Glandular Epithelium



Glands

- Definition:
- "Glandular epithelia are tissues formed by cells specialized to produce secretion."
- "An **aggregation of gland cells** into a definite structure for the purpose of secretion."

Glandular epithelial cells may synthesize, store, and secrete:

- **Proteins** (e.g; pancreas),
- Lipids (e.g; adrenal, sebaceous glands),
- Complexes of carbohydrates and proteins (e.g; salivary glands).
- The mammary glands secrete all 3 substances.

Development of glands

- Formation of glands from covering epithelia.
- Epithelial cells proliferate and penetrate connective tissue followed by further differentiation.
- They may-or may not-maintain contact with the surface.
- When <u>contact is maintained</u>, **exocrine glands** are formed;
- <u>Without contact</u>, **endocrine glands** are formed.





Epithelia

Epithelia cover exposed surfaces and line internal cavities and passageways; they often contain secretory cells, or gland cells, scattered among the other cell types.

Glands

Glands are derived from epithelia, but secretory cells predominate; there are two types:

Exocrine Glands

Exocrine glands secrete onto external surfaces or into internal passageways (ducts) that connect to the exterior.

Endocrine Glands

Endocrine glands secrete hormones or precursors into the interstitial fluid, usually for distribution by the bloodstream.

Classification of glands

- Glands are generally classified into two major groups:
- **Exocrine glands** (Gr. Exo, outside,+ krinein, to separate).
- Release their products onto an epithelial surface, either directly or through a duct e.g; the salivary glands, sweat glands, mammary glands.
- Endocrine glands (Gr, endon, within, + krinein).
- Release their products (hormones) into the **blood stream**, e.g; **thyroid gland, parathyroid glands, pituitary gland, Adrenal glands.**
- Mixed variety: Some glands possess both exocrine and endocrine function. e.g; pancreas, liver cells.

• Exocrine glands secrete substances to specific organ via duct systems.







Mammary glands



Sweat glands

- The cells of **endocrine glands** can be arranged in **cords** or in **follicles**.
- The lumens of the follicles accumulate large quantities of secretions .



Mixed gland: Pancreas



Contains both endocrine and exocrine parts.

Mixed gland: Pancreas



Mixed gland: Pancreas



Mixed gland: Liver



Mixed gland: Liver



General histological structure of gland



General histological structure of gland

- **Externally** a gland is surrounded by a dense layer of connective tissue which forms <u>capsule</u> of the gland.
- From the capsule connective tissue septa extend into the gland, thereby dividing its substance into a number of lobes.
- Thinner septa subdivide each lobe into smaller lobules.
- Blood vessels and nerves pass along the connective tissue septa to reach the secretory elements.

- The functional part of a gland, formed by its secretory cells, is known as **parenchyma of the gland**.
- The supporting elements of the gland, which consists mainly of connective tissue, are referred to as **stroma of the gland**.





Myoepithelial cells: Rich in actin and myosin, Help to propel secretory product into duct system

Glands (Exocrine & Endocrine)

Might be classified according to the number of cells : <u>Unicellular glands</u>: One Cell.

Examples:

- **Exocrine: Goblet cells** which are present in the lining epithelia of large intestine and the respiratory tract.
- Endocrine: DNES (Diffuse Neuro-Endocrine Systems), or APUD (Amine Precursor Uptake and Decarboxylation) in small intestine.

Multicellular glands : Number of cells.

- They form most of the glands of the body.

Examples:

Exocrine: Salivary glands, lachrymal glands, sweat glands, ... Endocrine: Thyroid gland, parathyroid glands, pituitary gland,

Unicellular gland -Goblet cell

The goblet cell is **highly polarized** with the nucleus and other organelles concentrated at the base of the cell.

The remainder of the cell's cytoplasm is occupied by membrane-bound secretory granules containing **mucin**.





- Goblet cells produce mucus (Mucin)
- Mucin + water \rightarrow mucus
- **Protects and lubricates** many internal body surfaces.

Unicellular gland - DNES



DNES (Diffuse Neuro-Endocrine Systems), or APUD

Exocrine glands

These can also be classified on the basis of:

- Morphology of ducts and secreting portions.
- Nature of secretory product.
- Mode of secretion.



Morphology of ducts and secreting portions

- Classified by structure of <u>duct:</u>
 - Simple : "if a gland consists of a single secretory passage".
 - **Compound:** " if a gland containing a branched duct system".
- Categorized by shape of <u>secretory unit</u>:
- **Tubular:** Glands whose glandular cells form tubes, the tubes may be straight or coiled.
- Acinar or alveolar: Glands whose glandular cells form sac-like pockets (called alveolus or acinus).
- Tubulo- acinar: In some glands when the secreting portions are neither typically tubular nor acinar, but combine certain features of both.



- A gland is **branched** if several secretory areas (tubular or acinar) share a duct.
- Note that "branched" refer to the glandular areas and not to the duct.

Simple exocrine glands



Compound exocrine glands



Simple exocrine glands

Simple tubular





A single, straight tubular lumen into which the secretory products are discharged eg. mucus-secreting gland of the colon; **crypt of Lieberkühn**

Simple coiled tubular





A single tube, tightly coiled in 3 dimensions eg. Sweat glands



A single tube, tightly coiled in 3 dimensions eg. Sweat glands

Simple branched tubular



Several tubular secretory portions converge onto a single unbranched duct. eg. Mucus-secreting gland of **the stomach** and **uterus**
Simple branched tubular



Simple acinar



Occur in the form of pockets in epithelial surfaces. Lined by secretory cells eg. Small mucous glands along the **urethra**.

Simple acinar



Simple branched acinar



Each gland consists of several secretory acini (A) that empty into a single excretory Duct eg. **Sebaceous glands**, sebum secretion

Simple branched acinar



Simple branched acinar



Compound exocrine glands

Compound tubular



Secretory portion is branched and coiled and the duct system is also Branched (difficult to visualise) eg. **Brunner's gland of the duodenum**

Compound acinar



Secretory units are acinar and drain into a branched duct system eg. Exocrine pancreas, Parotid salivary gland.



Compound tubulo - acinar



3 types of secretory units: Branched tubular, branched acinar and branched tubular with acinar endpieces called demilunes eg. **Sublingual & Submandibular salivary gland.** Classification on the basis of nature of secretory product

Classification on the basis of nature of secretory product

1. Mucous glands: these glands produce a viscid, slimy, carbohydrate-rich secretion which is called mucus,

e.g; Pyloric glands of stomach

2. Serous glands: these glands produce a thin, watery, proteinrich secretions, often high in enzymatic activity e.g; Exocrine pancreas, the parotid salivary gland.

3. Mixed glands: these glands produce both mucous and serous secretions e.g; the **sublingual** and **submandibular salivary** <u>glands.</u>

Serous cell and Mucous cell



Mucous Cells

Mucous cells are larger than serous cells, with flattened basal nuclei.

Most of the cytoplasm is filled with secretory granules containing mucinogen like that of goblet cells.

The RER and Golgi complexes of mucous cells produce heavily glycosylated glycoproteins with waterbinding properties.



Mucous tubules

Serous Cells

The lumens **of mucous tubules** are larger than those of serous acini.

Much **connective tissue** surrounds the mucous tubules and ducts.



Serous acini

Serous demilune



Serous demilune





Mucous gland



Esophagous gland

Mucous gland



Serous gland



Parotid gland

Mixed gland: Seromucous gland



Submandibular gland

Mixed gland: Mucoserous gland



Sublingual gland



Classification on the basis of the mode of secretion

Classification on the basis of the mode of secretion:

- Depending on their **mode of secretion** i.e; the manner in which the secretory product is elaborated.
- The exocrine glands are classified into the following:
- 1. Merocrine (eccrine) glands
- 2. Apocrine glands
- 3. Holocrine glands

Mode of Secretion





Merocrine glands

Merocrine glands :

The secretory product is delivered in membranebounded vesicles to the apical surface of the cell. Here, vesicles fuse with the plasma membrane and extrude their contents by **exocytosis**.





Example: Sweat gland, Pancreas and salivary glands.

Apocrine glands

Apocrine glands :

In these glands part of the apical cytoplasm is lost along with the secretory material.

- 1. Lactating mammary glands,
- 2. Special <u>sweat glands</u> located in axilla , perianal area & areola of nipples.
- 3. <u>Ceruminous glands</u> of the external auditory meatus (ear)



Apocrine glands



Mammary glands

Holocrine glands

Holocrine glands:

In these glands entire cells laden with secretory material disintegrate and all of the cellular contents are discharged from the gland as secretions.

e.g; the **sebaceous glands** of skin





Holocrine glands



Sebaceous glands

Sebaceous gland



Types of sweat glands

Eccrine sweat gland

- Merocrine secretion
- Empty directly onto skin surface
- Location: most all over body (esp. abundant on palms & soles: ~ 500/cm²)
- Clear, watery secretion (99% H₂O; rest NaCl + some waste products



Apocrine sweat gland

- Empty into hair follicle
- Location: armpits, groin, nipples
- Viscous, cloudy secretion → good nutrient source for bacteria (odor !!)
- Secretion may contain Pheromones
- Secretion begins at puberty and is stimulated during emotional distress



Sweat glands



Merocrine and apocrine sweat glands



(a) Merocrine sweat glands

(b) Apocrine sweat glands



Apocrine sweat glands