitter:

its deficiency in substantia nigra causes Parkinson

172- All are risk factors for suicide except:

being a female

173- Depression in elderly, all true except:

old people are more experienced so less susceptible to committing suicide

174- One responds best to anticholinergics:

dystonia

Psychiatry

OSCE

Paspapers

2015-2016

+ 2014

First and Second Psychiatry Rotation (2/8-27/8)

- Essay Questions:
 - 1) A patient with schizophrenia. What are the main points to tell to his family
 - 2) **What is the management of Alcohol dependence?**
 - 3) What are the risks associated with depression?
- MCQ
 - 1) Abrupt Withdrawal of one of the following drugs **causes seizures: (apparently benzodiazepine withdrawal)**
Answer : Lorazepam
 - 2) Obsessive - compulsive Disorder patients Have the following characteristics Except:
 - a)Intrusive
 - b)Ego-Dystonic
 - c)Resisted
 - D) Delusional**Answer : Delusional (not a feature of OCD)**
 - 3) A schizophrenic patient want to be pregnant , What is the choice that her son will have Schizophrenia :
Answer : 12%
 - 4) One of the following is **Wrong about Anxiety disorder** :
 - A) Behavioral therapy used in Anxiety disorder
 - B) more common in higher socioeconomic groups
 - C) Anxiety prevalence rate**Answer : Anxiety prevalence rate is 10%**
 - 5) One of the following is true about Impulse control disorder :
 - A) Kleptomania is a criminal behavior
 - B) Adults are more committed to Pyromania
 - C) Serotonin dysregulation may be a cause
 - D) Trichotillomania is more common in males**Answer : I think (serotonin dysregulation may be a cause)**
 - 6) Which of the following is **true about adjustment disorder** :
 - A) a rare mental disorder
 - B)Usually following a catastrophic Traumatic events
 - C)Onset of symptoms within 3 months following trauma exposure**
 - D)Rarely seen in children or adolescent
 - E)Conduct abnormalities are infrequent presenting feature in children
 - 7) what is true about **Bipolar disease** :
Answer : lithium is the main long term treatment

8) About schizophrenia :

Answer : **Hospitalization indicated when the patient refuse to eat or drink**

9) Which of the following unlikely to be a diagnostic feature of dementia

- A) Impaired memory
- B) Fluctuating level of Consciousness
- C) Impaired digit span
- D) Difficulty dressing
- E) Difficulty in finding home

Answer : Fluctuating level of consciousness (not a diagnostic feature of dementia)

10) All of the following are true about suicide , Except :

- A) Depression is associated with high rates of suicides
- B) Suicide is more common among men than women
- C) Suicide is associated with living alone
- D) Mild Dementia is a risk factor for suicide
- E) The elderly is less successful in his or her attempt at suicide

Answer: The elderly is less successful in his or her attempt at suicide (false about suicide)

11) one of the following is a common side effect of SSRI's :

- A) Hypotension
- B) Dystonia
- C & D other SE of Antipsychotics
- E) Nausea

Answer : Nausea (Common side effect of SSRI)

12) One of the following is a **Paraphilia** :

Answer : **Voyerurism *******

13) A 23 year old male consulted his doctor about recurrent short episodes of depression . The doctor prescribed Fluoxetine. After 3 weeks of regular daily use of the drug the patient started to display overactivity, aggressiveness, Overtalkativeness, overspending of money and started to take alcohol in excess. The most likely underlying reason for the recent development was that the doctor missed to make the diagnosis of :

- A) Schizophrenia
- B) Antisocial personality disorder
- C) Alcohol abuse
- D) Bipolar disorder
- E) Delirium

Answer : Bipolar disorder

14) A 30 year old male arrested several times during the last year by police because of driving offences. Screening the blood revealed alcohol in large concentration but no other substances . He gave a history of infrequent heavy drinking during weekends followed by problems with family and neighbors. After 2 weeks of

quitting alcohol he displayed no withdrawal symptoms . The most appropriate diagnosis is :

- A) Alcohol intoxication
- B) Alcohol dependance
- C) Alcohol tolerance
- D)Alcohol abuse
- E) Alcohol Blackout

Answer : Alcohol abuse

15) One of the following drugs is Antipsychotic :

- A) Quetiapine
- Rest of choices are Antidepressants

Answer:Quetiapine

16) one of the following is true about personality disorders :

- A) We can diagnose personality disorder before age 18
- B) Most of the personality disorders remit after age 40

Answer :

17) A 65 year old woman who has been a known patient of depression for years is brought to emergency room in a state of confusion. She was recently prescribed diazepam by her physician. On examination she is confused, distracted and has a trouble conversing. She is agitated and is disoriented in space and time. According to the attendant, she was fine a few hours ago and has never suffered a similar episode. which of the following is the most likely diagnosis :

- A) Dementia
- B) Delirium
- C)Schizophrenia
- D)Epilepsy
- E)Bipolar disorder

Answer: Delirium

18) one of the following is true :

- A)Sexual identity is the self identification of gender
- B) Gender Identity is the Biologic identification of gender
- C)Gender identity usually develops by age 3

Answer : Gender Identity develops by age 3

19) what is the most appropriate statement to describe Delusion :

- A) False belief amenable to reasoning
- B) Thought content disorder
- C) Misinterpretation of external stimuli

Answer :Thought content disorder

20) an easy question about doctor-patient relationship (I don't remember the answers)

- 21) All of the following is true except :
Answer: stigmatisation for psychiatric illnesses occur in developing countries only
- 22) Depersonalization is :
Answer :Feeling of unreal self
- 23) All of the following occurs in Narcolepsy except :
A)Catalepsy
B)Sleep paralysis
C) Partial seizures
Answer : Partial seizures (Does not occur in narcolepsy)
- 24) one of the following is cluster A personality disorders :
A) Schizoid

MCQ's

- 25) Wrong about dementia = fluctuations of concentration
- 26) **Wrong about insomnia = 2 episodes per month for diagnosis**
- 27) Most potent on D2: Haloperidol
- 28) One of the following **regarding suicide is wrong**:
 - **It's the 3rd leading cause of death ****
 - Mild dementia is a risk factor
- 29) Indication for admission bipolar patient = not eat or drink
- 30) All of the following is true except : stigmatization for psychiatric illnesses occur in developing countries only
- 31) One of the following drugs **cause seizures if withdrawn** :
Diazepam
- 32) When giving lithium for treatment you would do what test :
Serum cortisol
Serum creatinine ** (follow up when taking lithium)
EEG

- 33) Social phobia is one of the following :
- Fearing of strangers in open places
 - Fearing of negative evaluation **
- 34) indication for hospitalization (in bipolar) : a pt who is not eating or drinking
- 35) Wrong about ECT: it's always a 2nd line of treatment
- 36) Not given to an elderly with dementia : TCA**
- 37) What's wrong: kleptomania is criminal behavior**
- 38) Risk of schizophrenia in fetus with a pregnant woman? 12%**
- 39) What is depersonalization: Feeling of unreal self
- 40) How do anxiety disorders affect a pts life? او بما معناه
- 41) What is affect: Objective assessment elicited by the doctor
- 42) Not associated with narcolepsy? Night seizures
- 43) A pts came to the doctor with depression , he was given an antidepressant then a few weeks later he came again with euphoria , agitation (cant remember exactly but they are symptoms of mania) what's the diagnosis?
Bipolar
- 44) A 65 year old women appeared to be confused at the ER .. She has been prescribed benzodiazepines .. This is her first episode what's this
Dementia
Delirium **
- 45) A manifestation on Neuroleptic Malignant Syndrome : leukocytosis
- 46) A patient is known to drink alcohol and have had high levels in his blood . His drinking led to family problems .. When they cut his drinking he had no withdrawal symptoms what is this called :
Alcohol dependence
Alcohol abuse **
Alcohol intoxication
- 47) Delusion =false fixed thought
- 48) Social phobia=fear of negative evaluation
- 49) About schizophrenia =it common in winter
- 50) What drug causes dryness of mouth : Imipramine (TCA)
- 51) In cases of recurrent manic attacks you can add what drug carbamazepine
- 52) For life time treatment of bipolar depression we use :
Valproate **
Tca
Ssri
Combination of B and c
- 53) Drug that not use in Alzheimer disease = tricyclic
- 54) Not a side effect of an antipsychotics : hypotonia

Mention 5 good prognostic factors for schizophrenia

Mention the personalities included in cluster B

Third Psychiatry Rotation 13/9-8/10

- Multiple Choice Questions:

- 1) A patient has been **hearing voices** talking about him over the last three weeks and he can't see them, which psychopathology:
Answer : **Disorders of Perception.**
- 2) A patient when asked about his level of education, talked about his school, his friends and concluded by saying, "**that was the end of my schooling**". Which demonstrates his answer:
Answer : **Circumstantiality**
- 3) Increasing the amount of Heroin to achieve the same initial effect:
Answer: Tolerance
- 4) Occurs in REM sleep:
Answer: Loss of muscle tone
- 5) Which is antipsychotic:
Answer: Quetiapine
- 6) A student who is afraid to give seminars as he is **sensitive to negative evaluation**, most likely diagnosis is:
Answer: **Social phobia**
- 7) Definition of Delusions:
Answer: False belief that is held despite evidence of contrary
- 8) A patient presented to ER with severe **respiratory depression**, on physical examination he is unresponsive with a tattoo over a large area of his body, also there are **needle marks on his forearm**. Which **drug is the most likely involved?**
Answer: **Heroin**
(Doctor Radwan concluded that a **large tattoo is sign of personality disorder or a substance abuse**, and as the patient presented with **severe respiratory depression that is a sign of heroin abuse**)
- 9) A patient admitted after an RTA, was conscious **and became confused after a few hours as he started wandering in the ward thinking he is home**. The diagnosis:
Answer: **Delirium**
- 10) A sign of seriousness of suicidal attempt:
Answer: Suicidal note
(A suicidal note means a planned suicidal attempt)
- 11) Hallucination is a disorder of:
Answer: Perception
- 12) **Gender identity is normally established at age :**
Answer : **3 years (36 months)**

- 13) True about **psychotherapy**:
Answer: **it aims at improving client function**
- 14) **A behavior therapy technique** :
Answer: **modeling**
- 15) Pyromania is :
Answer: Impulse to set fire
- 16) Characteristic of **Paranoid** personality disorder :
Answer: **Mistrust**
- 17) Sign to alert the physician about the possibility of alcohol dependence:
Answer: Peripheral neuropathy
- 18) **Cause of reversible dementia**:
Answer: **Alcohol induced type**
- 19) Drug causes **highest mortality among users** :
Answer: **Heroin**
- 20) **Rate of transmitting schizophrenia to the offspring of a schizophrenia mother**:
Answer: **12%**
- 21) Which brain system is correlated in **schizophrenia**:
Answer: **Dopaminergic system**
- 22) Another question about the **features of REM sleep**:
Answer: **Maximal loss of muscle tone**
- 23) Associated with **anorexia nervosa**:
Answer: **Amenorrhea**
- 24) Most **important in delirium management**:
Answer: **Searching for underlying cause**
- 25) **True depression**:
Answer: **Physical symptoms are common presentation**
- 26) **True about Doctor-Patient relationship**:
Answer: **Medical schools should nurture patient centered relationship**
- 27) Recurrent short episodes of depression that was treated. Three weeks late the patient started having symptoms of mania, diagnosis:
Answer: Bipolar disorder
- 28) True about **adjustment disorder**:
Answer: **Onset of symptoms within 3 months after trauma exposure**
- 29) True about schizophrenia:
Answer: Dopamine over activity is thought to be the cause
- 30) **Cluster A personality disorder**:
Answer: **Schizo, Paranoid**
- Cluster B (His Nar Anti Border)
Histrionic, Antisocial, Borderline,
Narcissistic

- Essay Questions: of Third group :
 - 1) Give brief description about bipolar mood disorder and its management.
 - 2) Write the good prognostic factors in schizophrenia.
 - 3) List the symptoms of panic attack.

Fourth psychiatry round (11/10 - 5/11)

- no essay questions (the doctor forgot)
- MCQ's
 - 1) A **feature of REM sleep** :
 - a) decrease respiratory rate
 - b) decrease cerebral blood flow
 - c) dreams
 - d) parasympathetic activation*answer: c) dreams
 - 2) **testimonial capacity** is:
 - a) ability to testify in court
 - b) capacity to write a will* answer: B) capacity to write a will
 - 3) indicate seriousness of suicide :
 - a) using firearms
 - b) **writing a will**
 - c) angry for being saved
 - d) being a female
 - 4) Typical antipsychotic:
Answer haloperidol
 - 5) **first drug to give to extrapyramidal side effects:**
 - a) olanzapine
 - b) diazepam
 - C) procyclidine
 - D)citalopram
 - E) lithium CO₃*answer is c) **procyclidine**
 - 6) the disease caused by **decrease serotonin** :
 - A) depression
 - B) schizophrenia
 - C) BAD* answer is A) **depression**
 - 7) hallucination best description :
Answer is perception without external stimulus
 - 8) used in alcohol dependence :
 - A) Olanzapine
 - B) DiazepamAnswer is B) diazepam
 - 9) general anxiety disorder is:
 - A) anxious in public
 - B) anxious about everyday eventsAnswer is b) anxious about every day event

- 10) social phobia is:
Fear of being embarrassed (fear of being criticized)
- 11) case about someone who **fears public, crowded places:**
Agoraphobia
- 12) **bipolar prevalence:**
1%
- 13) ADHD:
A) decrease dopamine
B) decrease after the age of 15
Answer decrease dopamine
- 14) personality disorder wrong:
Begin at the age of 18
- 15) reversible cause of dementia :
A) alzheimar disease
B) pick's disease
C) pseudodementia
Answer is c) pseudodementia
- 16) allowed units of alcohol per week : 20
- 17) most common presentation of depression : physical symptoms
- 18) not associated with narcolepsy : Answer increased REM SLEEP
- 19) **Gender identity : 36 months**
- 20) **side effect of SSRI's : nausea**
- 21) Depersonalization: Feeling of unreal self
- 22) **true about suicide : 15-25 years** !!!!!
- 23) Drug that **does not cause dependence** : olanzapine

5th rotation : From Psych 8/11- 3/12

- MCQ

- 1) which of the following is **characteristic for unipolar depression** : **Anhedonia**
- 2) **paranoid delusions** are found in all of the following except :
 - Depression
 - Schizophrenia
 - **OCD * (Paranoid Delusions are not found in OCD)**
 - Dementia
 - Substance abuse
- 3) Thought Echo is:
 - A form of thought **broadcasting** *
 - Abnormal thought content
 - An illusion
 - Idea of reference
 - A hallucinatory experience
- 4) which of the following drugs causes **dryness of mouth the most:**
 - Respidone
 - Fluoxetine
 - **Chlorpiramine** * (antihistamine)
- 5) which of the following statements is **true regarding Dr-Pt relationship:**
 - It doesn't effect the course of the health problem
 - **Med schools should nurture patient centered medicine** *
 - In the relationship the pt has no active role to play
 - Should concentrate on the disease not the patients emotions
- 6) **unlikely feature of neuroleptic malignant syndrome"**
Leucopenia (true is leukocytosis)
- 7) which of the following disturbances is associated with **highest risk of suicide**
 - Paranoid schizophrenia
 - Dissociative disorder
 - **Major depression * (Bipolar is also high)**
 - Dementia
- 8) all of the following are impulse control disorders except"
conversion disorder (not impulse control disorder)

- 9) unconscious mechanisms play a role in all of the following except :
- Somatization
 - Dissociative
 - Hypochondriasis
 - Munchausen syndrome
 - **Malingering ***
- 10) which of the following is a **feature of schizoid personality**
- Desire to mix with others
 - Anxiety
 - Acceptance of abnormal traits
 - **Self Importance**
 - Dependency
- 11) a pt came to the ER saying that for the last few months he has been hearing voices talking to him, when he was asked if he was sure, he said 100%, this shows which psychopathology:
- Derealization
 - Disorder of thought content
 - **Disorder of perception**
- 12) diagnosis of all of the following occurs in childhood or adolescents except
- Separation anxiety
 - Conduct disorder
 - ODD
 - **Personality disorder (only occurs after adulthood)**
- 13) CBT effective in all except :
- Panic disorder
 - PTSD
 - Social anxiety
 - Depression
 - **Antisocial PD ***

- 14) which of the following is **associated with repeated overdose**
- Munchhausen syndrome
 - OCD
 - Paranoid personality disorder
 - **Borderline PD ***
- 15) which of the following drugs associated with **highest mortality among users:**
- **Heroin**
- 16) which of the following is a sign of seriousness in a suicidal attempt:
- suicidal note
- 17) which is true of **depression** :
- **Physical symptoms are a common presentation ***
 - Affects 2% of the general population
 - 5% commit suicide
- 18) which of the following is true regarding **Bipolar disorder:**
- Only presents in middle age
 - No genetic component
 - **Treated by lithium***
- 19) which of the following is a **reversible dementia**
- Alzheimers
 - Picks disease
 - CJD
 - **Alcohol induced ***
- 20) which of the following alerts the doctor for the possibility of **alcohol dependence** when examining a patient :
- High blood pressure
 - Excessive cigarette smoking
 - **Peripheral neuropathy ***
- 21) abnormality of which system mostly associated with schizophrenia
- Dopamenirgic

22) which is a **sleep disorder**

- Night Vision
- Panic disorder
- Cataplexy
- **Kleinn Levin disorder ***
- Cautard syndrome

23) which of the following is **associated with anorexia nervosa**

- **Amonerrhea ***
- Normal body image WRONG
- Low blood pressure WRONG
- Body weight 20% above normal WRONG

24) most **imp in Delirium management**:

- V fluids
- **Search for the underlying cause ***
- Low light in the room

25) a schizophrenic mother wants to get pregnant and asks about the possibility of having a schizophrenic child:

- **12% (risk of schizophrenic offspring for schizophrenic mother)**

26) an example of **behavioral therapy**:

- Gestalt therapy
- Hypnosis
- **Modeling ***
- Psychoanalysis

27) which is true regarding **psychotherapy** :

- Has no significant effect on brain neurotransmitters
- **Aims to improve client functioning ***
- Not suitable for children below 12 yrs

28) characteristic for **paranoid PD** :

- Reckless behavior
- Magical thinking
- **Mistrust***

29) characteristic of REM sleep

- **loss of muscle tone ***

- 30) patient RTA, wakes up later confused, agitated and thinks he is home:
- **Delirium**
- 31) patient with depressive symptoms prescribed antidepressants, 3 weeks later presents with agitation, lack of sleep, (manic features), what did the doctor miss:
- **Bipolar disorder**
- 32) increase suspicion to organic cause of acute psychosis:
- High blood pressure
 - Peripheral neuropathy*
 - Confusion
 - Auditory hallucination
- 33) a pt presents to the ER with **Resp Depression**, pinpoint pupils, and **needle marks with Tattoo**, most likely drug
- **Heroin**
- 34) pyromania is:
- an impulse to set fires
- 35) gender identity is established at what ages?
- 36 months
- Essay Questions:
 - 1) Good prognostic factors of schizophrenia
 - 2) Describe the clinical features of a panic attack
 - 3) Discuss briefly the management of depression

Sixth rotation : from 12/12 till 7/1 :

- MCQ's:
 - 1) A characteristic of Schizoid personality disorder:
importance
anxiety
accept abnormal traits
 - 2) Subconscious mechanism one wrong:
Malingering* (NOT SUBCONSCIOUS)
Dissociative
Somatization
 - 3) **Treated overdose:**
OCD
Borderline ????
 - 4) Persecutory Delusion not in:
Depression
OCD
 - 5) increase **suspicion of organic cause to acute psychosis:**
High blood pressure
Confusion
Peripheral neuropathy
Auditory hallucination
 - 6) **Sleep disorder:**
Livens due syndrome
Cataplexy*
 - 7) Thought echo:
Broadcasting thought
Auditory hallucination*

- Essay questions:
 - 1) good prognostic factor of schizophrenia
 - 2) symptoms of panic attack
 - 3) treatment of depression

7th rotation : From Psych 10/1/2016-4/2/2016

- Written
 - 1) 20 y/o male counselling at discharge from hospital after treatment for first attack of schizophrenia.
 - 2) 25 y/o male social phobia management.
 - 3) Manage alcohol dependence on hospital.
- MCQ – only new questions or new answers (all others were exact repeats)
 - 1) A characteristic of unipolar depression... Low self esteem.
 - 2) One is a behavioral therapy technique... Flooding
 - 3) Persecutory delusions in all except... OCD
 - 4) Dr-Patient relationships; what is true... Paternalistic relationship with the patient is unacceptable.
 - 5) Which is not impulse disorder... Conversion disorder.
 - 6) All disorders have unconscious mechanisms except
 - Münchhausen (we chose this, malingering was not a choice)
 - Somatization
 - Hypochondriasis
 - Dissociative Symptoms
 - 7) Which disorder is associated with repeated drug overdose...
 - Borderline (correct answer)
 - Münchhausen
 - depression
 - 8) Cognitive behavioural therapy effective in all except...
 - Panic disorder
 - PTSD
 - Depression
 - Anxiety
 - Paranoid schizophrenia (correct answer)
 - 9) Which of the following occurs in REM
 - Night terrors
 - Enuresis
 - Both of these options are true?
 - 10) True about Schizoid personality... Solitary behaviour.
 - 11) True about gender identity disorder...
 - Difficult to treat
 - More common in west civilization (I chose this)
 - 12) Risk for bipolar mother having bipolar child... 20% (according to Medscape 15-25%, options were 10, 20, 30, and higher)
 - 13) Sign of alcohol dependence...
 - Liver enlargement (I chose this)
 - Vitamin B6 deficiency.

- 14) Associated with anorexia
- Anxiety (I chose this)
 - Weakness
- 15) Increased suicide attempt seriousness in?
- Being female (no, being male has a higher risk)
 - Being married (no, it DECREASES the risk of serious attempt)
 - Previous attempts (correct answer as stated by Dr Laith Abbadi)
 - Being depressed
- 16) Sign of organic underlying cause for psychosis... Upper limb paresis.
- 17) CBT is ineffective in: **Paranoid Schizophrenia (as checked by Dr Laith Abbadi)**
- 18) Abnormalities in which system is best associated with depression? **Monoamine system**
- 19) Associated with anorexia nervosa:
- **Anxiety**
 - Weakness
 - Normal body image
 - Low blood pressure
 - Body weight 20% above normal

OSCE's 2013/2014

5th year

1st Rotation

- 1- cause agranulocytosis: clozapine
- 2- Dysmorphophobia, one is true: seeks surgery
- 3- unlikely to happen in eating disorder: hyperkalemia
- 4- considered hallmark in alzheimer: amyloid plaques
- 5- not an indicator for true hallucination: Voices inside the head
- 6- unlikely in paranoid type of schizophrenia: waxy flexibility
- 7- occur in conversion disorder : unconscious anxiety
- 8- true about agoraphobia: comorbid major depression
- 9- true about bipolar: peak of onset in late adolescent and early adulthood
- 10- true about oppositional defiant disorder : seeking revenge
- 11- true about Asperger: normal cognitive development
- 12- shared side effect between TCA and SSRI: sexual dysfunction
- 13- unlikely to cause hyperprolactinemia: alprazolam
- 14- good predictor for schizophrenia : previous history of mood disorder
- 15- physical feature of BDZ dependence : tremor
- 16- carries highest suicidal risk: "bipolar", depression
- 17- true about panic disorder: anticipatory anxiety
- 18- true about tardive dyskinesia : incurable
- 19- true about homosexuality: feature of sexual orientation
- 20- untrue about cognitive behavioral therapy : exploration of unconsciousness

2nd Rotation

1. cognitive test used in dementia: mini mental state examination
2. not a cocaine withdrawal symptom: elation
3. false about depression in the elderly : lower suicidal rate
4. not a risk factor for suicide : childless marriage
5. one of these is a paraphylia : fitishism
6. one of these drugs is lethal in overdose: amytriptyllin
7. a male seeing snakes crawling on the wall , one of these is true : an optimal dose of respiridone is appropriate treatment
8. false regarding schizophrenia : females have an earlier onset of the dis than males
9. one of theses is an indication of clonazipine: persistent negative symptoms after being treated for 6 weeks with 3 antipsychotics at optimal dose
10. a description of border line personality disorder and then asking which personality disorder it is
11. least likely diagnosis in a 16 yr old child with ADHD: antisocial personality disorder
12. to dx bipolar disorder you need symptoms for : 2 weeks
13. factitious disorderd : unconcious of the motivation
14. true about autism : poorly developed non-verbal social communication
15. false regarding anorexia nervosa and bulimia nervosa: bulimia has an earlier onset
16. treatment of specific phobia : flooding
17. contraindication for ECT: brain tumor
18. true regarding paranoid delusional disorder: preserved social life and function

3rd Rotation

- 1) Least fatal in OD: Correct answer: alprazolam
- 2) Choose wrong answer: anticonvulsant drugs used routinely in management of alcohol withdrawal
- 3) Cognitive behavioral therapy is least effective for: Answer: antisocial personality disorder (ASP) I chose: agoraphobia
- 4) NT least incriminated in depression: Ach.. other options: GABA, NE, Ach, DA
- 5) Wrong answer: less than 1/3 of children are dry at age 5 (Q about enuresis) Typically, most children are bowel and bladder trained by age 3 years.
- 6) True about OCD: Compulsions must be preceded by intrusive thoughts obsessions can be without compulsions, but compulsions can't be without obsessions
- 7) Alzheimer: higher prevalence in > 80 y old
- 8) trichotillomania: impulse control dis
- 9) wrong: eating dis/anorexia more prevalent in lower economic class
- 10) Autonomic arousal/sympathetic overactivity present in all except: conversion disorder (other options were related to stress: GAD, PTSD, ...)
- 11) exposure and response prevention Rx of: OCD
- 12) 3 episodes of depression: Rx should continue for how long? answer: for life (Dr explained: 1 depressive episode: Rx for 1 y; 2nd episode: for 2 y; 3 or more episodes: for life)
- 13) Most effective Rx of panic dis: fluoxetine
- 14) Bad dreams least likely with: mania
- 15) Thought disorder in depression: negative thoughts
- 16) wrong about manic depression: minimal genetic role
- 17) Ass with metabolic syndrome: clozapine (other options were not antipsychotics)
- 18) true about conduct disorder: predisposes to antisocial personality disorder in adulthood
- 19) True about PTSD : startle response
- 20) True about GAD : stress for no sufficient reason

Past years quizzes

Psychiatry quiz 12/11/2014

- 1) Which of the following most likely to cause psychosis ?
 - Cocaine ***
 - Cannabis

- 2) Which of the following is an effect of the drugs causing addiction?
 - increase serotonin
 - decrease noradrenaline
 - causing tolerance ***
 - decrease dopamine

- 3) Which of these is true about panic disorder?
 - diagnosed from single episode
 - occurs in females more than males ***
 - they will not benefit from cognitive therapy

- 4) Which of these is not true about personality disorders?
 - Patients with personality disorders usually have low IQ ***

- 5) Which of the following is a feature of NON REM?
 - It comprises 75% of the sleep cycle ***

- 6) Which of the following alcohol blood levels will cause abnormal behavior?
 - 20 mg
 - 40 mg
 - 50 mg
 - 100 mg
 - 200 mg ***

- 7) Which of the following increase the risk of suicide?
 - being female
 - being physician ***

- 8) Which of the following drugs is anti-depressant?
 - Alprazolam
 - citalopram***

- 9) Which of the following is not a part of mental examination?
 - speech
 - mood
 - neurological examination ***
 - memory
 - judgment

- 10) Which of the following defines hallucinations?
 - perception without an external stimulus ***
 - An image presented to consciousness
 - perceived things in a different way than normals
 - misinterpretation of external stimulus

- 11) Which of the following statements is true about schizophrenia?
- mostly occurs in the middle age
- genetic is the most common etiology ***
- 12) All of the following indicate seriousness of suicide **except?**
- previous attempt
- being married ***
- 13) Which of the following drugs may cause addiction?
- Alprazolam ***
- 14) The definition of Stupor?
- Conscious but immobile ***
- 15) Hypomania is a disorder of?
- cognition
- memory
- mood ***
- 16) Risk of suicide in depression?
- 5%
- 10% ***
- 15%
- 20%
- 25%
- 17) Which of the following is a common lithium side effect ?
- Nausea
- polyurea ***
- 18) Which of the following indicates that there is an organic disease?
- altered level of consciousness ***
- 19) Underactivity of Ach will cause ?
- schizophrenia
- anxiety
- dementia ***
- 20) Which of the following statements is true about depression?
- It is a leading cause of disability in community ***
- 35% of general populations have depression
- females are four time to be affected than males
- 21) Which of the following drugs is anti-psychotic?
- risperidone ***

22) Which of the following is a negative symptom?

- hallucinations
- social withdrawal ***
- delusion
- passivity phenomena

23) Which of the following drugs will treat extrapyramidal symptoms?

- benzhexol ***
- lithium carbonate

24) Which of the following statements is true about anxiety disorders?

- They will not benefit from cognitive therapy
- Anxiety disorders are risk factors of low achievement ***

25) Case (male experienced a panic attack then he became afraid of getting out from his home alone)

- Agoraphobia ***

26) Generalized anxiety disorder?

- Anxiety about every day issues ***

27) Social phobia is which of the following?

- phobia from crowded places
- phobia from negative evaluation ***

28) overactivity of dopamine will cause ?

- schizophrenia ***
- depression

29) Which of the following is a good prognostic factor of schizophrenia?

- insidious onset
- family history
- precipitating factors ***
- negative symptoms

30) Which of the following will cause irreversible dementia ?

- brain tumor dementia
- arteriosclerotic dementia ***
- hypothyroidism dementia

18th Nov 2010

Time: 30 minutes

CHOOSE THE SINGLE MOST APPROPRIATE ANSWER IN EACH QUESTION

FORM B

Student Name:

Computer Number:

1. Which of the following occurs in dementia?

- A. Fluctuation in consciousness is a primary mechanism
- B. Hallucinations and delusions are prominent symptoms
- C. The onset is usually acute
- D. All cases are untreatable
- E. Amnesia for names are experienced early in the course of the disease

2. In people over the age of 65, one of the following is True:

- A. Parasuicide is more common than suicide
- B. About 20 percent have dementia
- C. Severe memory loss is common
- D. Anxiety disorders are more common than depressive disorders
- E. Any grade of amnesia indicates Alzheimer disease

3. Which of the following is True of adjustment disorder?

- A. Is a response to a serious unexpected traumatic event
- B. The symptoms usually last more than six months
- C. Psychosocial performance is unaffected
- D. Conduct symptoms are the frequent presentation in adolescents with this disorder
- E. Grief is an example of adjustment disorder

Which of the following is True of Impulse Control Disorder?

- A. Fugue can be a presenting feature
- B. May present with trichotillomania
- C. May present with unexplained physical symptoms
- D. Includes malingering
- E. Is associated with experiencing depersonalization

Trich

Which of the following is a characteristic feature of Post-Traumatic Stress Disorder?

- A. Involvement in conversations related to the trauma
- B. Recurrent distressing dreams
- C. Frequently visiting the place where the trauma occurred
- D. Lowered arousal level
- E. The patient is always a survived victim of the trauma

6. Desensitization is effective in the treatment of:

- A. Specific phobia
- B. Social phobia
- C. Agoraphobia
- D. Obsessive compulsive disorder
- E. Conversion disorder



7. Which of the following medications would be the most appropriate to prescribe for a patient with Bipolar Depression?

- A. Haloperidol
- B. Bromazepam
- C. Valproic acid
- D. Fluoxetine
- E. Risperidon



8. Acute drug induced dystonia can be due to the use of:

- A. Procyclidine
- B. Alprazolam
- C. Propranolol
- D. Olanzapine
- E. haloperidol

9. Which of the following is a REM sleep disorder?

- A. Nightmare
- B. Sleep walking
- C. Sleep talking
- D. Jet lag
- E. Enuresis

1. Paranoid delusion is a feature may be found in any of the following disorders, EXCEPT:

- A. Mania
- B. Psychotic depression
- C. Cognitive disorder
- D. Schizophrenia ✓
- E. Impulse control disorder

2. Which of the following is true of panic disorder?

- A. Presenting in attacks, each lasting more than 12 hours
- B. The attack is associated with fear of collapse
- C. Equally prevalent in men and women
- D. Can be effectively treated by anticholinergic medication
- E. The patient usually carries high suicidal risk

3. Somatization disorder may include all the following, EXCEPT:

- A. Multiple physical complaints without underlying pathology
- B. Dissociative fugue state
- C. Symptoms related to more than one symptom
- D. Secondary depressive symptoms
- E. Pain symptoms non responsive to pain killers

4. Which of the following, on long term use, causes physical withdrawal symptoms on abrupt discontinuation?

- A. Cannabis
- B. Alcohol ✓
- C. Cocaine
- D. Risperidon -
- E. Amphetamines

5. All the following symptoms favor the diagnosis of OCD, EXCEPT:

- A. Hearing commands from others who are close to him
- B. Excessive rumination about topics considered senseless by the patient
- C. Intrusive thoughts with offensive content recognized by the patient as false
- D. Recurrent doubts followed by repeated checking
- E. Recurrent impulsive to act, which are recognized by the patient as unwise

6. Visual hallucination favors the diagnosis of one of the following conditions:

- A. Schizoaffective disorder
- B. Bipolar disorder
- C. Schizophrenia
- D. Delusional disorder
- E. Delirium

7. Dryness of the mouth is a recognized adverse effect of one of the following drugs:

- A. Fluoxetine
- B. Imipramine
- C. Diazepam
- D. Velafaxine
- E. Olanzapine

8. Which of the following is true of treatment with lithium?

- A. Lithium is the treatment of choice in schizophrenia
- B. On long term use causes hyperthyroidism
- C. Use associated with marked anticholinergic adverse effects
- D. Useful in the prophylactic treatment of bipolar
- E. Safe to use in pregnant patient

9. Which of the following statements concerning behavior therapy is true?

- A. Behavior therapy is more effective than SSRIs in the treatment of depressive disorder
- B. Includes thought stopping technique in OCD
- C. Less effective than benzodiazepines in the treatment of agoraphobia
- D. Based on the exploration of the unconscious
- E. Is a form of talking therapy

10. Which of the following is true of autistic disorder?

- A. Basically it is a disorder of intelligence
- B. Distractibility and short attention span are pathognomonic diagnostic features
- C. Onset is often before the age of 3
- D. Is a form of schizophrenia of childhood
- E. Response to antipsychotic medications

11. Which of the following is true of bipolar disorder (manic type)?

- A. Affects young girls more than men
- B. At least two weeks of symptoms required for the diagnosis
- C. Manic episode always immediately followed by a depressive episode
- D. Usually associated with third-person auditory hallucinations
- E. Mood stabilizers are preferred over antipsychotics in the long term treatment

12. Which of the following drugs is most useful in the treatment of ADHD?

- A. Haloperidol
- B. Fluoxetine
- C. Diazepam
- D. Methylphenidate
- E. Risperidone

13. Which of the following is an effective medication in the management of panic disorder?

- A. Risperidon
- B. Haloperidol
- C. Fluoxetine
- D. Sodium valproate
- E. Clozapine

14. Which of the following is a diagnostic feature of Somatization disorder?

- A. Weight loss of 25% below expected body mass
- B. Increased libido
- C. Preoccupation with physical appearance
- D. Multiple physical complaints without organic pathology for more than 2 years
- E. Repeated investigations with normal results reassure the patient

15. In the management of major depressive episode one of the following statements is true:

- A. In severe depression SSRI's give more rapid therapeutic effect than ECT
- B. Lithium is superior to TCA agents in treatment of bipolar depression
- C. Prolonged regular use of benzodiazepines is considered safe
- D. In the presence of ischemic heart disease it is safe to prescribe TCA agents
- E. ECT is contraindicated if the patient is an elderly

16. Which of the following is true of ADHD?

- A. Characterized by hyperactivity in one setting
- B. Distractibility and short attention span are prominent features
- C. Methylphenidate can be instituted at age of 4 years
- D. Never seen in adults
- E. Benzodiazepine drugs are effective

17. Which of the following medications may cause hypothyroidism?

- A. Lithium carbonate
- B. Haloperidol
- C. Valproate
- D. Benzhexol
- E. Methylphenidate

18. Hallucinations are unlikely to be experienced in one of the following conditions:

- A. Schizoaffective disorder
- B. Bipolar disorder
- C. Major depressive episode
- D. Delusional disorder
- E. Substance use disorder

19. Which of the following is true of childhood autism?

- A. Is associated with conduct disorder in childhood
- B. Autistic features appear after the age of 3 years
- C. Equally prevalent in male and female children
- D. Can be effectively treated by atypical antipsychotics
- E. Social and communication skills are abnormally developed

20. Dissociative disorder includes one of the following:

- A. Acute paraplegia
- B. Fugue
- C. Dismorphophobia
- D. Hypochondriasis
- E. Dysthymia

5/10

~~15 minutes~~

15. July. 2010

Quiz in psychiatry

Name in Arabic

Encircle the most appropriate answer for each question

1. Which of the following symptoms is the most diagnostic of schizophrenia?

- A - Affective flattening
- B - Persecutory ideas
- C - Overvalued ideas
- D - Primary delusion
- E. Grandiose delusion

✓

SSRI = 12.5%

2. Which of the following medications is most useful in the treatment of a patient with major depressive episode?

- A - Chlorpromazine
- B - Fluoxetine = Prozac.
- C. Carbamazepine
- D - Olanzapine
- E - Risperidone

OK

Don't Depend on any answer

3. - A patient presented to the clinic with acute drug induced dystonia, which of the following medications is most likely to help?

- A - Procyclidine* *Anti cholinergic*
- B - Chlordizeoxide *anticholinergic*
- C - Propranolol
- D - Olanzapine
- E - Sertraline

4. - Which of the following symptoms indicate alcohol dependency?

- A. Morning shakes
- B. Morning hangover
- C. Morning dyspepsia
- D. Morning headache

E. Morning blackouts

5. Which of the following conditions is associated with short REM sleep latency?

- A. Generalized anxiety disorder
- B. Obsessive compulsive disorder
- C. Narcolepsy *depression sleep dep*
- D. Schizophrenia
- E. Mania

6. Which of the following is a benzodiazepine?

- A. Escitalopram *SRI*
- B. Alprazolam*
- C - Escitalopram *SRI*
- D - Gabapentine
- E - Disulfiram

All the following regarding cannabis are true, EXCEPT:

- A. Tetrahydrocannabinol is the active substance ✓
- B. Cannabis smoke contains the same carcinogens as tobacco ✓
- C. May be detectable in the urine up to 4 weeks after use ✓
- D. It is a liquid-soluble substance ✓
- E. It belongs to the opioids class of drugs

Which of the following is true about premenstrual dysphoric disorder?

- A. Symptoms occur between ovulation and menstruation ✓
- B. Symptoms occur at any phase of menstrual cycle. ✗
- C. Considered normal when occurs in girls below 18 year of age
- D. Has a weak association with depression
- E. Occurs in less than 20% of women

Which of the following is unlikely to be associated with depression?

- A. Hypothyroidism ✓
- B. Addison's disease ✓
- C. Pheochromocytoma ✓
- D. Pellagra ✓
- E. Cushing's disease ✓

10. Which of the following drugs may cause depression?

- A. Lithium carbonate ✓
- B. Imipramine. ✗
- C. Haloperidol ✓
- D. Fluoxetine ✗
- E. Valproate ✓

11. Which of the following is more diagnostic of schizophrenia?

- A. Persecutory delusions ✓
- B. Obsessional ruminations ✓
- C. Command hallucinations ✓
- D. Blunt affect ✓
- E. Pressure of speech ✓

12. Which of the following is a good prognostic sign in schizophrenia?

- A. Family history of schizophrenia ✓
- B. Acute onset of illness ✓
- C. Poor affective response ✓
- D. High expressed emotion family environment ✓
- E. Onset before the age of 18 years ✓

13. All the following are correct regarding schizophrenia, EXCEPT:
- A. Both schizophrenia and affective symptoms are present at the same time ✓
 - B. The prognosis is usually better than that of bipolar ✓
 - C. Younger people tend to have associated mania while older people have depressive symptoms ✓
 - D. History of schizophrenia occurs in excess of schizophrenia in their relatives ✓
 - E. Treatment consists of antipsychotics and mood stabilizers ✓

14. Which of the following is true regarding puerperal psychosis?

- A. Relapses are usually absent. ✓
- B. Usually resistant to treatment ✓
- C. Usually of acute onset ✓
- D. Response to ECT is poor ✓
- E. More common with last born baby ✓

15. All the following are true regarding Down syndrome, EXCEPT:

- A. Is the commonest cause of severe learning disability ✓
- B. The majority of affected patients have trisomy 21 ✓
- C. Patients suffer a wide range of physical abnormalities ✓
- D. Patients have normal fertility ✓
- E. Risk to mothers having a baby with Down syndrome increases with age ✓

16. All the following are correct regarding anorexia nervosa, EXCEPT:

- A. Low level of thyroid hormones ✓
- B. Usually develops leucocytosis ✓
- C. Disturbance of the way in which the body is perceived ✓
- D. Occurs mainly in young women ✓
- E. Depression is common ✓

17. All the following are somatic symptoms of anxiety, EXCEPT:

- A. Palpitations ✓
- B. Hyperventilation ✓
- C. Depersonalization ✓
- D. Urinary frequency ✓
- E. Nausea ✓

18. All the following point to good practice in using benzodiazepines, EXCEPT:

- A. Short term use ✓
- B. Use large dose in primary insomnia ✓
- C. Lowest effective dose ✓
- D. Use to deal with specific problems ✓
- E. Intermittent doses ✓

19. Which of the following is true of factitious disorder?

- A. Conversion symptoms are common
- B. The patient is unconscious of the reason for producing the symptoms
- C. The patient is considered malingerer
- D. The patient usually undergoes multiple surgical procedures
- E. Munchausen syndrome is an example of this disorder

20. Which of the following differentiates delirium from other psychotic disorders?

- A. Ideas of reference
- B. Overvalued ideas
- C. Voices of neighbors heard both by the patient and others in his vicinity
- D. Visual hallucinations
- E. Clouded consciousness

13. Which of the following disorders is characterized by impaired reality testing?

- A. OCD
- B. Delusional disorder
- C. Dissociative disorder
- D. Somatization disorder
- E. Impulsive control disorder

14. All the following occur in bulimia nervosa, EXCEPT:

- A. Parotid gland enlargement
- B. Disordered body image
- C. Family conflict
- D. Dental erosion
- E. Body weight less than 90% of normal

15. Features of depression include any of the following, EXCEPT:

- A. Fatigue
- B. Lack of interest
- C. Psychomotor retardation
- D. Mood incongruent hallucinations
- E. Anhedonia

16. All of the following are true of agoraphobia, EXCEPT:

- A. Occurs more in females than males
- B. Affects children more than adults
- C. May be associated with panic symptoms
- D. Better treated by flooding than desensitization
- E. Behavioral therapy is better than drug therapy

17. Supportive psychotherapy involves all the following, EXCEPT:

- A. Listening to the patient
- B. Giving guidance to the patient *Analytic*
- C. Exploration of the unconscious conflicts
- D. Can be practiced by doctors in all specialties
- E. Useful for patients with mental and physical disorders

18. All of the following are true of schizophrenia, EXCEPT:

- A. Long term administration of antipsychotic medications is mandatory
- B. Living in an environment with high expressed emotions results in poor outcome
- C. Genetic factors play a role in causation
- D. Negative symptoms respond equally well to typical and atypical antipsychotics
- E. Presence of schizoid premorbid personality predicts poor prognosis

41. OCD is characterized by:

- (not sure)
- A. Thoughts that are inserted by external agencies
 - B. Thoughts that are intrusive and considered by the patient as alien
 - C. Thoughts that are usually can be easily resisted
 - D. Thoughts that are meaningful
 - E. Thoughts that induce pleasure

2. Labile affect is:

- A. A disorder of formal thought disorder
- B. Means the patient laughs a minute and cries the next for no obvious reason
- C. A bipolar disorder syndrome
- D. A symptom of dysthymia
- E. A term which is synonymous with anhedonia

3. Which of the following is a convenient therapeutic approach for individuals with antisocial personality disorder?

- A. Cognitive behavioral therapy
- B. Therapeutic community
- C. ECT
- ~~D. Psychodynamic psychotherapy~~
- E. Antipsychotic medication

4. Which of the following is a positive schizophrenic feature?

- A. Ambivalence *زدوامی*
- B. Blunted affect
- C. Catatonic symptoms
- D. Command hallucination
- E. Ideas of reference

5. Which of the following occurs in bulimia nervosa?

- A. Body mass index reduction of more than 15% of normal
- B. Distorted body image
- C. Lack of appetite
- D. Dieting
- E. Amenorrhea

6. Which of the following medications is effective in the treatment of schizophrenia?

- A. Imipramine
- B. Fluoxetine
- C. Risperidon
- D. Lithium carbonate
- E. Valproate

7. Which of the following is a conversion symptom?

(Sensory, motor loss) with
medical cause, psychiatric
cause

- A. Depressed mood
- B. Fugue
- C. Aphonia
- D. Panic attack
- E. Depersonalization

8. Which of the following is an example of third-person hallucination?

- A. A voice inside the head saying to the patient "you are useless"
- B. A voice giving orders to the patient not heard by others close to him
- C. Voices of neighbors heard both by the patient and others in his vicinity
- D. A voice commenting on the patient's actions
- E. Voices of people conversating and referring to the patient

9. Which of the following is a feature of cocaine dependence?

(NOT SURE)

- A. Sedation
- B. Hypervigilance *abs*
- C. Reduced perceptual sensitivity
- D. Pin point pupils
- E. Hypoacusis

10. Which of the following is the drug of choice in treatment of unipolar depression?

- A. Haloperidol
- B. Bromazepam
- C. Beta blockers
- D. Citalopram
- E. Lithium carbonate

11. Which of the following with regard to alcohol withdrawal features is true?

- A. Delirium tremens is expected to occur 72 hours after the last drink
- B. Alcohol is advised as a best action to abort withdrawal symptoms
- C. They respond dramatically to anticonvulsant medications
- D. Memory blackouts indicate alcohol dependence *(voluntary, 2-3)*
- E. Auditory hallucinations are predominant withdrawal feature

12. Which of the following is true of bipolar disorder?

- A. Thought echo is common *f*
- B. Overvalued ideas are characteristic
- C. Anhedonia is frequently complained of
- D. Pressure of speech is remarkable
- E. Command hallucination are frequent

9. All the following are recognized therapeutic approaches in psychiatry, EXCEPT:

A. Cognitive behavioral therapy

B. Interpersonal therapy

C. Academic education

D. Faith healing

E. Pharmacotherapy

20. Regarding the aetiology of mental disorders, one of the following is true:

A. Migration

B. Dietary regulation

C. Marriage

D. Wealth

E. Long employment

long employment

X

✓

2

15. Completed suicide is more likely to occur in:

- A. Middle age men
- B. young age women
- C. adolescents of both sexes

+

2

- D. Patients with dysthymia
- E. Hysterical personality disorder

16. Which of the following is an impulse control disorder?

- A. Erotomania
- B. Dysmorphophobia
- C. Trichotillomania
- D. Depersonalization
- E. Munchausen syndrome

+

Impulse control

2

17. One of the following is true of ADHD:

- A. onset before nine years old $\rightarrow 7$ yrs
- B. fifty percent co morbidity with autism
- C. Male to female ratio is 1 to 3 $\rightarrow 4:1$
- D. Short attention span is essential for the diagnosis \rightarrow
- E. Only 5% have conduct disorder feature

7 years old

2

18. All the following features are true childhood autism, EXCEPT:

- A. Qualitative impairment in social interaction \rightarrow
- B. Insistence in repeating the same \rightarrow
- C. significant delay in language development \rightarrow
- D. Up to 5% develop epilepsy \rightarrow up to 25%
- E. Intelligence can be normal (non verbal)

5

5

4-32
32

+

Which of the following psychotropic medications is likely to be fatal in overdose?

- A. Imipramine
- B. Fluoxetine
- C. Alprazolam
- D - Fluvoxamin
- E - Olanzapine

antidepressant

12. Panic attacks occur in all the following conditions, EXCEPT:

- A - Substance withdrawal
- B. Lithium toxicity
- C - Pheochromocytoma
- D - Hyperparathyroidism
- E - Stress disorders

13. Which of the following is a dynamic psychotherapy term?

- A. Desensitization
- B Reinforcement
- C. Free association
- D. Exposure
- E. Response prevention

✓ 14. One of the following does not differentiate grief from depression:

- A. Severe suicidal ideas
- B. prominent delusion of guilt
- C Response to antidepressant therapy
- D. sadness
- E. Anhedonia

→ Erectile dysfunction
✓
✓
✓

7. Erectile dysfunction is caused by which one of the following?

- A - SSRIs
- B - Sildenafil
- C - Mania
- D - Testosterone
- E - Yohembin

8. Which of the following statements is true about anorexia nervosa?

- A - Behavior that targets weight control
- B - Dieting that resulted in 20% body weight loss
- C - Depressed mood resulting from loss of weight
- D - Use of appetizers to fight anorexia
- E - Frequent psychiatric consultations

✓
✓
✓
X

9. Which of the following statements is true about bulimia nervosa?

- A - The peak incidence occurs in boys between 15 and 19 years of age
- B - Dental caries is a consequence
- C - Constipation is a common feature
- D - Increased prevalence in higher socioeconomic class *
- E - Body mass index is below 17.5

✓
✓
✓

10. Which of the following statements is true regarding anxiety disorders?

- A - The fear is controllable
- B - The fear can be reasoned away
- C - Affects men more than women
- D - Autonomic arousal is usually present
- E - Libido is increased

✓
✓
✓

Which of the following statements is True of premature ejaculation?

- A. Response to behaviour therapy is poor
- B. May result from use of fluoxetine
- C. May respond to squeeze technique
- D. Is a form of Paraphilias
- E. Is an adverse effect of SSRIs

11. Which of the following statements is True of anorexia nervosa?

- A. The peak incidence occurs between 25 and 35 years of age
- B. The female to male ratio is around 5 : 1
- C. Diarrhoea is a common feature
- D. Affects only upper socioeconomic class
- E. Body mass index is below 85%

12. Which of the following is True of Childhood Autism?

- A. Social interaction improves by age 6
- B. Delayed language development is a marked feature
- C. I.Q. usually above 70
- D. Seizures affect about 75% of affected children
- E. Predominantly, is a disorder of male children

13. Which of the following is True of Attention Deficit Hyperactivity Disorder?

- A. Its prevalence in school-age children is in excess of 30%
- B. All sufferers are free of the Disorder at age 25
- C. Medication is the most effective treatment
- D. The major part in its aetiology is a dominant gene
- E. All of the sufferers have specific learning disabilities (dyslexia)

14. Which of the following is true of Cognitive Behaviour Therapy?

- A. Very effective in treating a patient with schizophrenia
- B. Uses thought diaries to identify thinking distortions
- C. Effective treatment in specific phobia
- D. Usually a long-term treatment
- E. Is a form of dynamic psychotherapy

15. Which of the followings is a characteristic positive symptom of schizophrenia?

- A. Persecutory delusions
- B. Second person auditory hallucinations
- C. Thought echo
- D. Illusions
- E. Obsessional symptoms

Which of the following factors increases the risk of suicide in depression:

- A. Female gender
- B. Married
- C. Old age
- D. Young girls
- E. Educational grade

17. Which of the following statements regarding Hypochondriasis is True?

- A. Hypochondriasis is a dissociative disorder
- B. The patient presents with many physical symptoms related to more than one organ without a physical pathology
- C. Is always a primary disorder
- D. Is a preoccupation with disease that is more prevalent in middle aged people than other age groups
- E. Affects females significantly more than males

18. Which of the following is True of anxiety symptoms ?

- A. Anxiety is always pathological
- B. Low level of anxiety improves performance
- C. Anxiety affects males more than females
- D. Conversion disorder is associated with high anxiety level
- E. Anxiety is associated with lowered autonomic arousal

19. Which of the following is True of phobic disorder?

- A. The fear is controllable
- B. The fear is proportional to the need of the provoking stimulus
- C. Response to anxiolytic medication is marked
- D. Desensitization is preferred over flooding in agoraphobia
- E. Agoraphobia may follow a panic attack

20. Which of the following is True of delirium?

- A. Nocturnal improvement from delirium is characteristic
- B. Misidentification of known people often occurs
- C. Intact attention
- D. Frequently associated with visual hallucinations in clear consciousness
- E. Patient often recalls events experienced during delirium after recovery

=====GOOD LUCK=====

19. All the following are correct regarding acute stress disorder, EXCEPT:

A. Recurrent dreams related to the event

B. Increased vigilance

C. It affects only those who are subjected to the event

D. Avoidance of situations likely to trigger memories

E. Intrusive thoughts, feeling and perceptions related to the event

① The true about Obsessive Compulsive disorder
M:F ratio is 1:1

② One is considered thought content disorder
Delusions of Reference.

③ Nightmares is a ^{part} symptom of Post traumatic stress syndrome
of the anxiety disorders

④ One of it is Best treated by Cognitive
→ behavioral therapy : Specific phobia/social phobia

⑤ The true about alcohol withdrawal syndrome
Delirium tremens might be fatal.

⑥ in PTSD, the pt re-experiences
the traumatic event through
Flashbacks.

⑦ The false about autism disorder
IQ usually < 70.

(2)

8 The false about Enuresis

is more prevalent in girls than boys.

9 The false about the characteristics of conduct disorder

The child has low self-esteem
highest when

10 Best treatment of Panic attacks
Desensitization

11 The true about adjustment disorder causes psychosocial dysfunction

12 one is part of impulse control disorder
trichotillomania

13 one of the psychotropic ^{drugs} ~~agents~~ is fatal at high doses
lithium

14 The drug that causes hysteresis as side effect is Haloperidol

- 1 - anxiety → Panic /
- 2 - aphasia → conversion /
- 3 - fugue → Dissociation
- 4 - Lithium → lupotem /
- 5 - Respiratory → schizo
- 6 - distorted body image → Bulimia /
- 7 - therapeutic common → ASP
- 8 - command hallucinations → 1st SX
- 9 - conversion & referential → 3rd pers /
- 10 - cries are not laughs → labile mood /
- 11 - antisocial → confronting laughing /
- 12 - ADHD → Distractibility /
- 13 - cocaine → hypervigilance
- 14 - alcohol → 22 Delirium tremens
- 15 - Bipolar → lithium /
- 16 - somatization → 27 CS /
- 17 - unipolar depression → citalopram
- 18 - delusional disorder → haloperidol
- 19 - obsession → intentional / editing
- 20 - mania → lithium

Psychiatry questions From *Medicine 6th year Exams*

Psychiatry

96-a case of paracetamol toxicity

NAC

97-pt with hallucination all possible diagnosis except:

delusional disorder

98-pt with sudden cloudiness of consciousness, he was healthy before.

Delirium

99-a young man, typical schizophrenia hx:

schizophrenia

100) chronic alcohol use man, B is the answer treatment of his condition

a-clonidine

b-benzodiazepam

Medicine Exam 6th year 2012

- a. hyperkalemia
- b. leukopenia
- c. thrombocytosis**

psychiatry :(6)

1. does not cause depression :

- a. nifedipine**
- b. reserpine

2. Schizophrenic patient on medication , presented with weight gain , unilateral gynecomastia , cytopenia . all of the following may be the cause except :

- a. fluoxetine**
- b. olanzapine
- c. haloperidole

3. Visual hallucination is most specific of :

- a. Schizophrenia
- b. delirium

4. Not associated with sympathetic hyperarousal:

- a. conversion disorders**
- b. delirium

5. Patient with anorexia nervosa may have all of the following except :

6. Alcoholic patient presented with diplopia, inability to stand , decrease LOC ,one day after treated with (something منذكره) the most likely cause is ;

- a. delirium
- b. vit B deficiency**

6th year medicine exam

5/5/2009

PSYCHIATRY

1. What do we use selective 5HT blockers for... **major depression**
2. Which one is an SSRI... **fluoxetine**
3. Major depression pateints >> most commen presentation is ... **somatic symptoms.**
4. Characteristic of schizophrenia... **auditory hallucinations**

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Most propaply