The Nervous System



 A network of billions of nerve cells linked together in a highly organized fashion to form the rapid control center of the body.

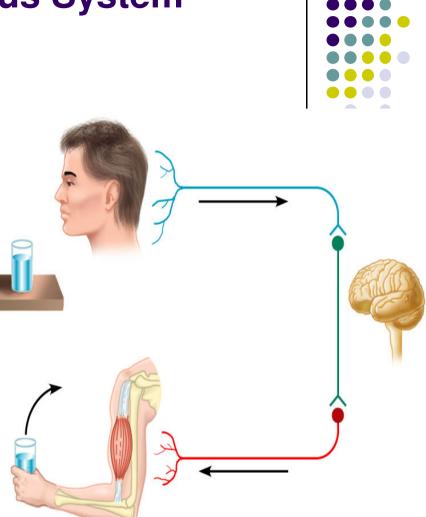
Basic Functions of the Nervous System

1. Sensation

- Monitors changes/events occurring in and outside the body. Such changes are known as *stimuli* and the cells that monitor them are *receptors*.
- 2. Integration
 - The parallel processing and interpretation of sensory information to determine the appropriate response

3. Reaction

- Motor output.
 - The activation of muscles or glands (typically via the release of neurotransmitters (NTs))



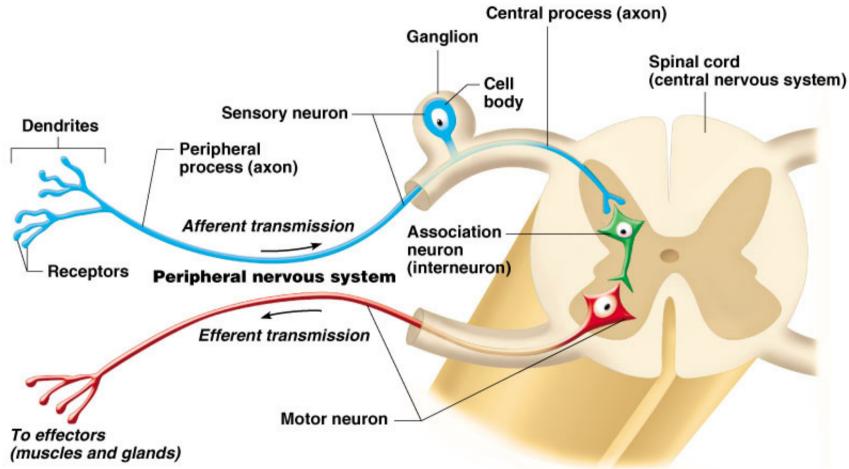
Nervous Tissue

- Highly cellular
- 2 cell types
 - 1. Neurons
 - Functional, signal conducting cells
 - Do not divide
 - Long lived
 - High metabolic activity
 - Electrically excitable
 - 2. Neuroglia
 - Support, nourish, and protect neurons
 - Divide
 - Smaller cells but they greatly outnumber neurons by about 5 to 50
 - 6 types of supporting cells: (4 are found in the CNS, and 2 are found in the PNS.



Functional Classification of Neurons





- White matter: aggregations of myelinated and unmyelinated axons of many neurons
- **Gray matter:** contains neuronal cell bodies, dendrites, unmyelinated axons, axon terminals, and neuroglia

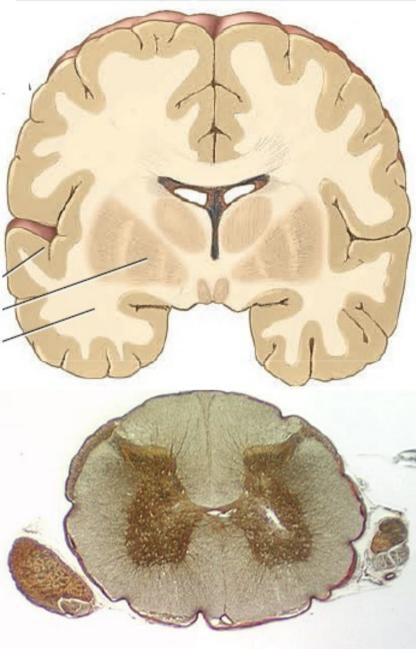
•Nerves: Bundles of processes in the PNS

•**Tracts**: Bundles of processes in the CNS (No Connective tissue)

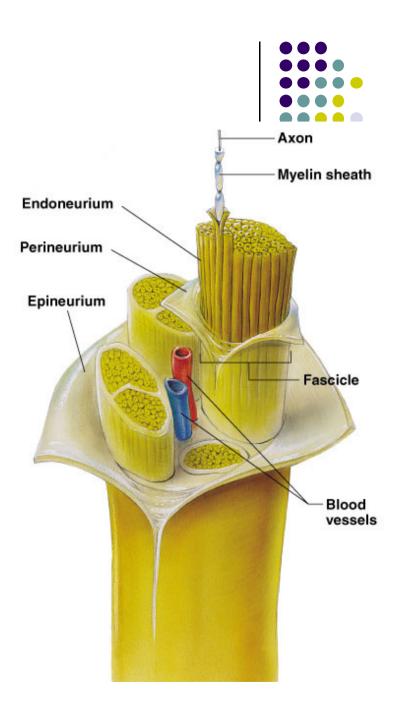
•Ganglion: cluster of nerve cell bodies in PNS

•Nucleus: cluster of nerve cell bodies in CNS (surrounded by white matter)

If not surrounded (Cortex)

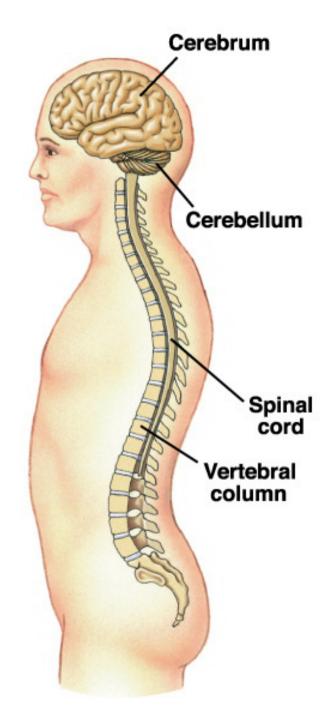


- A bundle of processes in the PNS is a **nerve**.
- Within a nerve, each axon is surrounded by an **endoneurium**
- Groups of fibers are bound together into bundles (fascicles) by a perineurium
- All the fascicles of a nerve are enclosed by a **epineurium**



Organization of the Nervous System

- Anatomical divisions:
 - 1. Central Nervous System -
 - The brain + the spinal cord
 - The center of integration and control
 - 2. Peripheral Nervous System
 - The nervous system outside of the brain and spinal cord
 - Consists of:
 - 31 Spinal nerves
 - Carry info to and from the spinal cord
 - 12 Cranial nerves
 - Carry info to and from the brain



Brain

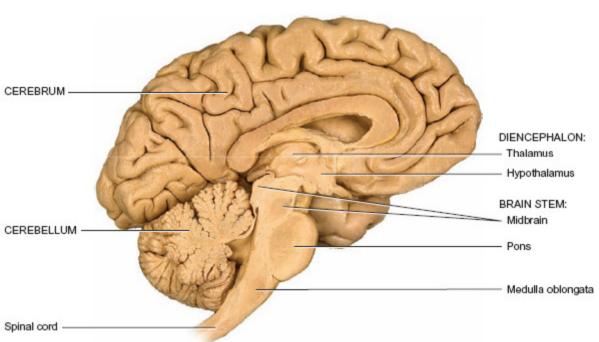
Forebrain: (Prosencephalon)

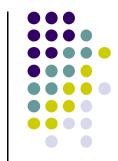
- Cerebrum: (Telencephalon)
- Diencephalon
 - Thalamus
 - Hypothalamus ^{CERI}
 - Epithalamus
 - Subthalamus

• Midbrain:

(Mesencephalon)

- Hindbrain: (Rhombencephalon)
 - Pons
 - Medulla oblingata
 - Cerebellum





Peripheral Nervous System



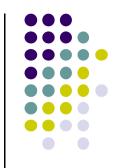
- Responsible for communication between the CNS and the rest of the body.
- Can be divided into:
 - Sensory Division
 - Afferent division
 - Conducts impulses from receptors to the CNS
 - Informs the CNS of the state of the body interior and exterior
 - Sensory nerve fibers can be somatic (from skin, skeletal muscles or joints) or visceral (from organs within the body cavity)
 - Motor Division
 - Efferent division
 - Conducts impulses from CNS to effectors (muscles/glands)
 - Motor nerve fibers

Peripheral Nervous System



- Somatic nervous system
 - 1) Sensory neurons: (*somatic sensory neurons)*
 - convey information to the CNS from sensory receptors in the skin, skeletal muscles, and joints, and from the receptors for the special senses.
 - 2) Motor neurons: (*somatic motor neurons)*
 - VOLUNTARY
 - conduct impulses from the CNS to skeletal muscles

Peripheral Nervous System



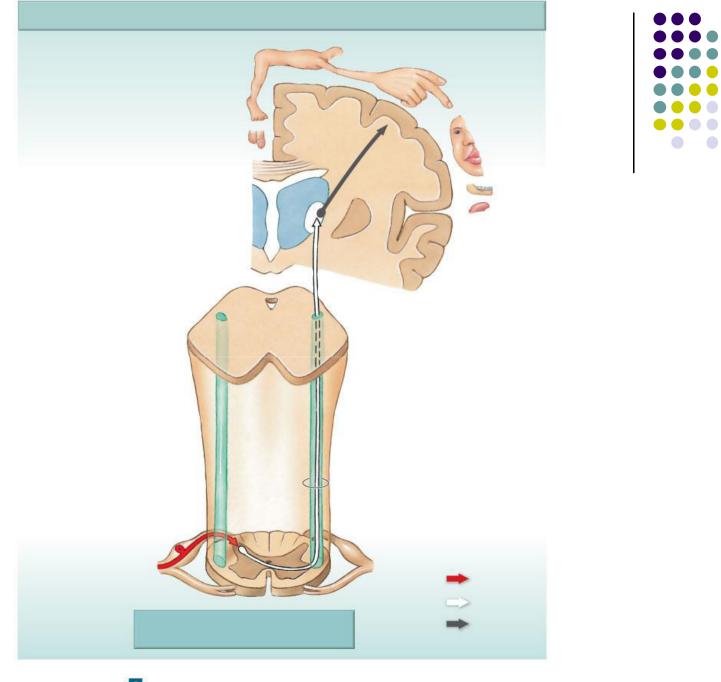
• Autonomic nervous system

1) Sensory neurons: Autonomic (visceral) sensory neurons

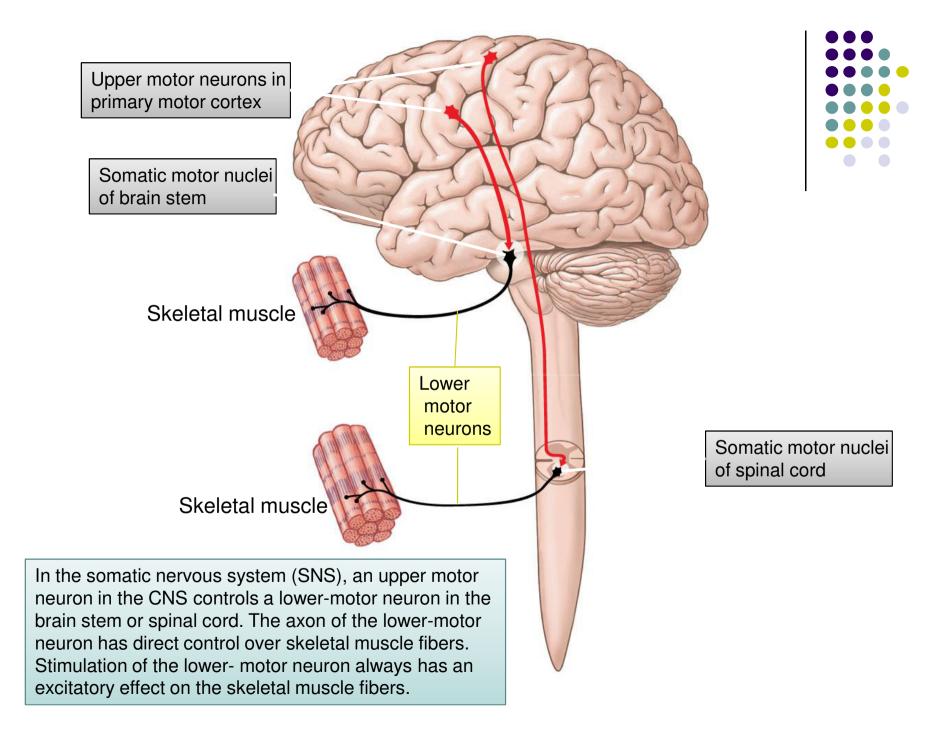
convey information to the CNS from autonomic sensory receptors, located primarily in the visceral organs (smooth muscle organs in the thorax, abdomen, and pelvis)

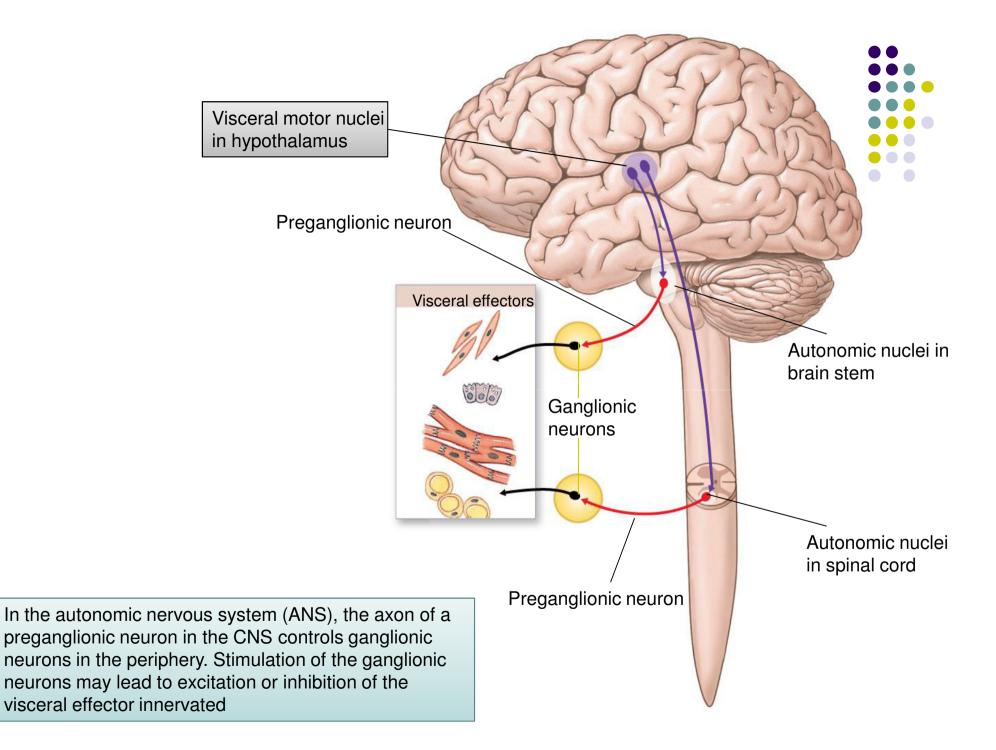
2) Motor neurons: Autonomic motor neurons

- INVOLUNTARY (generally)
- Conducts impulses from the CNS to smooth muscle, cardiac muscle, and glands.





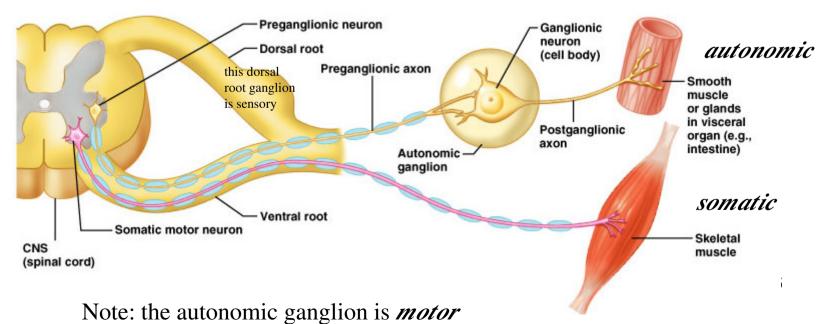




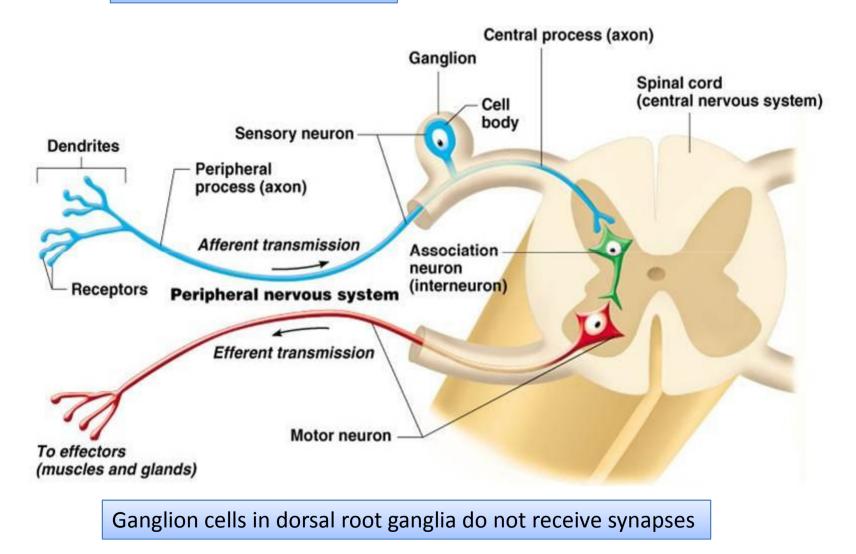


- Axon of 1st (*preganglionic*) neuron leaves CNS to synapse with the 2nd (*ganglionic*) neuron
- Axon of 2nd (*postganglionic*) neuron extends to the organ it serves

Diagram contrasts somatic (lower) and autonomic:

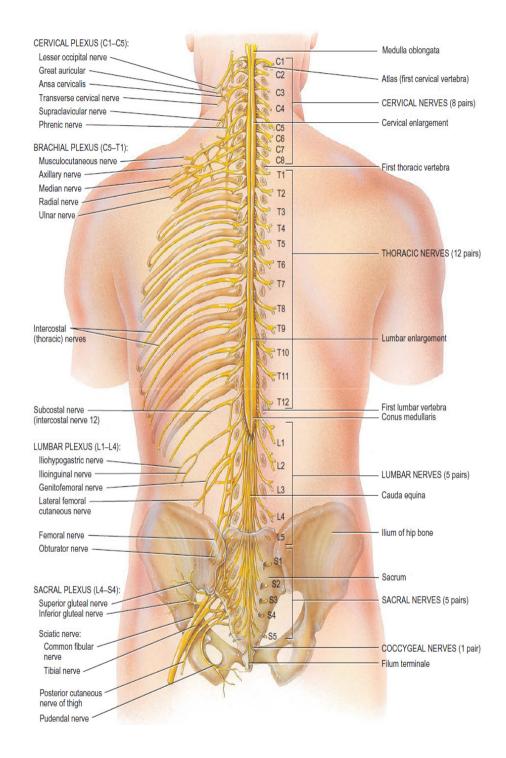


Sensory ganglion



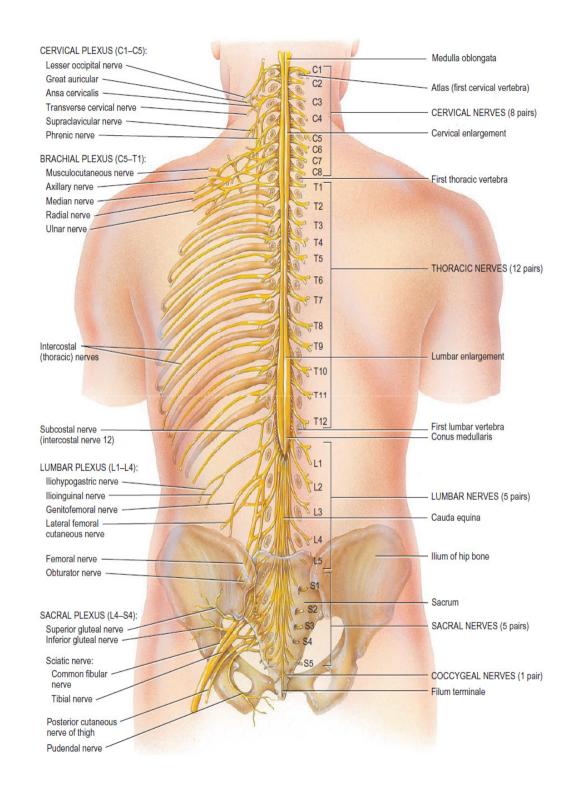
External anatomy of Spinal Cord

- Runs through the vertebral canal
- Extends from foramen magnum to second lumbar vertebra
- Regions
 - Cervical (8)
 - Thoracic (12)
 - Lumbar (5)
 - Sacral (5)
 - Coccygeal (1)
- Gives rise to (31) pairs of spinal nerves
 - All are *mixed* nerves
- Not uniform in diameter
 - Cervical enlargement: supplies upper limbs
 - Lumbar enlargement: supplies lower limbs



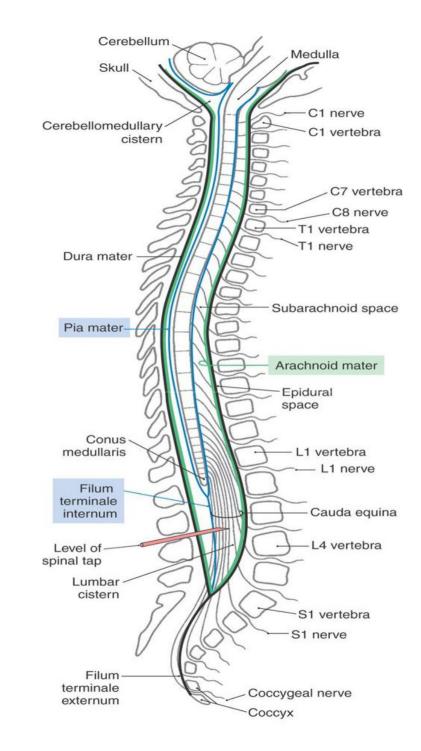
External anatomy of Spinal Cord

- Flattened slightly anteriorly and posteriorly
- length of the adult spinal cord ranges from 42 to 45 cm
- Conus medullaris- tapered inferior end (conical structure)
 - Ends between L1 and L2
- Cauda equina origin of spinal nerves extending inferiorly from conus medullaris.



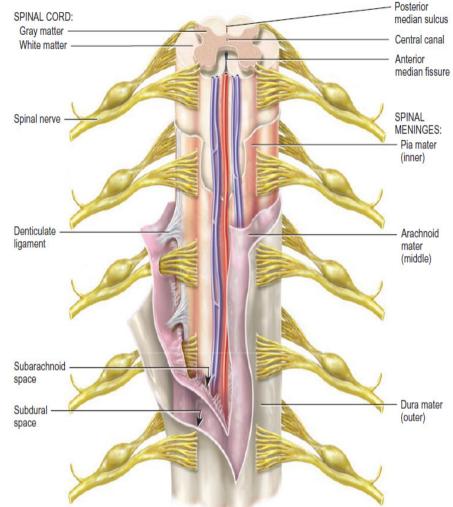
Meninges

- Connective tissue membranes
 - Dura mater:
 - Outermost layer; continuous with epineurium of the spinal nerves
 - Dense irregular connective tissue
 - from the level of the foramen magnum to S2
 - Closed caudal end is anchored to the coccyx by the filum terminale externum
 - Arachnoid mater:
 - Thin web arrangement of delicate collagen and some elastic fibers.
 - Adheres to the inner surface of the dura mater



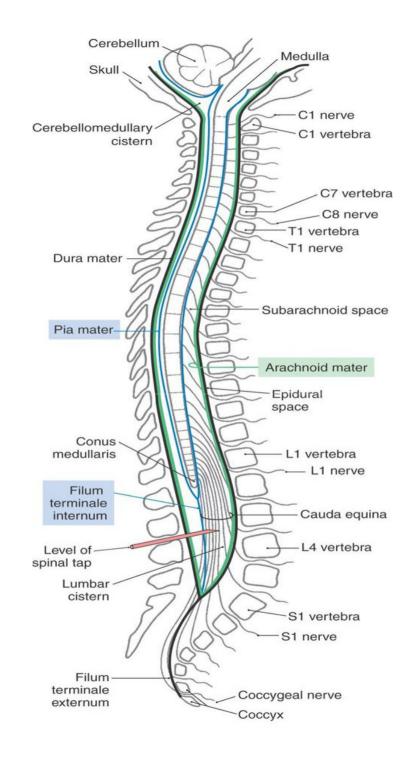
Meninges

- Connective tissue membranes
- Pia mater:
 - Bound tightly to surface
 - Thin transparent connective tissue layer that adheres to the surface of the spinal cord and brain
 - Forms the filum terminale
 - □ anchors spinal cord to coccyx
 - Forms the denticulate ligaments that attach the spinal cord to the arachnoid mater and inner surface of the dura mater



Spaces

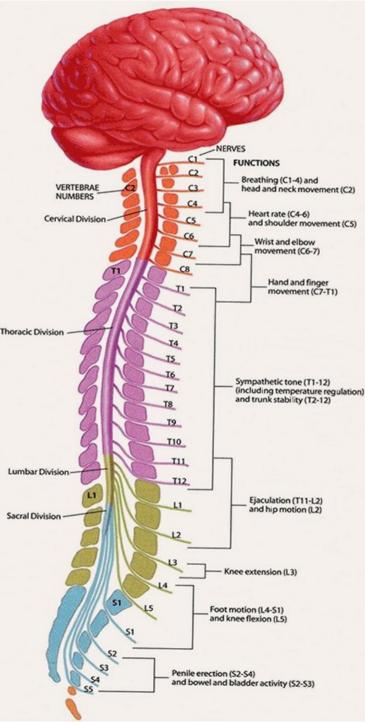
- Epidural: space between the dura mater and the wall of the vertebral canal.
 - Anesthestics injected here
 - Fat-fill
- Subdural space: serous fluid
- Subarachnoid: between pia and arachnoid
 - Filled with CSF
 - Lumbar puncture
 - supracristal line
 - L3-L4

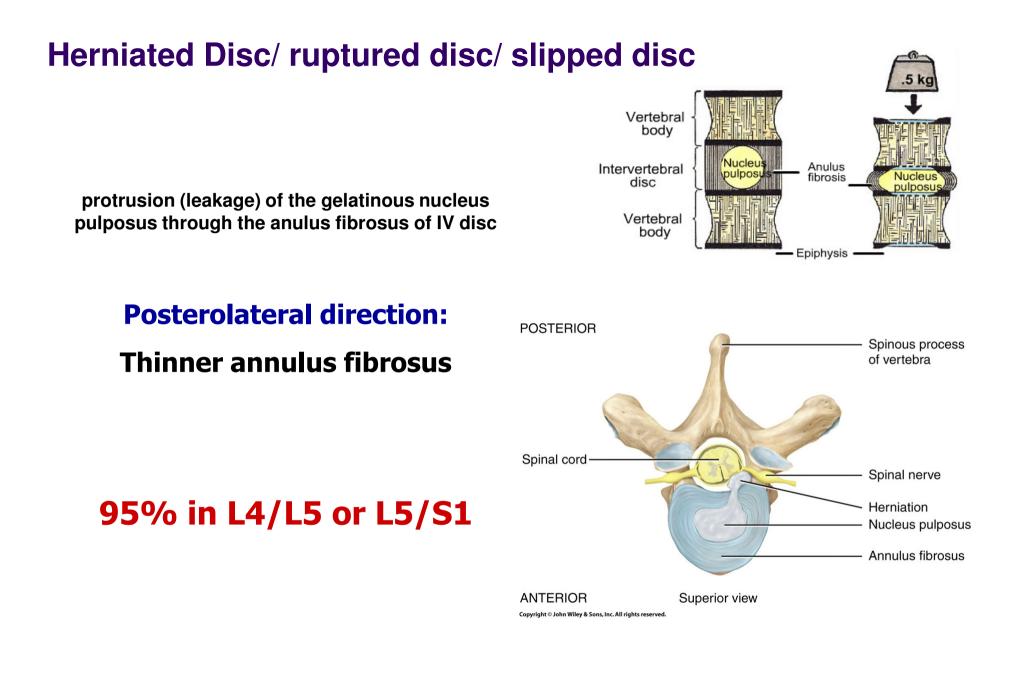


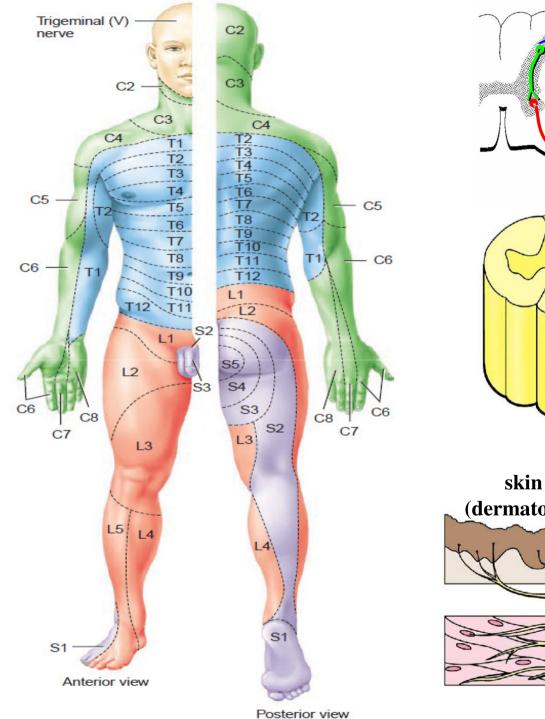
Spinal cord segment

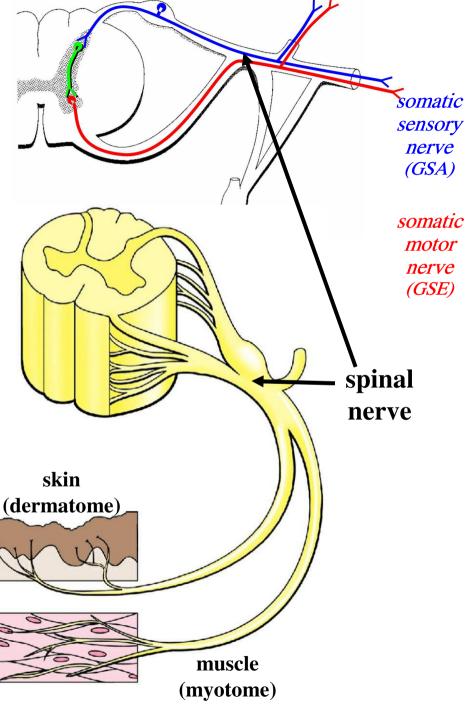
- The segments of the spinal cord are not in line with the corresponded vertebrae and the difference increases as we go downward.
- The roots increase in length as you go downward.
- Every spinal nerve emerges from the spinal column through the intervertebral foramen <u>under</u> its corresponding vertebra
- first 7 cervical nerves pass above their corresponding vertebrae

T3 T5	Spinous process	spinal cord segment	
T3 T5 T9 T12 T10 L1-2 T11 L3-4 T12 L5	C7	C8	
T9 T12 T10 L1-2 T11 L3-4 T12 L5	Т3	T5	Lumbar
T11 L3-4 T12 L5	Т9	T12	Sacral D
T12 L5	T10	L1-2	
	T11	L3-4	
L1 S1-end	T12	L5	
	L1	S1-end	







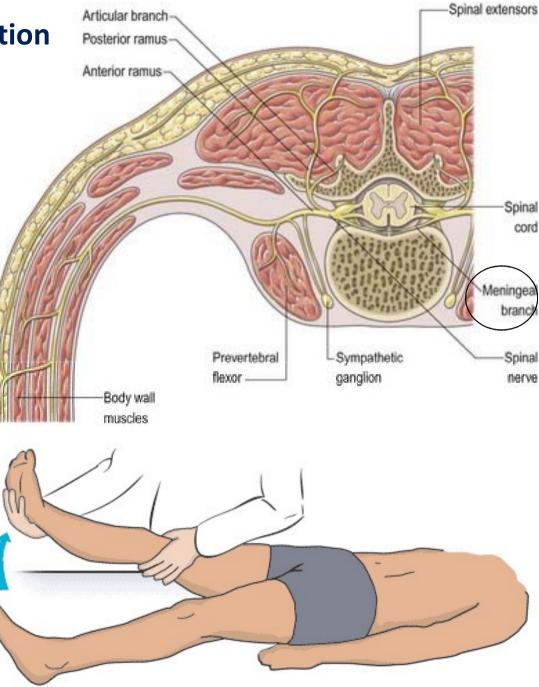


Common lumbar disc problems

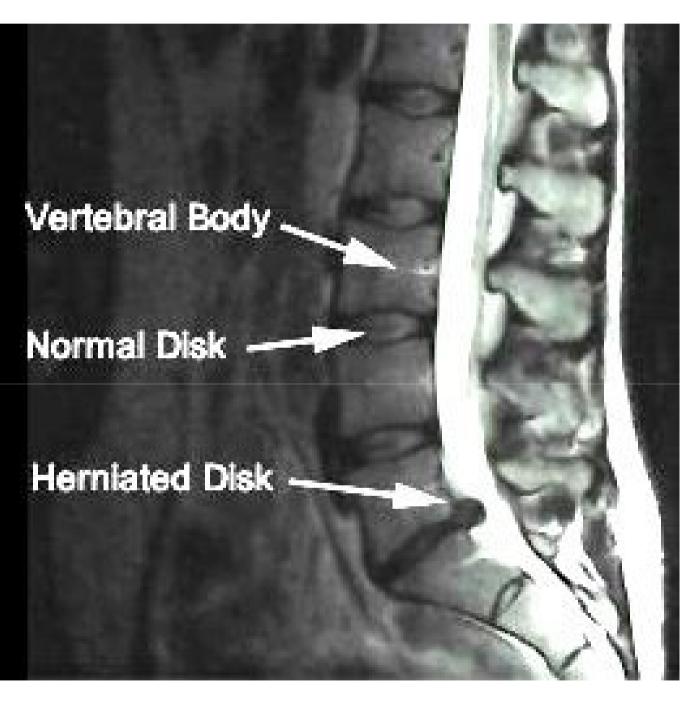
Disc	Root	Percentage	Motor weakness		Sensory changes	Reflex affected
L3-L4	L4	3-10%	Knee extension (Quadriceps femoris		Anteriomedial leg <mark>(saphenous)</mark>	Knee jerk
L4-L5	L5	40-45%	Big toe dorsifelxion (EHL) and TA		Big toe , anteriolateral leg <mark>(Common P)</mark>	Hamstring jerk
L5-S1	S1	45-50%	Foot planter (Gastrocnem		Lateral border of foot <mark>(sural)</mark>	Ankle jerk
Importation myotom of lower limb Test L5: asking the patient to so on his hee Test S1 : asking the to stand or tiptoes	by stand ls by patient	mal interesting of the role of	50° Abduction (hip)	Inversion L4 L5 Subtalar Inversion Eversion (C) Anterior View Dorsiflexion L5 S1 S1 Plantarflexion Metatarsophalan phalangeal (D) Medial View	Flexion (knee) L5 S1	Extension (hip) L2 L3 Extension (knee) L3 L4 Dorsiflexion (ankle) L4 L5 Plantarflexion S1 (ankle) S2

Major symptoms of disc herniation

- Low back pain: radiating to the gluteal region, the back of the thigh and back of the leg
- spinal nerve gives a meningeal branch bring sensation from the dura matter
- Dura matter is sensitive to stretch
- Pain is diffused due to overlapping dermatomes
- Straight Leg Raise Test (SLR)

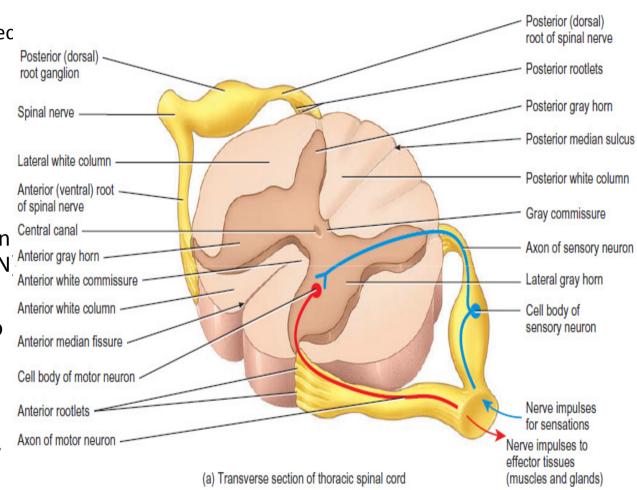


MRI is
 commonly
 used to aid in
 making the
 diagnosis of a
 herniated disc

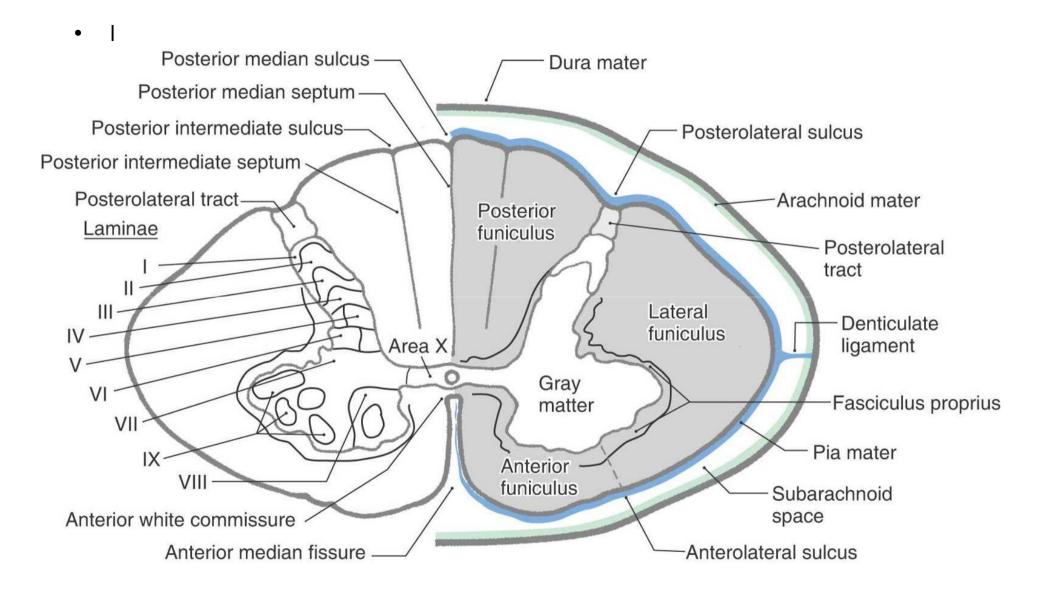


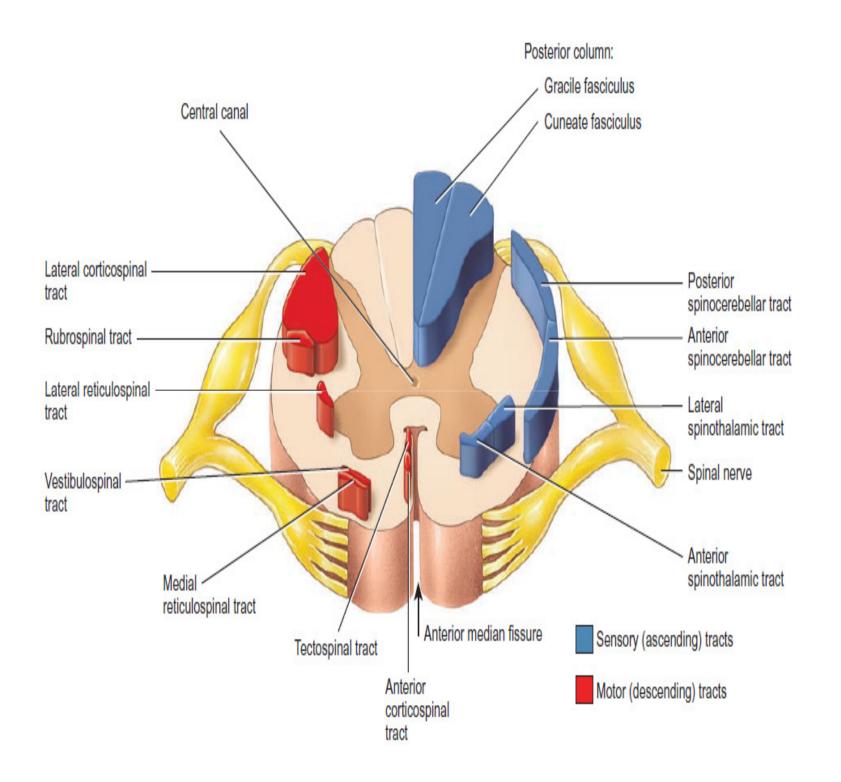
Cross Section of Spinal Cord

- Anterior median fissure: wide groove on the Anterior aspec
- posterior median sulcus:
 Narrow groove on the posterior aspect
- Gray matter: neuron cell bodies, dendrites, axons
 - Divided into horns
 - Posterior (dorsal) horn (cell body of sensory N)
 - Anterior (ventral) horn
 (cell body of motor N to skeletal M)
 - -Lateral horn
 - (cell body of motor N to cardiac M, smooth M, glands)



Cross Section of Spinal Cord





Meissner's corpuscle

- Respond to touch, pressure and low frequency vibration (low frequency)
- rapidly adapting

Merkel's disc (Tactile Disc)

- Discriminative touch
- Slowly adapting

End organ of Ruffini

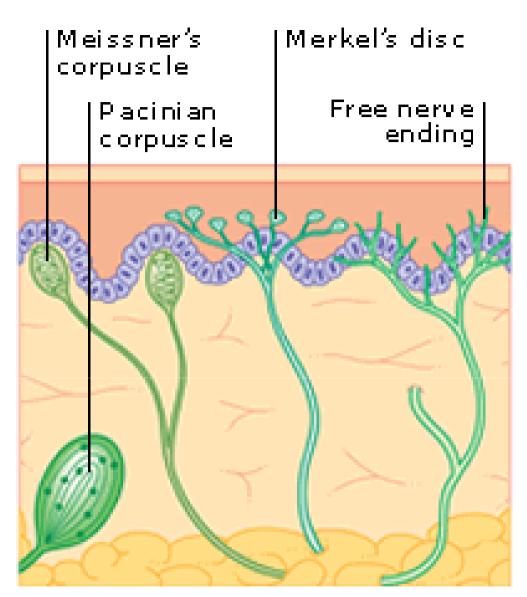
- sensitive to skin stretch
- Slowly adapting

Pacinian corpuscles

- Vibrations (high frequency)
- rapidly adapting

Rapidly adapting: signals fade away after stimulus exposure

Slow adaptation: signals is transmitted as long as the stimulus is present

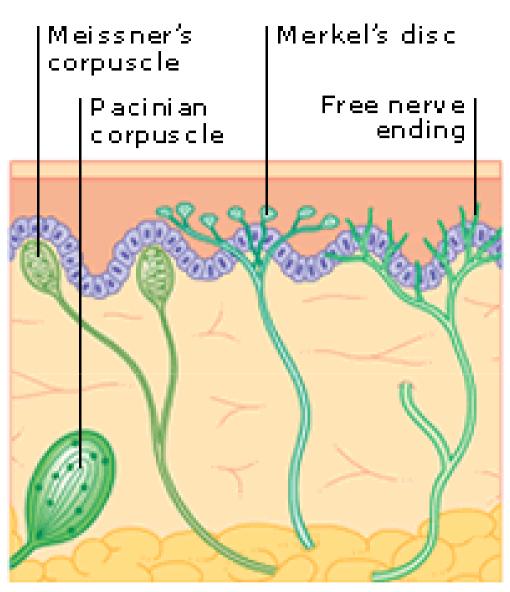


Adaptation of receptors occurs when a receptor is continuously stimulated. Many receptors become less sensitive with continued stimuli. Rapidly adapting receptors are best at detecting **rapidly changing signals**, while slowly adapting receptors are capable of detecting **a long, continuous signal**

Thermoreceptors

- Free nerve endings
- Detect change in temperature
- TRP channels

- Free nerve endings
- Detect damage (pain receptors)
- Multimodal



Adaptation of receptors occurs when a receptor is continuously stimulated. Many receptors become less sensitive with continued stimuli. Rapidly adapting receptors are best at detecting rapidly changing signals, while slowly adapting receptors are capable of detecting a long, continuous signal

Modality	Submodality	Receptor	Fiber type	Conduction velocity (m s ⁻¹)	Role in perception
Mechanoreception	SAI	Merkel cell	Aβ	42-72	Pressure, form, texture
	RA	Meissner corpuscle	Aβ	42-72	Flutter, motion
	SAII	Ruffini corpuscle	Aβ	42-72	Unknown, possibly skin stretch
	PC	Pacinian corpuscle	Aβ	42-72	Vibration
Thermoreception	Warm	Bare nerve endings	С	0.5-1.2	Warmth
	Cold	Bare nerve endings	Αδ	12-36	Cold
Nociception	Small, myelinated	Bare nerve endings	Αδ	12-36	Sharp pain
	Unmyelinated	Bare nerve endings	С	0.5-1.2	Burning pain
Propioception	Joint afferents	Ruffini-like and paciniform-like endings, bare nerve	Aβ	42–72	Protective function against hyperextention
	Golgi tendon organs	Golgi endings	Aα	72-120	Muscle tension
	Muscle spindles	Type I	Aα	72-120	Muscle length and velocity
		Туре II	Aβ	42-72	Muscle length
	SAII	Ruffini corpuscle	Aβ	42-72	Joint angle?

TABLE 25.1 Summary of Primary Afferent Fibers and Their Roles

Receptive field

(a) Many primary sensory

neurons converging onto

a single secondary neuron

creates a very large receptive

ield. The two stimuli will

be perceived as a single

point because both stimuli

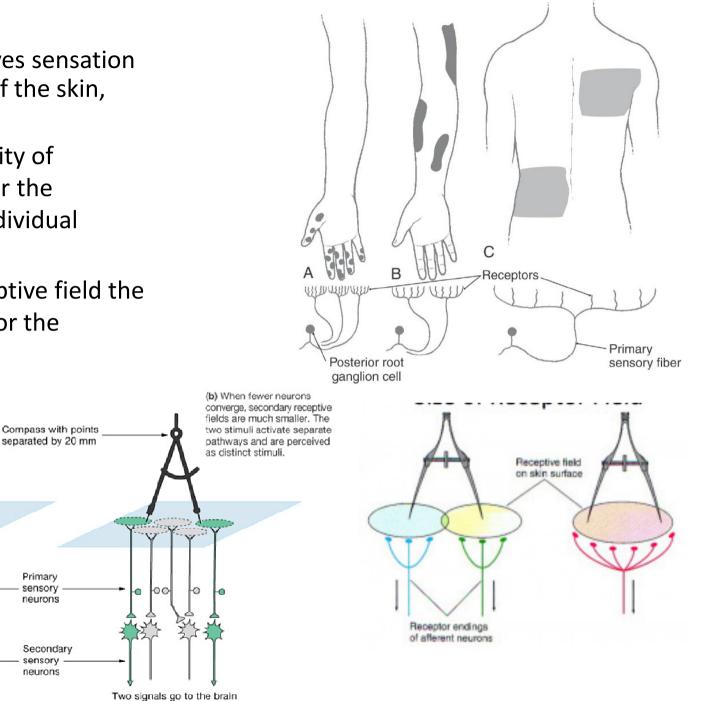
all within the same receptive

field.

- Every receptor receives sensation from a certain area of the skin, (receptive field)
- The greater the density of receptors, the smaller the receptive fields of individual afferent fibers
- The smaller the receptive field the greater is the acuity or the discriminative touch

One signal goes

to the brain



Labelled line theory

- individual receptors preferentially transduce information about an adequate stimulus
- individual primary afferent fibres carry information from a single type of receptor
- Conclusion:
- pathways carrying sensory information centrally are therefore also specific, forming a "labelled line" regarding a particular stimulus
 - > Note: The adequate stimulus is the amount and type of energy required to stimulate a specific sensory organ

Gensation:

- Modality
- ➢ Locality
- Intensity

Posterior White Column-Medial Lemniscal Pathway

 Modality: Discriminative Touch Sensation (include Vibration) and Conscious Proprioception

• Receptor: Most receptors except free nerve endings

Ist Neuron: Dorsal Root
 Ganglion

 2nd Neuron: Dorsal Column Nuclei (Nucleus Gracilis and Cuneatus)

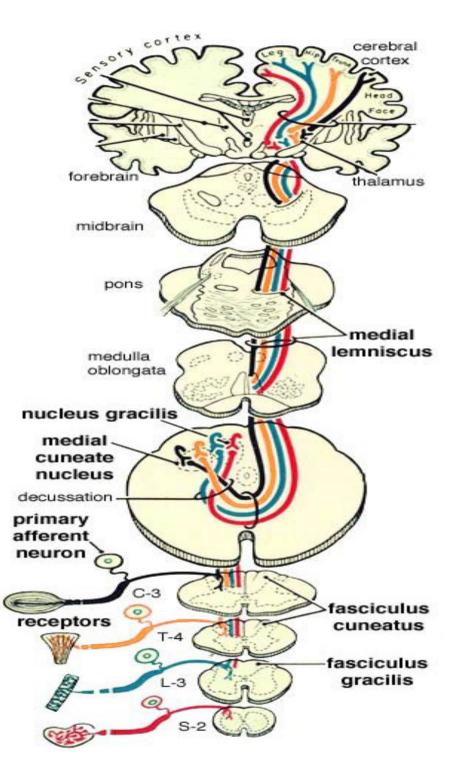
---Internal Arcuate Fiber -

Lemniscal Decussation

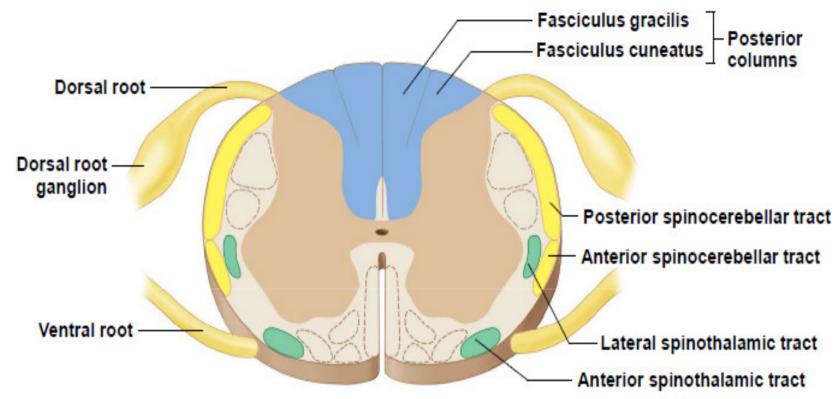
---Medial Lemniscus

3rd Neuron: Thalamus (VPL)
 Internal Capsule ----- Corona
 Radiata

Termination: Primary
 Somesthetic Area (S I)



Posterior White Column-Medial Lemniscal Pathway



Discriminative touch, vibratory sense, and conscious muscle-joint sense

Posterior Column tract consists of:

•Fasciculus gracilis

•Transmits information coming from areas inferior to T6

Fasciculus cuneatus

•Transmits information coming from areas superior to T6

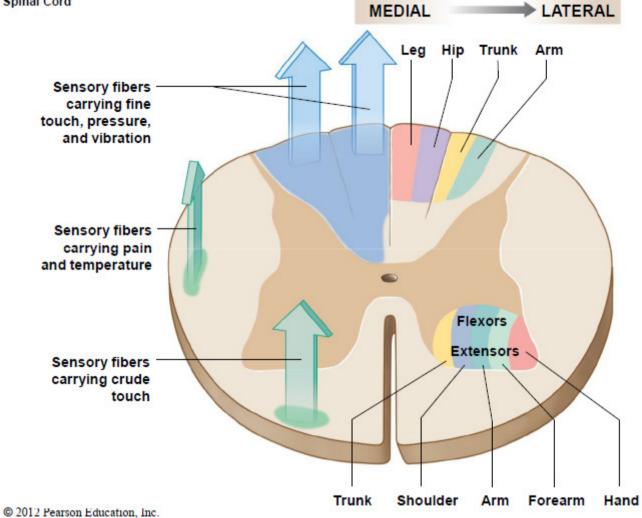
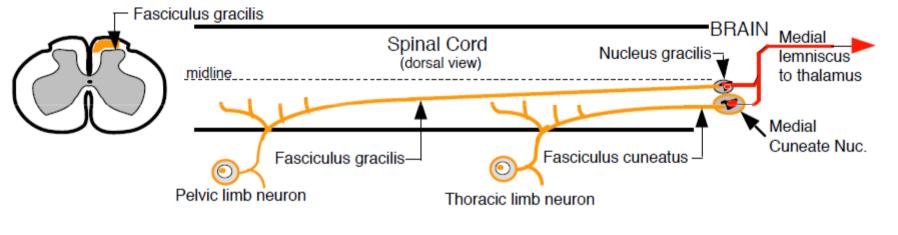
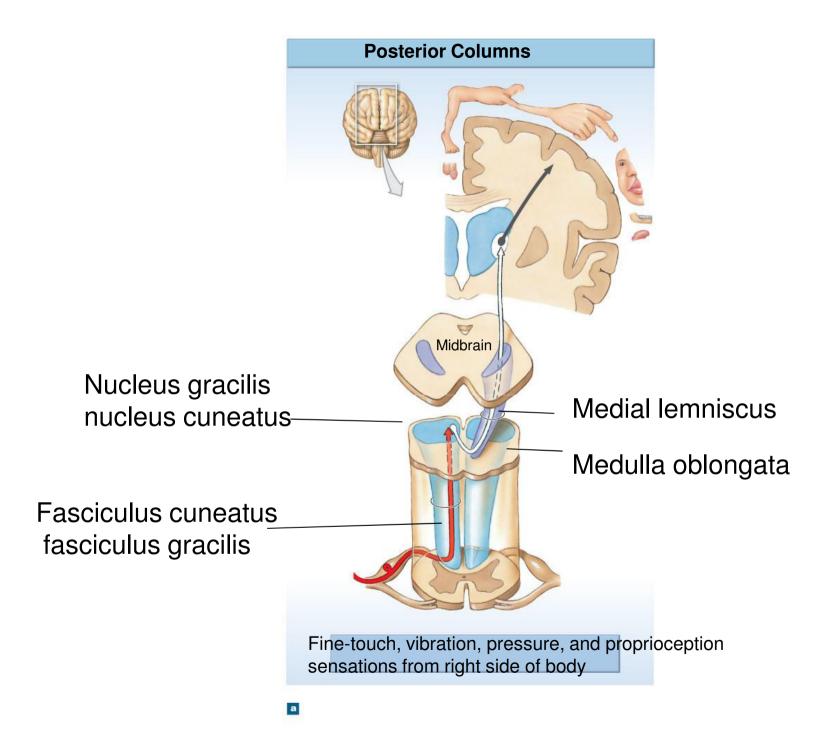


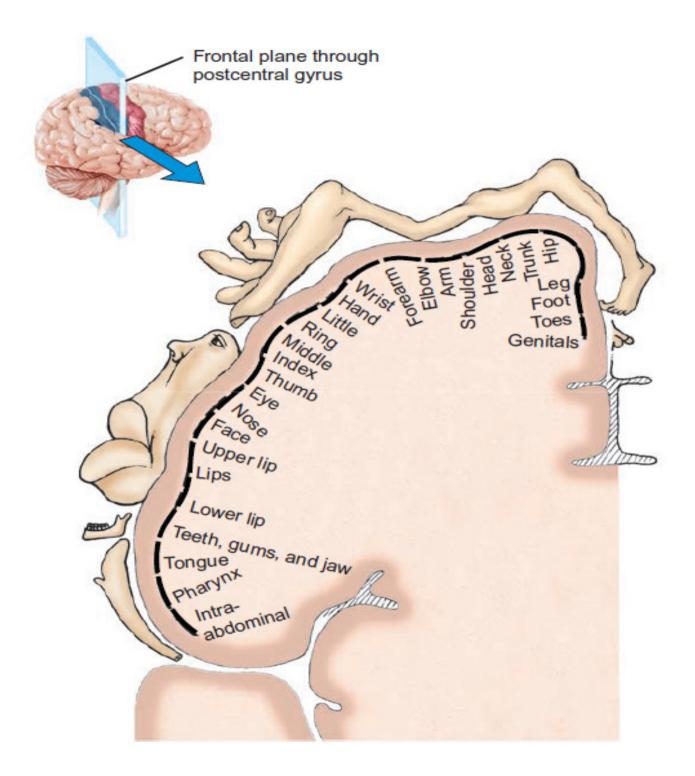
Figure 15.1 Anatomical Principles for the Organization of the Sensory Tracts and Lower-Motor Neurons in the Spinal Cord

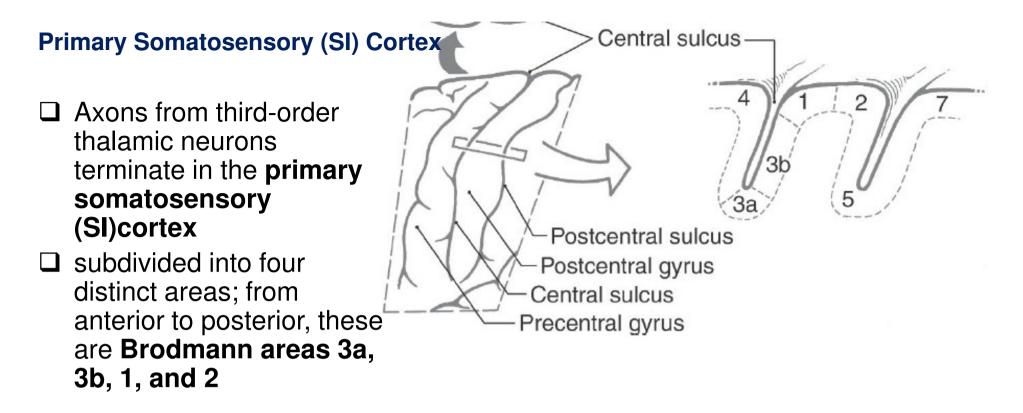
Discriminative Touch Spinal Pathway





ELECTROPHYSIOLOGIC CLASSIFICATION OF PERIPHERAL NERVES	CLASSIFICATION OF AFFERENT FIBERS ONLY (CLASS/GROUP)	FIBER DIAMETER (µm)	CONDUCTION VELOCITY (m/s)	RECEPTOR SUPPLIED
Sensory Fiber Type				
Aa	la and Ib	13-20	80-120	Primary muscle spindles, Golgi tendon organ
Αβ	11	6-12	35-75	Secondary muscle spindles, skin mechanoreceptors
Αδ	ш	1-5	5-30	Skin mechanoreceptors, thermal receptors, and nociceptors
С	IV	0.2-1.5	0.5-2	Skin mechanoreceptors, thermal receptors, and nociceptors
Motor Fiber Type				
Aa	N/A	12-20	72-120	Extrafusal skeletal muscle fibers
Aγ	N/A	2-8	12-48	Intrafusal muscle fibers
В	N/A	1-3	6-18	Preganglionic autonomic fibers
С	N/A	0.2-2	0.5-2	Postganglionic autonomic fibers



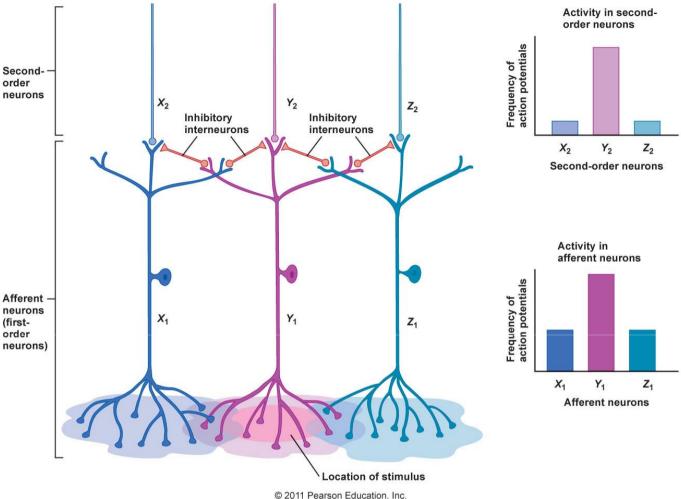


- > Area 3a: muscle spindle afferents (mainly)
- Area 2: Golgi tendon organs, and joint afferents (mainly).
- Areas 3b and 1: They receive cutaneous afferents from receptors such as Meissner corpuscles and Merkel cells). also receive input from cutaneous receptors that transmit pain and temperature

Lateral inhibition

The receptor at the site of most intense stimulation is activated to the greatest extent.
 Surrounding receptors are also stimulated but to a lesser degree

 The most intensely activated receptor pathway halts transmission of impulses in the less intensely stimulated pathways through lateral inhibition

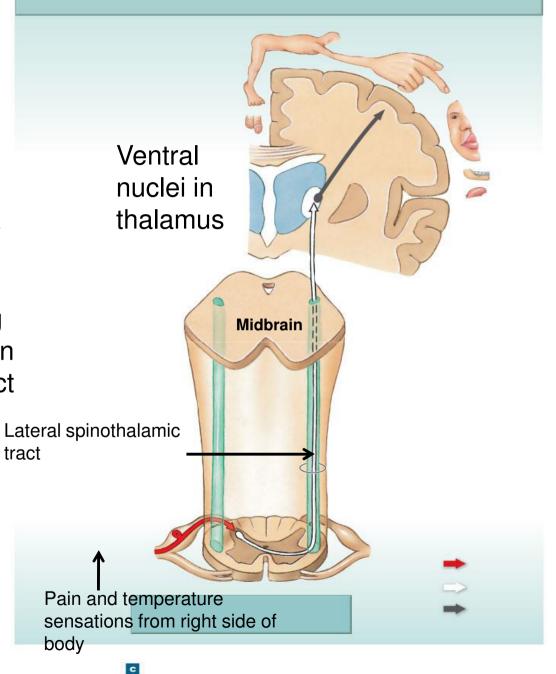


This process facilitates the localization of the

site of stimulation

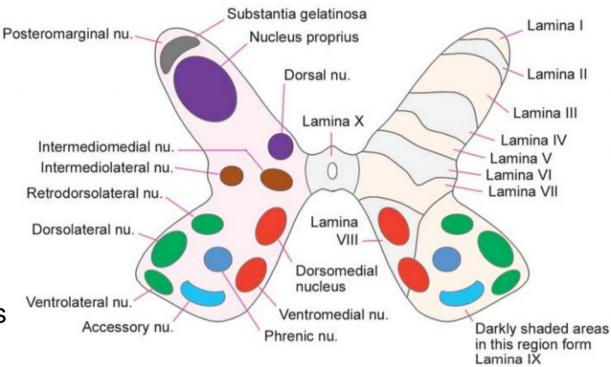
lateral spinothalamic tract

- Modality: pain and temperature
- Receptors: free nerve endings
- 1st Neuron: Dorsal root ganglia
- 2nd Neuron: the posterior gray column (substantia gelatinosa) The axons of 2nd order neurons cross obliquely to the opposite side in the anterior gray and white commissures, ascending in the contralateral white column as the lateral spinothalamic tract
- 3rd Neuron: Thalamus (VPL)
 Internal Capsule ----- Corona
 Radiata
- Termination: Primary Somesthetic Area (S I) and Widespread Cortical Region



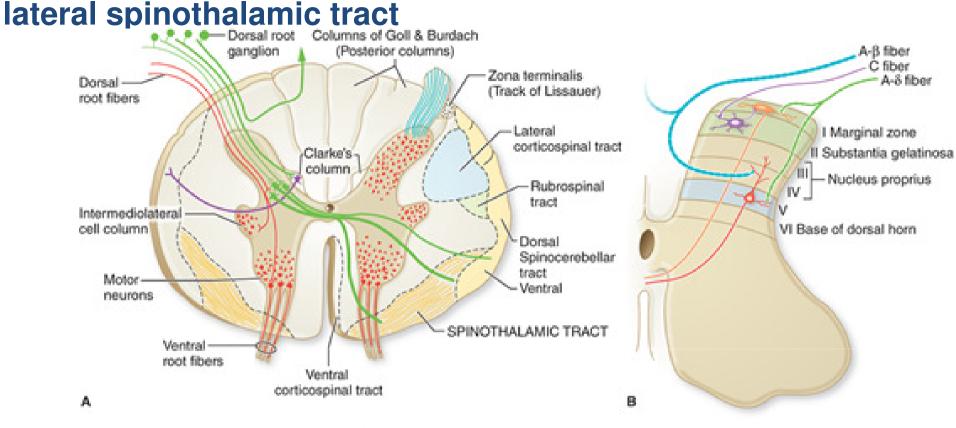
Rexed laminae

- Lamina 1 relay information related to pain and temperature
- Lamina 2: relay information related to pain and temperature (pain modulation)
- Lamina 3 and 4: nucleus proprius; these laminae have many interneurons Fig



have many interneurons Fig. 5.2. Subdivisions of the grey matter of the spinal cord. The left half of the figure shows the cell groups usually described. The right half shows the newer concept of laminae.

- Lamina 5: relay information related to pain and temperature
- Lamina 6: presents only at the cervical and lumbar enlargements and receives proprioception
- Lamina 7: Intermedio-lateral nucleus, contains preganglionic fibers of sympathetic (T1 -L2). Intermedio-medial nucleus, all over the spinal cord, receive visceral pain. Dorsal nucleus of Clark's presents at (C8 – L2 or T1-L4), relay center for unconscious proprioception



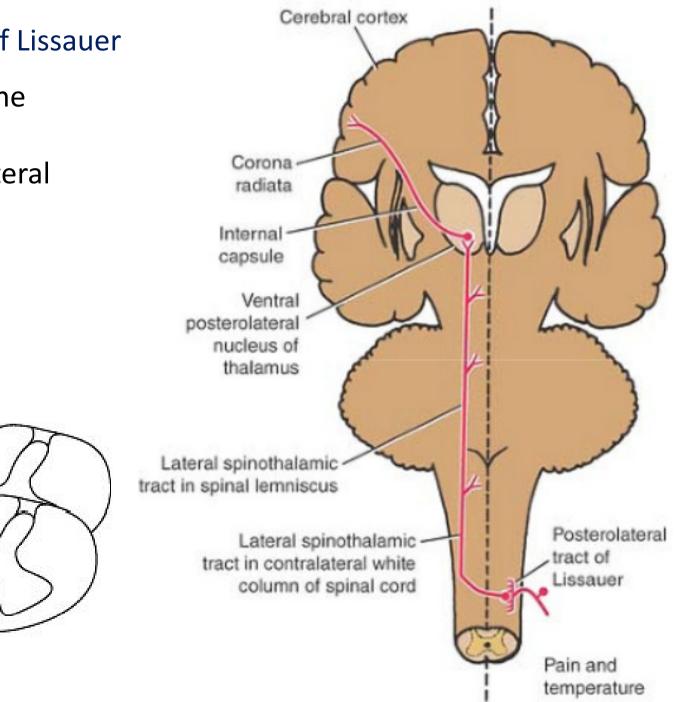
Source: Ropper AH, Samuels HA, Klein JP: Adams and Victor's Principles of Neurology, Tenth Edition: www.accessmedicine.com Copyright © The McGraw-Hill Companies, Inc. All rights reserved.

- Lamina 1+ 5: the spinothalamic tract ascend which transmit pain, temperature and touch. (A delta fibers)
- Lamina 1+ 2: the spinothalamic tract ascend (C fibers).

Posterolateral tract of Lissauer

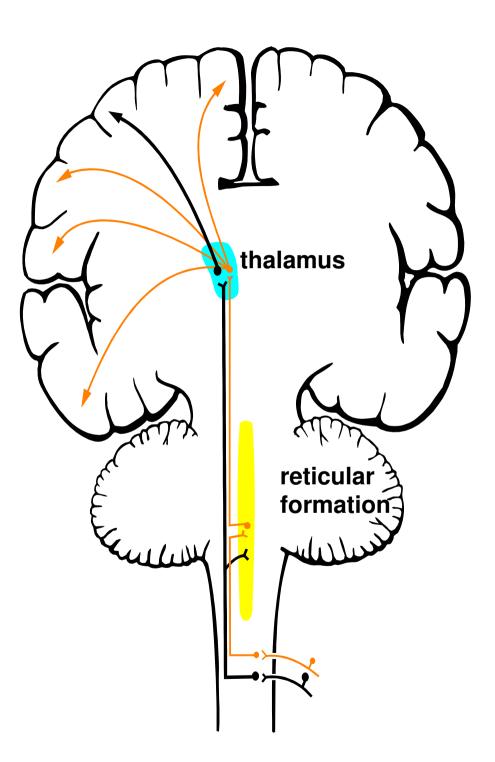
located between the posterior white column and the lateral white column

Lissauer's tract



Other Terminations of the Lateral Spinothalamic Tract

- Reticular formation: (majority of the slow pain fibers) individual becomes aware of the pain
- Cingulate gyrus: interpretation of the emotional aspect of pain
- Insular gyrus: concerned with the interpretation of pain stimuli from the internal organs of the body and brings about an autonomic response



Pain classifications slow and fast

Fast Pain	Slow Pain	
Sharp, pricking	Dull, burning	
(Aδ) fiber	(C) fiber	
Short latency	Slower onset	
Well localized	Diffuse	
Short duration	Long duration	
Less emotional	Emotional, autonomic response	
Mostly from superficial structures	Superficial & deep structures	
Spinothalamic	Spinoreticular	
lamina I & V	lamina I & II	
VPL nucleus	VPL & intraluminar nucleus	

Pain According to origin

- **Cutaneous:** skin
- Deep somatic: muscles , bones , joints & ligaments , dull diffuse
- Intermittent claudication: muscle pain which occurs during exercise classically in the calf muscles due to peripheral artery disease (blood supply is not enough to remove the metabolites esp. lactic acid)
- □ Visceral: poorly localized & transmitted via C fibers
 - Chemoreceptors, baroreceptors, osmoreceptors, and stretch receptors
 - Sensitive to ischemia, stretching, and chemical damage
 - Often referred

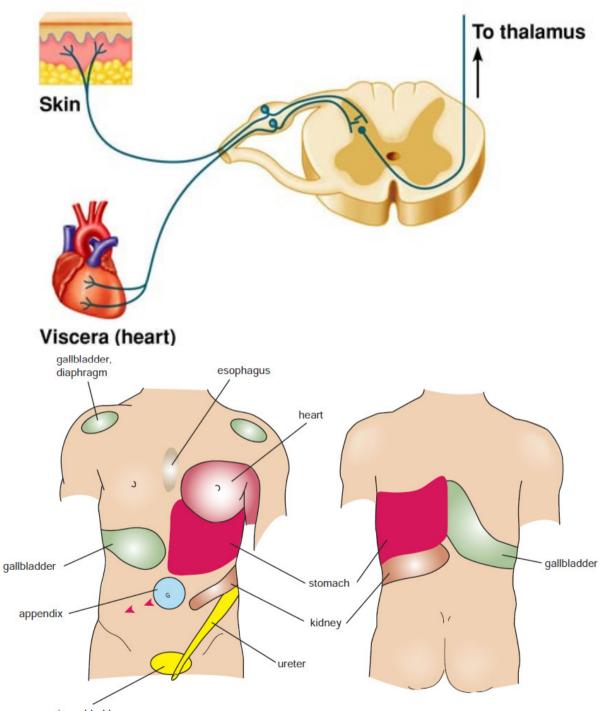


- **Cuases of visceral pain**
- Distention of bladder and abdominal viscera
- ➢ Ischemia
- Spasm: leads to blood vessels compressions and accumulation of metabolites.
- Chemical damage :HCl from perforated ulcer

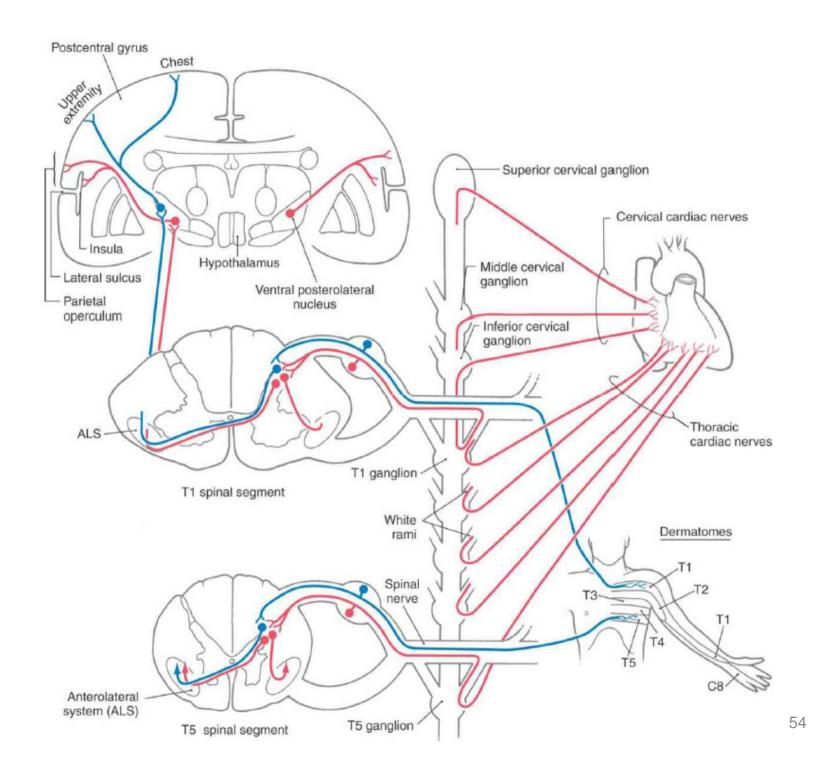
Referred pain mechanism

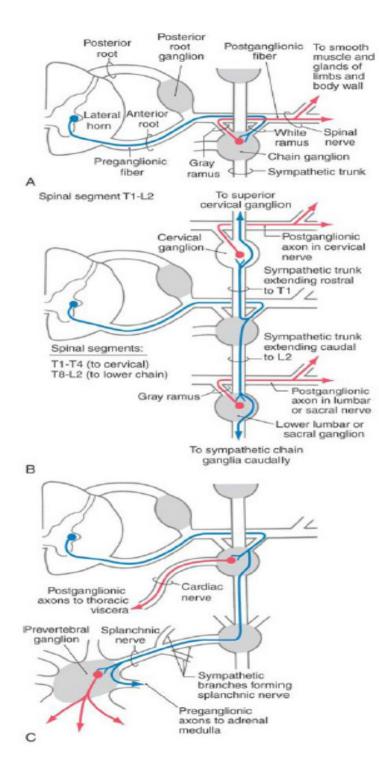
convergence theory

- Referred pain is presumed to occur because the information from multiple nociceptor afferents converges onto individual spinothalamic tract neurons
- The brain therefore interprets the information coming from visceral receptors as having arisen from receptors on the body surface, since this is where nociceptive stimuli originate more frequently

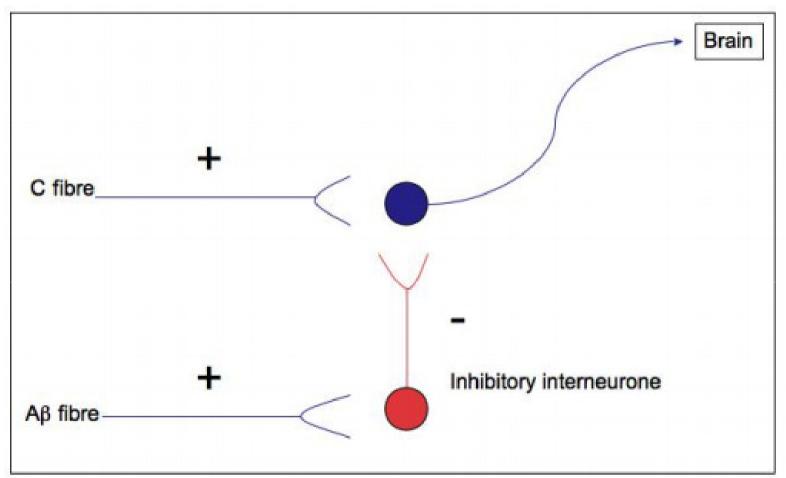


urinary bladder





Pain Control in the Central Nervous System The Gating Theory

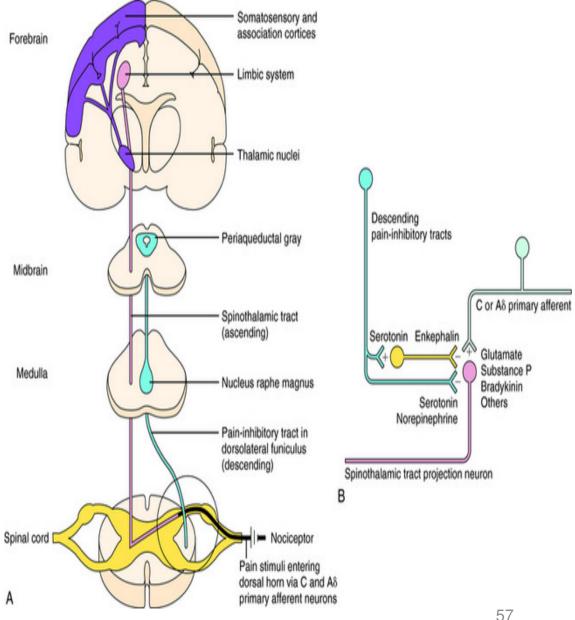


• At the site where the pain fiber enters the central nervous system, inhibition could occur by means of connector neurons excited by large, myelinated afferent fibers carrying information of nonpainful touch and pressure

Pain Control in the Central Nervous System Descending control of pain

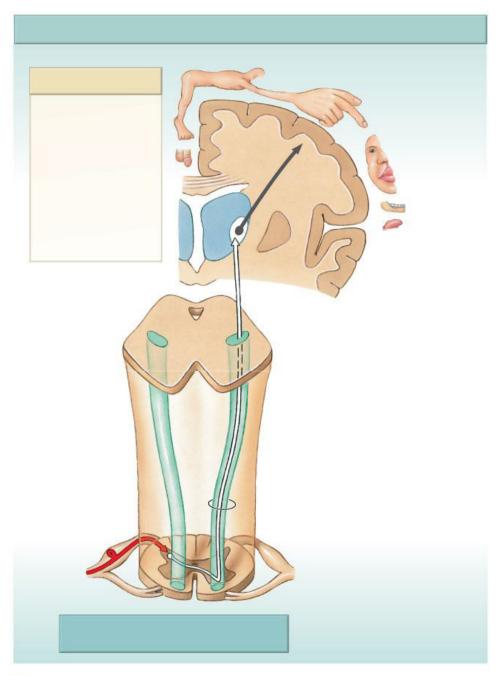
- Spinoreticular fibers stimulates Forebrain periaqueductal gray (PAG)
- Exitatory neurons of PAG projects to Nucleus raphe magnus (NRM)
- (NRM) neurons produces serotonin which activates inhibitory neurons that secretes enkephalins and the endorphins (morphinelike actions) in substantia gelatinosa

Locus coeruleus (in Pons), thought to directly inhibit substantia gelatinosa neurons



Anterior spinothalamic tract

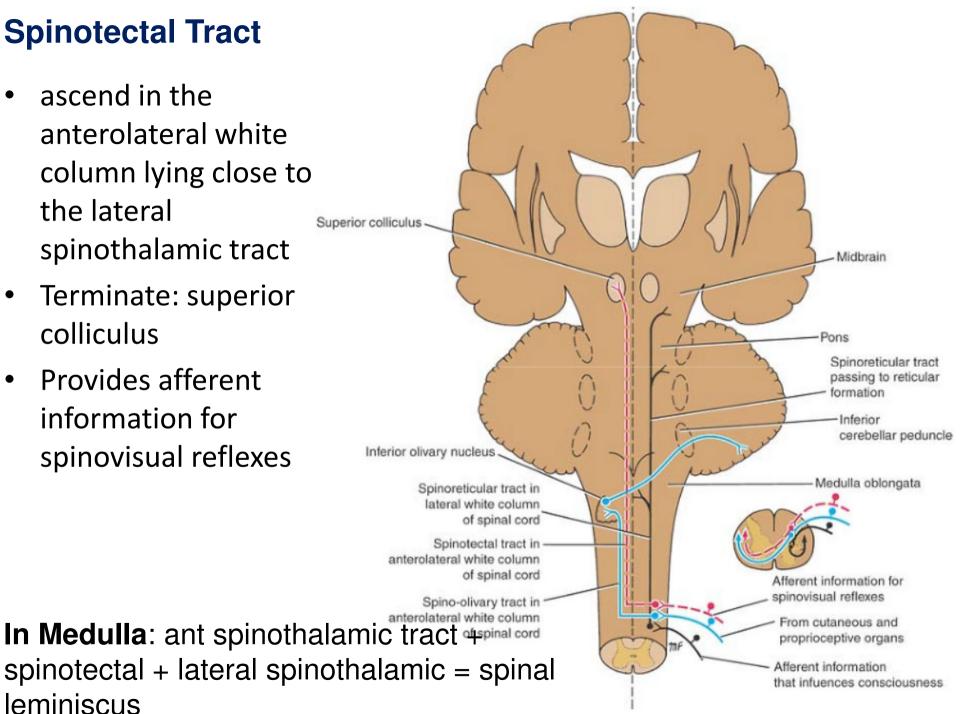
- Modality: crude touch and pressure
- Receptors: free nerve endings
- 1st Neuron: Dorsal root ganglia
- 2nd Neuron: the posterior gray column (nucleus proprius) The axons of 2nd order neurons cross obliquely to the opposite side in the anterior gray and white commissures, ascending in the contralateral white column as the Anterior spinothalamic tract
- 3rd Neuron: Thalamus (VPL) Internal Capsule ----- Corona Radiata
- Termination: Primary Somesthetic Area (S I)



Spinotectal Tract

- ascend in the anterolateral white column lying close to the lateral spinothalamic tract
- Terminate: superior colliculus
- **Provides afferent** information for spinovisual reflexes

leminiscus



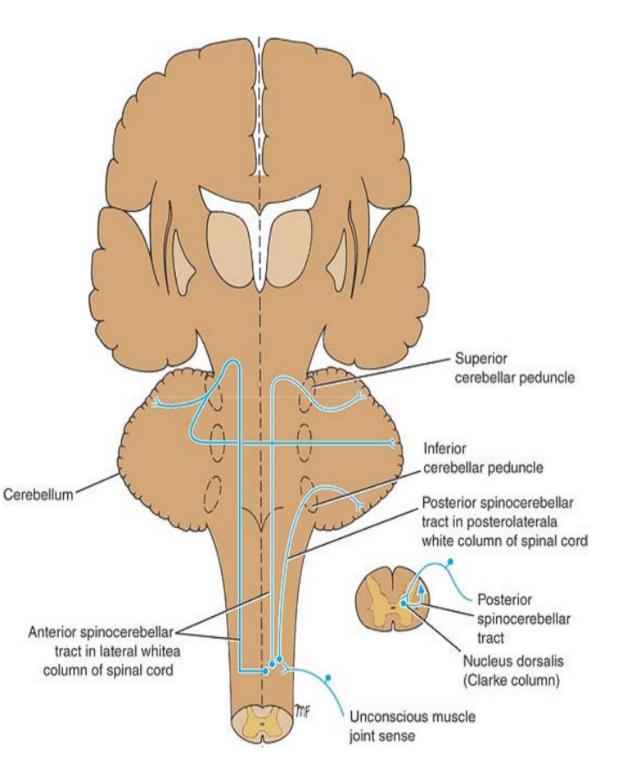
Posterior spinocerebellar

muscle and joint sensation
1st order neuron axons terminate at the base of post gray column (nucleus dorsalis or Clarks nucleus)
the axons of 2nd order neurons enter posterolateral part of the lateral white matter on the same side

 ascend as the posterior spinocerebellar tract to medulla oblongata

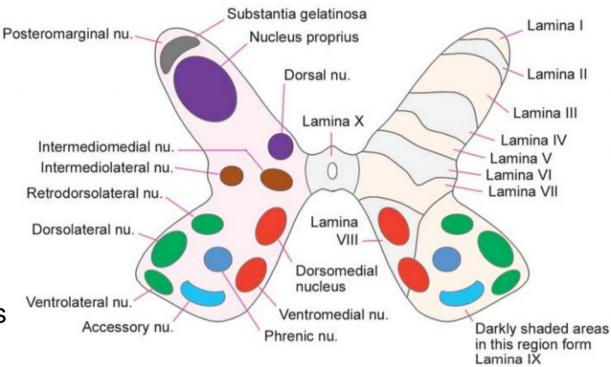
•Terminates in cerebellar cortex (through inferior cerebellar peduncle)

> note: axons of lower lumbar and sacral spinal nerves ascend in the posterior white column until they reach L3 or L4 segments where they synapse with nucleus dorsalis



Rexed laminae

- Lamina 1 relay information related to pain and temperature
- Lamina 2: relay information related to pain and temperature (pain modulation)
- Lamina 3 and 4: nucleus proprius; these laminae have many interneurons Fig



have many interneurons Fig. 5.2. Subdivisions of the grey matter of the spinal cord. The left half of the figure shows the cell groups usually described. The right half shows the newer concept of laminae.

- Lamina 5: relay information related to pain and temperature
- Lamina 6: presents only at the cervical and lumbar enlargements and receives proprioception
- Lamina 7: Intermedio-lateral nucleus, contains preganglionic fibers of sympathetic (T1 -L2). Intermedio-medial nucleus, all over the spinal cord, receive visceral pain. Dorsal nucleus of Clark's presents at (C8 – L2 or T1-L4), relay center for unconscious proprioception

Anterior spinocerebellar tract

muscle and joint sensation
1st order neuron axons terminate at the base of post gray column (nucleus dorsalis)

• the majority of axons of 2nd order neurons cross to opposite side and ascend as

anterior spinocerebellar tract in the contralateral white column

➤ the minority of axons ascend as anterior spinocerebellar tract in the lateral white column Of the same side

ascend as anterior spinocerebellar tract to medulla oblongata and pons
Terminates in cerebellar cortex (through superior cerebellar peduncle)

the fibers that crossed over in spinal cord cross back within cerebellum

