

Antiviral Drugs

Munir Gharaibeh MD, PhD, MHPE School of Medicine, The University of Jordan November 2018





Viruses

Viruses are the smallest infective agents, consisting of nucleic acid (DNA or RNA) enclosed in a protein coat. Must grow inside host & use its metabolic machinery. Viruses are obligate intracellular parasites; with no, or little, metabolic machinery of their own.

Their replication depends primarily on synthetic processes of the host cell.

They have to utilize the biochemistry of the host cell to succeed and grow (this is what makes selective antiviral therapy so difficult).

Deaths

- WWI: 20 million.
- Influenza 1918: 50 million.
- WWII: 80 million.

Virus Structure



- The Envelope: Hybrid combination of cell lipids and virus proteins which permits attachment by the spikes.
- The Capsid: A protein shell of capsomer subunits.
- Nucleic Acids: DNA or RNA enclosed within the capsid used to replicate viruses within the host cell.

STEPS IN VIRAL REPLICATION

- 1. Attachment & adsorption 2.
 - Penetration
 - Uncoating
 - Early viral mRNA synthesis
 - Early viral protein synthesis



STEPS IN VIRAL REPLICATION

6. Viral genome replication Late viral mRNA synthesis 8. Late viral protein synthesis 9. Assembly could be by blood. 10. Release



Viral Replication



Patterns of Viral Infection

Acute infection:

- Complete viral clearance mediated by immune response
- E.g. Influenza, <u>Rubella</u>. in pregnancy its dangerous, can available cause congenital heart abnormality. gives life-long immunity after infection vaccine available

Latent infection:

- Acute infection but followed by virus persistence in noninfectious form.
- Periodic reactivation of infection with viral shedding
- E.g. Chickenpox, <u>Herpes simplex</u> can cause راج ناري (nerve endings)

Chronic infection (progressive or persistent):

- Acute infection followed by lack of viral clearance
- Virus continuously shed or present in tissues
- e.g. HIV, Hepatitis C

DNA Viruses

he only said that we have DNA & RNA visuses. (mesh mawdoo3na)

- Adenoviruses (flu, conjunctivitis)
- Hepadnaviruses (hepatitis B)
- Herpesviruses (cytomegalovirus, chickenpox, Shingles, Varicella-zoster, Herpes simplex)
- Papillomaviruses (warts)
- Poxviruses (Smallpox)

RNA Viruses

- Arborviruses (tick-borne encephalitis, yellow fever)
- Arenaviruses (Lassa fever, meningitis)
- Orthomyxoviruses (influenza)
- Paramyxoviruses (measles, mumps)
- Picornaviruses (polio, meningitis, colds)
- Rhabdoviruses (rabies)
- Rubella virus (German measles)
- Retroviruses (AIDS)

Antiviral Drugs

Current antiviral therapy can control these viruses:

- Cytomegalovirus (CMV)
- Hepatitis viruses
- Herpes viruses
- Human immunodeficiency virus (HIV)
- Influenza viruses (the "flu") -> only if epidemic risk,
 Respiratory syncytial virus (RSV) not sporadic flu.
- Respiratory syncytial virus (RSV)

Features of Antiviral Drugs

- □ Able to enter the infected cells.
- □ Interfere with viral nucleic acid synthesis and/or regulation.
- □Some drugs interfere with ability of virus to bind to cells.
- Some drugs stimulate the immune system. (indirect effect on like interferons infections)
- □ Best responses to antiviral drugs are in patients with a competent immune system which works synergistically with the drug to eliminate or suppress viral activity we should consider immunity system of patient before giving any type of drug especially bactericidal.



Treatment of Herpesviruses Varicella-zoster, Herpes simplex Cytomegalovirus

Nucleoside Analogs

- **Result in** "False" DNA building blocks or nucleosides(a nucleoside consists of a nucleobase and the sugar deoxyribose).
- This abnormal nucleoside undergoes bio-activation by attachment of three phosphate residues
- Acyclovir.
- Valacyclovir(a pro-drug with better availability).
- Famciclovir.
- Penciclovir.



FIGURE 49–3 Mechanism of action of antiherpes agents.



Acyclovir

- A virally coded thymidine kinase (specific to *H.simplex* and varicella-zoster virus) performs the initial phosphorylation step; the remaining two phosphate residues are attached by cellular kinases.
- Acyclovir triphosphate inhibits viral DNA polymerase resulting in chain termination.
- Selectively activated by the viral kinase for initial phosphorylation and accumulates only in infected cells.
- It is rapidly broken down in cells, is orally active and is relatively non-toxic systemically.
- Diffuses readily into most tissues.
- Available for oral, <u>IV</u>, and topical administration.

Acyclovir

A Guanine analogue with activity against Herpes viruses.

Acyclovir

→ AcycloGMP

Thymidine kinase

Cellular kinases

AcycloGTP

- 1. Selectively inhibits viral DNA polymerase.
- 2. Incorporated into DNA and terminates synthesis

Resistance:

- **1.** \downarrow activity of thymidine kinase
- 2. Altered DNA polymerase



Uses of Acyclovir

- Herpes simplex infections (genital herpes, and herpes encephalitis). Shortens the duration of symptoms. (doesn't really kill the views)
- <u>Chickenpox</u> in immuno-compromised patients. no vaccine usually self-limited. gives life-long immunity available after infection.
 - Prophylactically, to prevent reactivation of latent viruses in patients immunosuppressed with drugs or radiotherapy.

reduces

 Prophylactically, in frequent recurrences of genital herpes.

-isually in females. it can be transmitted to child thorough bouth canal during delivery.

Adverse Effects of Acyclovir

- Nausea, vomiting, diarrhea and headache.
- Renal insufficiency and neurotoxicity when given I.V.
- Not teratogenic, used to suppress active genital herpes in pregnant women.

Vidarabine

more toxic than acyclovier

- Selectively inhibits virally induced DNA polymerase more than the endogenous enzyme.
- Vidarabine is a chain terminator and is active against herpes simplex, varicella zoster, and vaccinia.
- Use is limited to topical treatment of severe herpes simplex infection.
- Before the introduction of acyclovir, it was used in the treatment of herpes simplex encephalitis
- Used in treatment of immunocompromised patients with herpetic and vaccinia keratitis and in keratoconjunctivitis.

Ganciclovir

- Same mechanism of action of Acyclovir, requires activation by triphosphorylation before inhibiting viral DNA polymerase causing termination of viral DNA elongation.
- Active against all Herpes viruses including CMV (100 times than acyclovir)
- Low oral bioavailability so, usually given I.V.
- Gel formulation is available for herpetic keratitis.

Ganciclovir

- Most common adverse effects: bone marrow suppression (leukopenia 40%, thrombocytopenia 20%), and CNS effects (headache, behavioral, psychosis, coma, convulsions).
- 1/3rd of patients have to stop treatment because of adverse effects.
- Drug of choice for CMV infections: retinitis, pneumonia, colitis.

Foscarnet

- An inorganic pyrophosphate analog which inhibits herpes virus DNA polymerase, RNA polymerase, and HIV reverse transcriptase directly without requiring activation by phosphorylation.
- Active IV against Herpes (I, II, Varicella, CMV), including those resistant to Acyclovir and Ganciclovir.
- Nephrotoxicity (25%) is the most common side effect
- Uses: CMV (retinitis and other CMV infections), Herpes simplex, and HIV.