ANATOMY OF THE HEART
The Heart

- The heart, slightly larger than one’s loosely clenched fist

- It is a double, self-adjusting suction and pressure pump (Moore, clinically oriented Anatomy)

The heart is a pair of valved muscular pumps combined in a single organ (Gray’s Anatomy)

- The general shape of the heart is that of a pyramid that has fallen over and is resting on one of its sides.

It has:
AN APEX
A BASE
4 SURFACES & BORDERS
The surfaces of the pyramid consist of:

1-a diaphragmatic (inferior) surface
2-anterior (sternocostal) surface
3-right pulmonary surface
4-left pulmonary surface
The apex of the heart

- Is formed by the **inferolateral** part of **the left ventricle**

- It is directed downward forward, and to the left
  - Lies posterior to **the left 5th intercostal space**
  - Usually approximately **9 cm** (a hand's breadth) from the median plane

- It is where the **sounds** of **mitral valve closure** are maximal (apex beat); the apex underlies the site where the heartbeat may be **auscultated** on the thoracic wall.
Is the heart’s posterior aspect formed mainly by the left atrium, with a lesser contribution by the right atrium.
The base of the heart

Faces posteriorly toward the bodies of vertebrae T6–T9 and is separated from them by the pericardium, oblique pericardial sinus.

Esophagus

Aorta
The sternocostal surface

is formed mainly by the right atrium and the right ventricle
The diaphragmatic surface

It is formed mainly by the **right and left ventricles** separated by the **posterior interventricular groove**

The **inferior surface of the right atrium**, into which the inferior vena cava opens, **also forms part of this surface**

it is related mainly to the central tendon of the diaphragm
The left pulmonary surface

faces the left lung, is broad and convex, and consists of
**the left ventricle and a portion of the left atrium**

It forms the cardiac impression in the left lung

The right pulmonary surface

faces the right lung, is broad and convex, and consists of **the right atrium**
Borders of the Heart on an X-ray

The right border in a standard posterior-anterior view consists of:
The superior vena cava
The right atrium
The inferior vena cava

The left border consists of:
The arch of the aorta,
The pulmonary artery
The left ventricle

The inferior border consists of:
The right ventricle
The left ventricle at the apex

Standard posterior-anterior view of the chest
The coronary sulcus
circles the heart, separating the atria from the ventricles

*It contains*

*The right coronary artery*
*The small cardiac vein*
*The coronary sinus*
*The circumflex branch of the left coronary artery*
The anterior interventricular sulcus

- Is on the anterior surface of the heart
  - contains:
    - the anterior interventricular artery
    - The great cardiac vein
The posterior interventricular sulcus

- Is on the diaphragmatic surface of the heart and contains:
  - The posterior interventricular artery
  - The middle cardiac vein.
The walls of the heart are composed of cardiac muscle,

1- **The myocardium**: covered externally with serous pericardium

2- **The epicardium**: and lined internally with a layer of endothelium

3- **The endocardium**.
Fibrous skeleton of the heart

- This is a complex framework of dense collagen forming four fibrous rings (L. anuli fibrosi)

1- That surround the orifices of the valves

And

2- Right and left **fibrous trigone** (formed by connections between rings)

and

3- The membranous parts of the interatrial and interventricular septa
The fibrous skeleton of the heart:

- Keeps the orifices of the AV and semilunar valves patent and prevents them from being overly distended by an increased volume of blood pumping through them.

- Provides attachments for the leaflets and cusps of the valves.

- Provides attachment for the myocardium.

- Forms an electrical “insulator,” by separating the myenterically conducted impulses of the atria and ventricles so that they contract independently and by surrounding and providing passage for the initial part of the AV bundle of the conducting system of the heart.
Chambers of the Heart

The heart is divided by septa into **four chambers:**

1- **THE RIGHT ATRIUM**
2- **LEFT ATRIUM**
3- **THE RIGHT VENTRICLE**
4- **LEFT VENTRICLE**
The right atrium consists of a main cavity and a small outpouching, the auricle.

Note

The term “auricle” is often improperly used instead of atrium. The true auricle is then regrettably called “auricular appendage” instead of atrial appendage, which is morphologically correct. The term “auricular fibrillation” is clinically incorrect and should be atrial fibrillation.
The right atrium consists of two parts:

1. A posterior smooth-walled part derived from the embryonic sinus venosus (the sinus venarum) into which enter the superior and inferior venae cavae.

2. A thin-walled anterior trabeculated part that constitutes the original embryonic right atrium.
Internally, the two parts of the atrium are separated by a ridge of muscle

The crista terminalis

The crista terminalis is most prominent superiorly, next to the SVC orifice, then fades out to the right of the IVC ostium. Its position corresponds to that of the sulcus terminalis externally.
From the lateral aspect of the crista terminalis, a large number of **pectinate muscles** run laterally and generally parallel to each other along the free wall of the atrium.
The ear-like right auricle is a conical muscular pouch that projects from Rt. atrium like an add-on room, increasing the capacity of the atrium as it overlaps the ascending aorta.

The right auricle usually is not well demarcated externally from the rest of the atrium. The right auricle is a convenient, ready-made point of entry for the cardiac surgeon and is used extensively.
1. The superior vena cava opens into the upper part of the right atrium.

2. The inferior vena cava opens into the lower part of the right atrium.

3. The coronary sinus, which drains most of the blood from the heart wall.

4. The right atrioventricular orifice is guarded by THE TRICUSPID VALVE.
1-The superior vena cava
- returns blood from head, neck and upper limb and also receives blood from the chest wall and the esophagus via the azygos system

2-The inferior vena cava
- is larger than its superior counterpart:
- it drains blood from all structures below and including the diaphragm into the lowest part of the atrium near the septum.
- Anterior to its orifice is a flap-like valve

*the Eustachian valve or valve of the inferior vena cava*

It is large during fetal life, when it serves to direct richly oxygenated blood from the placenta through the foramen ovale of the atrial septum into the left atrium
3- **The coronary sinus** opens into the venous atrial component between the orifice of the inferior vena cava, the fossa ovale and the vestibule of the atrioventricular opening.

The coronary sinus is often guarded by a thin, semicircular valve that covers the lower part of the orifice. This valve is also known as the **Thebesian valve**.
**Right Atrium and Right Ventricle**

- Ascending aorta
- Pulmonary trunk
- Right auricle (atrial appendage)
- Conus arteriosus
- Crista terminalis
- Atrioventricular part of membranous septum
- Septal cusp of tricuspid valve
- Pectinate muscles
- Opening of coronary sinus
- Limbus of fossa ovalis
- Fossa ovalis
- Inferior vena cava
- Valve (eustachian) of inferior vena cava
- Valve (thebesian) of coronary sinus
- Terminal crest
- Sinus septum
- Eustachian valve
- Oval fossa
- Inferior caval vein
- Extent of pectinate muscles
- Sub-Thebesian sinus

*Opened right atrium: right lateral view*
4-Several small venous ostia, draining the minimal atrial veins, are found scattered around the atrial walls. They return a small fraction of blood from the heart, and are most numerous on the septal aspect. 

**The anterior cardiac veins** and, sometimes, **the right marginal vein** may enter the atrium through larger ostia.
Fetal Remnants in the right Atrium

The fossa ovalis and anulus ovalis. These latter structures lie on the atrial septum, which separates the right atrium from the left atrium.

The fossa ovalis is a shallow depression, which is the site of the foramen ovale in the fetus. The anulus ovalis forms the upper margin of the fossa.
Limbus of fossa ovalis

Fossa ovalis